



LDS Dry Canyon Ward Service Project

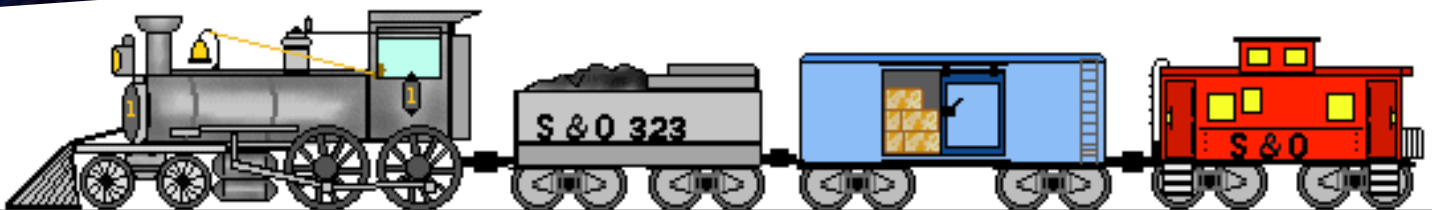


Earlier this summer, 38 people from the LDS Dry Canyon Ward came to Sunshine Home Health and Hospice to deliver handmade blankets to LuAnn Tripp, Carlye Hansen, and Nancy Martin. They stayed and planted some flowers that were donated to us from a local vendor.



LuAnn, Carlye and Nancy shared stories from their lives about how service can soften your heart and give more meaning to life.

Thank you all for helping to keep our grounds looking great and for thinking of our residents.





Brady Hepner	3-Aug
Brittney Moser	5-Aug
Edd R Harris	6-Aug
Whitney Pettingill	6-Aug
Darla Ferry	7-Aug
Leslie Trippler	8-Aug
Kierra Gibbons	8-Aug
Paige Roholt	8-Aug
Jacey Jensen	9-Aug
Andrea Carlsen	10-Aug
Mariah Heil	12-Aug
Joan B Harrison	12-Aug
Allison Newell	13-Aug
Shalyn Theurer	14-Aug
Collin Liston	16-Aug
Sean Wright	16-Aug
Leanne Loscher	17-Aug
Sherry Newbrand	20-Aug
Brittany B Westover	24-Aug
Aaren Golightly	26-Aug
Rilee Wood	27-Aug
Jason Johnson	28-Aug
Maya Barton	31-Aug

Blueberry Zucchini Bread

Ingredients

Recipe makes 4 mini-loaves

- 3 eggs, lightly beaten
- 1 cup vegetable oil
- 3 teaspoons vanilla extract
- 2 1/4 cups white sugar
- 2 cups shredded zucchini
- 3 cups all-purpose flour
- 1 teaspoon salt
- 1 teaspoon baking powder
- 1/4 teaspoon baking soda
- 1 tablespoon ground cinnamon
- 1 pint fresh blueberries

Directions

Preheat oven to 350 degrees F (175 degrees C). Lightly grease 4 mini-loaf pans.

In a large bowl, beat together the eggs, oil, vanilla, and sugar. Fold in the zucchini. Beat in the flour, salt, baking powder, baking soda, and cinnamon. Gently fold in the blueberries. Transfer to the prepared mini-loaf pans.

Bake 50 minutes in the preheated oven, or until a knife inserted in the center of a loaf comes out clean. Cool 20 minutes in pans, then turn out onto wire racks to cool completely.



SERVICE AND DONATION NEEDS



Sunshine Terrace is in need of some Electric Recliner Chairs for some of our rooms. Any clean chair in good working order would be greatly appreciated.

We are getting to the time of year where we encourage our residents to go outside. It would be a great help to have some outdoor furniture for residents and friends to use. We could also use some patio umbrellas for added shade.



Possible Eagle Scout Project:

One of our Storage areas is in need of some new shelving. This would be a great basic building project for anyone looking to get their Eagle Scout.

Please contact Cindy Jones at cindyj3@sunshineterrace.com or 435-754-0244 if you are interested or have any questions.



We would love to have a Flat Screen TV in every room. They not only help us look up-to-date, but they usually have better picture quality and are lighter than traditional TVs.

Volunteering Opportunities

Here at Sunshine Terrace we rely on our Volunteers year round to help with activities and day-to-day needs. Please contact Terry at terry.bitton@sunshineterrace.com if you are interesting in participating in any other following:

- Adopt a Grandparent Program
- Assist with an Activity
- Plan and Implement Your Own Activity
- Practicum/Internships

Go to <http://www.sunshineterrace.net/volunteers/> for more information.

ANOTHER WAY TO HELP



You Shop. Amazon Gives.

- Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to Sunshine Terrace Foundation, Inc. if you choose us as your charity at smile.amazon.com.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service, same login.
- Support us by starting your shopping at smile.amazon.com!

RECENT EVENTS

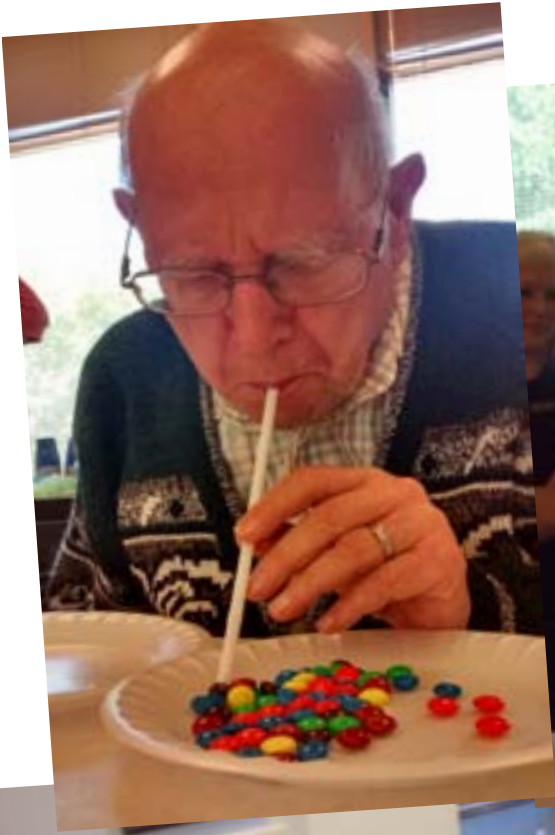


Terrace Grove Cook Nook Activity: making fruit pizza!

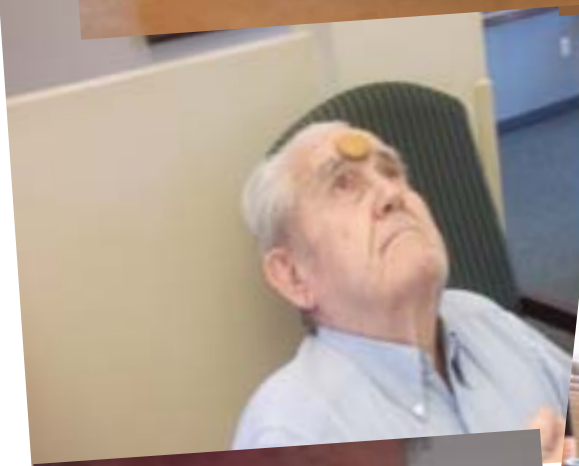


Craft Corner at Terrace Grove: Made some beautiful tile coasters.

RECENT EVENTS (cont)



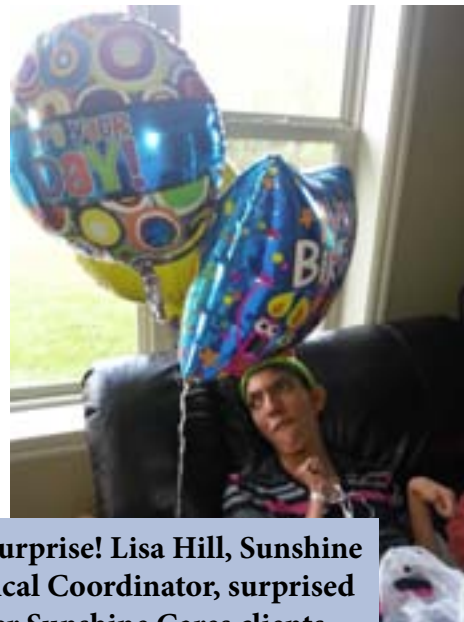
Residents at Sunshine Terrace showed us how it's done during Minute To Win It Challenges.



6 RECENT EVENTS (cont)



First corn on the cob of the yea ! This is always a favorite each summer to have our corn on the cob days!



Birthday Surprise! Lisa Hill, Sunshine Care Clinical Coordinator, surprised one of her Sunshine Cares clients, Hestevan Hennessy, with some birthday balloons!

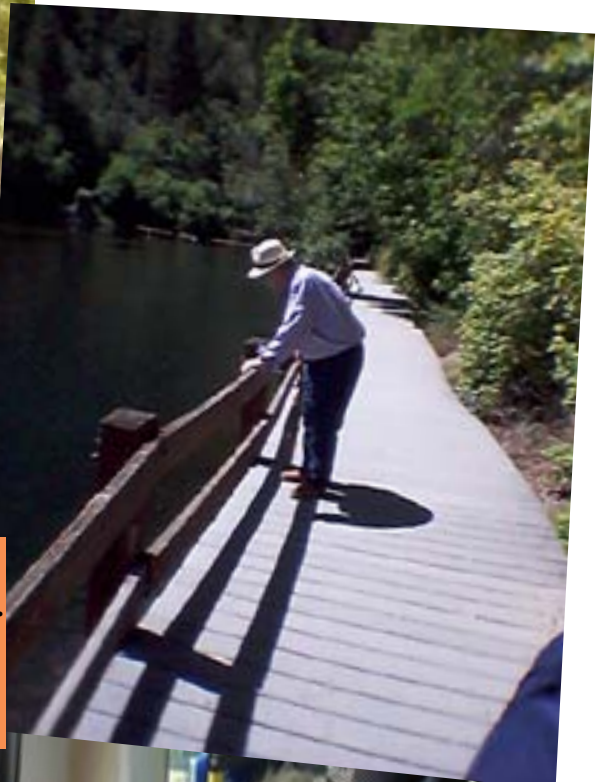


Sunshine Terrace Residents playing Volleyball!

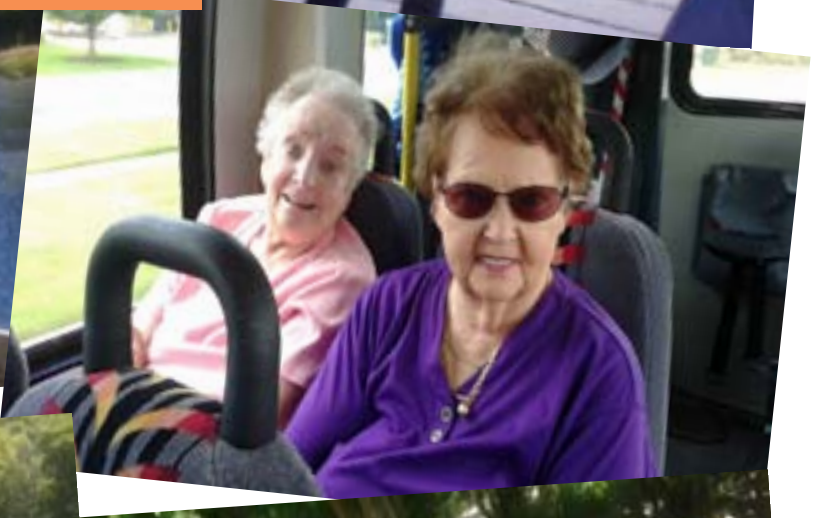


Dorothy Bartsch and Hennrrietta Buchholtz (sisters living at Terrace Grove), going over their plans of care with Jake Penrose, PT. Jake works in our Sunshine Home Health business.

RECENT EVENTS (cont)



Our residents had a wonderful time at our Logan Canyon Picnic. Beautiful weather, good food, and great music... what's not to like?!



FUTURE EVENTS

Camping Week!



August 18 - 21st
 Sunshine Terrace will be having many fun camping themed activities. Including going to Blacksmith Fork Canyon, cooking Camping Baggie Omelets, Singing Camp Songs, Playing Horseshoes, Cooking a Dutch Oven Lunch, and more.



Friends and Family are invited to join us for our Annual Dutch Oven Lunch!



August 21, 2015
11:00 a.m.
Rec Therapy Patio

August 29, 2015
Willow Park
 Registration starts at 9:00, the program starts at 10:00
 Our team is called "Sunshine Group" and you can pre-register online at:
<https://act.alz.org/site/TRR/Walk2015/UT-Utah/97100965?pg=utype&frid=7854>
 Contact Roxanne Gibbons or Amy Anderson with questions. Come plant a flower in the Memory Garden before the Walk starts.



For Rec. Therapy's Calendar please go to: <http://www.sunshineterrace.net/sunshine-skilled-nursing-rehab/>
 For Terrace Grove's Calendar please go to: <http://www.sunshineterrace.net/terrace-grove-assisted-living/>



Please Email Pictures, Anouncements, and Ideas for Future Newsletters to julie.stockdale@sunshineterrace.com

Sunshine Terrace Skilled Nursing and Rehab 248 West 300 North Logan, Utah 84321 435-752-0411	Terrace Grove Assisted Living 345 North 200 West Logan, Utah 84321 435-787-2855	Sunshine Home Health & Hospice 225 North 200 West Logan, Utah 84321 435-716-8541	AquaWorx Physical Therapy & Fitness 209 West 300 North Logan, Utah 84321 435-716-8535
--	---	--	---