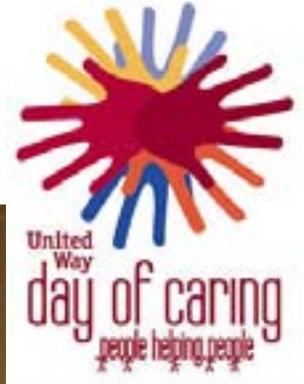




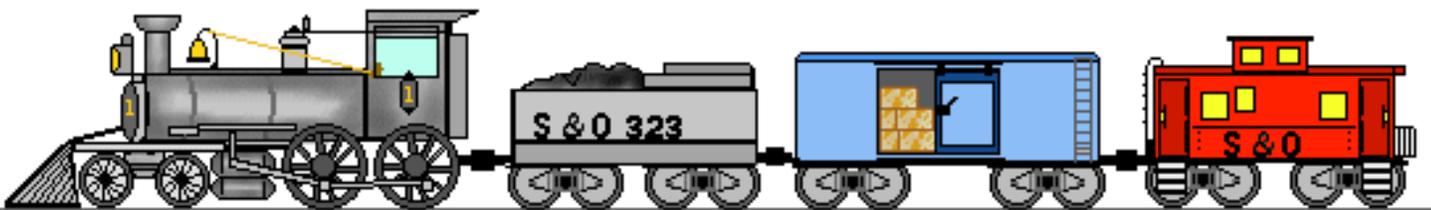
SUNSHINE LINE - THE INSIDE TRACK

The Sunshine Group Newsletter

Volume 33, 10/13/15



2015 United Way Day of Caring
 We are deeply appreciative to the employees at Cook Martin Poulson, P.C. for taking time out of their busy schedules to wash windows on our buildings. They not only washed over 300 windows, but we also saw them washing screens, cleaning out window wells and pulling weeds. They went far and above in service to our residents and it was obvious that their team enjoyed the chance to give back to the community.
 Thank you for all of your hard work and dedication to the Sunshine Terrace Foundation.





Rachel Bickmore	3-Oct
Justin Cox	4-Oct
Mariah Duncan	5-Oct
Esther Williams	7-Oct
Rebecca DeFriez	7-Oct
Katelyn Blanchard	8-Oct
Katelyn Battles	11-Oct
Laura Oppermann	12-Oct
Shiloah Cain	12-Oct
Kelley Hubbard	13-Oct
Genessa Oak	14-Oct
AnnMarie Hale	15-Oct
Daniel Perez	15-Oct
Kristie Wilkinson	15-Oct
Chelsey Hansen	16-Oct
Tyler Varner	16-Oct
Breanne Dupaix	17-Oct
Kailee Grimnes	21-Oct
Omima Ali	22-Oct
Keaton A Papke	22-Oct
JoAnne Somers	22-Oct
Morgan Stout	22-Oct
Nancy L Bennett	23-Oct
Alexandra Benjamin	23-Oct
Kami Hardcastle	23-Oct
Megan Niebergall	24-Oct
Rachel Geddes	24-Oct
Lindsey Henderson	29-Oct
Wes Castillo	30-Oct
Juliane Cook	30-Oct
Ashlee Mayers	31-Oct



Chelsey Hansen

Skilled Nursing & Rehab Employee of the Month!

The employee of the month for the rehab center is Chelsey Hansen. She has really stepped up during our transition in Rec. Therapy. She has been a huge help to the rec

team by keeping things running while our new director is learning the ropes. Since the time Terry left to have her baby, she has had to add a lot to her job but yet still work the same amount of hours. She is one who always thinks of the residents first and will go out of her way to put a smile on their face while keeping a smile on hers. She has such an upbeat attitude despite the extra stress she has been placed on her. She is someone you just want to be around because she can turn a bad day into a good one. We are very lucky to have her as part of our team.

Other Nominees were Tiffany Hull from W7 and Delilah Everhart from Transportation



Joshua May

Terrace Grove Employee of the Month!

Joshua is one of our incredible CNAs. Terrace Grove Residents and Staff voted him as employee of the month because "he is always there and willing to do

everything", "he always shows he cares with his attitude", he is "so good with the residents, he caters to their needs and makes them feel their self-worth", "he is always helpful", and "He is just good!". Josh is an amazing part of our team here at Terrace Grove! He always has a smile and provides compassionate care for all of our residents.

Other Nominees were Mimi Ali, Page Roholt, Patsy Maughan, Kim Oldroyd, Tyler Fallentine, Landon Hitchcock, Cristina Motruna and Taylor Rasmussen

and expertise. Kim works diligently to provide staff with the tools necessary to complete their job duties. She has always been perceived as very approachable, very knowledgeable, and always going the extra mile for both her internal and external clients. Kim is known to work long hours to ensure the success of every aspect of the business. It is no exaggeration to say that part of this past year's success of Home Health and Hospice is owed in large to her tremendous talents and work ethics. We would not have been this far along with our business if it weren't for Kim. Dennis would like to say: Thank you, Thank you, and Thank you to Kim for all that she does.



Kim Nydegger

Home Health & Hospice Employee of the Month!

Kim is our Director of Operations. Kim is an incredibly dedicated and driven professional, often puts the team before herself. These assets,

along with stellar time management and organizational skills, make her successful on our team. She is a team player and always seeks ways to assist other team members. One of her many attributes is her ability to assist others in advancing their knowledge

SERVICE AND DONATION NEEDS

Volunteering Opportunities

Terrace Grove Assisted Living is in need of some volunteers. Please contact Nancy Bennett at 435-716-0504 or email her at nancy.b@sunshineterrace.com if you are interesting in helping our residents with recreational activities or planning and implementing an activity for our residents.

Possible Eagle Scout Project:

One of our Storage areas is in need of some new selving. This would be a great basic building project for anyone looking to get their Eagle Scout.

Please contact Cindy Jones at cindyj3@sunshineterrace.com or 435-754-0244 if you are interested or have any questions.



Sunshine Terrace is in need of some Electric Recliner Lift Chairs for some of our rooms. Any clean chair in good working order would be greatly appreciated.



We would love to have a Flat Screen TV in every room. They not only help us look up-to-date, but they usually have better picture quality and are lighter than traditional TVs.

Volunteering Opportunities

Here at Sunshine Terrace we rely on our Volunteers year round to help with activites and day-to-day needs. Please contact Cory at cory.funk@sunshineterrace.com if you are interesting in participating in any other following:

- Adopt a Grandparent Program
- Assist with an Activity
- Plan and Implement Your Own Activity
- Practicum/Internships

Go to <http://www.sunshineterrace.net/volunteers/> for more information.

NEW EMPLOYEES



Lillian Knudsen,
Transitional Care
Coordinator

Lilly grew up in California and moved to Logan during High School. She lived all over the place during college (Provo, California, Indianapolis, Orlando, and New Jersey), but feels that Cache Valley is home. She has a BS in Family, Consumer, & Human Development from USU, along with a gerontology certificate. Lilly worked at Cache Valley Assisted Living for two years and finished as an Assistant Administrator. She just married her best friend, Payden, in July having the most magical summer evening wedding. She loves to read, being with family and laughing. She is an excellent ice cream maker and enjoys going to concerts and plays; aerobics and yoga classes; and on trips just about anywhere.



Cory Funk,
Recreational Therapy
Director

Cory was born in Logan, UT, but raised in California and Montana. He has a BA in English and an AA in Spanish from BYU-Idaho. He has worked in recreation therapy for several years, working at Common Ground, running after school programs, and working with special populations to help achieve goals aimed at furthering their careers, their educational opportunities, and their overall well-being. Cory's father is the District Attorney and his mother writes education grants for the county. He has three sisters. In his free time, he enjoys being outdoors hiking, climbing and biking. He plays soccer and basketball and follows all sports. He enjoys meeting new people, so please stop by and say hi.

Welcome to the team Lilly and Cory!

THANK YOU NOTES

To especially Allison, Virginia
and Jeremy ~

Thank you for your talents,
your kindness and your
warmness with Dad, LuDene
and Mom, Dotti Campbell.

God bless you,
Charlie, Pat and Tina

DEAR Dennis!

Thank you for your great
service with Ronda, your
people were terrific. The
Hospice group really did a
wonderful job in helping
Ronda. Please thank them all!
A special thanks to Lisa
Jeremy & Aaron,

Thanks Jan Parker & Family

RECENT EVENTS



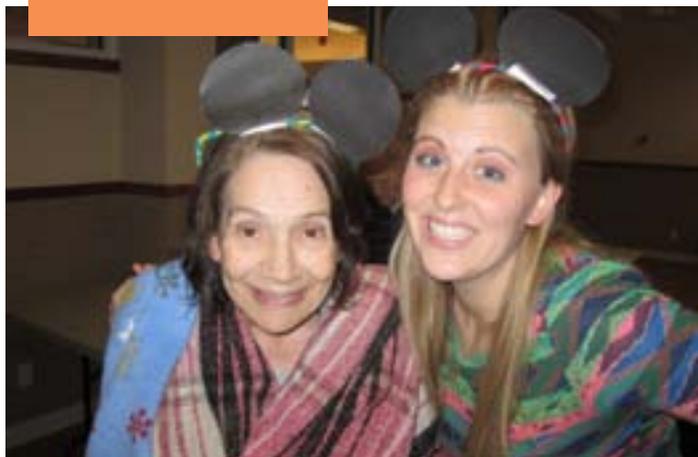
Janene and Castulo participating in our Make-A-Wish Activity



Wheelchair bowling... anyone can bowl!



Everyone loves Disney Day!



6 RECENT EVENTS (cont)



Richard Hatch, “Master of Deception”...he is mind boggling and had our residents amazed and stunned! Richard is also a member of our Foundation Board!



Our residents took bowling to the next level. Not only were they in wheelchairs, but Mary even through the ball over her head!



RECENT EVENTS (cc)



Autumn Tea Social with honored guests; Janet Osborne, Ann Hatch, and Teri-Champ Major. Our residents and guests had so much fun getting all decked out in their hats and boas!

FUTURE EVENTS

The Board of Directors cordially invites you to the
Sunshine Terrace Foundation
67th Founders Day Celebration

honoring
Ed Winger, Plant Peddler Floral
Lifetime Service Award Recipient

Dolores and Allen Wheeler, Gossner Foods
President's Award Recipient

Randy and Kathie Watts
President's Award Recipient

Please join us in recognizing
our recipients on
Wednesday, October 21, 2015
5:00 p.m. - 6:30 p.m.
Refreshments will be served

Riverwoods Conference Center, Springhill Suites Hotel
625 South Riverwoods Parkway, Logan, Utah

RSVP to Alta 435-754-0203 before Tuesday, October 20



Flu Shots

Thursday, Nov. 12th
9:00 - 11:00 a.m.
Great Room Area

Please check your Sunshine Terrace Email for the immunization consent form and screening questionnaire that need to be filled out prior to getting a shot. Don't forget your insurance card!



the SUNSHINE GROUP

Please join us as we gather for our annual Fall Memorial Event. Together, we honor the memory of our loved ones with the community and our Sunshine family.

The night will be highlighted by music, reflection and refreshments.

November 2, 2015 at 5 pm

248 West 300 North in Logan 435-752-0111



FUTURE EVENTS



We will be hosting our 2nd Annual Fall Bake Sale on Friday, October 23rd in the Sunshine Terrace Great Room. The proceeds of this bake sale will go into a Staff appreciation fund for the upcoming holiday season.

Please have bake sale donations to Wing 7 by 9:00. Craft item donations are also wanted.



Candy Donations Needed!

Please bring Halloween Candy to the Recreation Therapy office by Oct. 23rd and as always, we will have a prize drawing at the end. For every pound of candy donated, you will get an additional ticket with your name for the drawing.

Thank you for your support!



Skilled Nursing and Rehab Halloween Activities

Tues. Oct 27th, 2:00 pm: Pumpkin Walk (SNF Residents and Volunteers)

Fri. Oct 30th, 10:00 pm: Costume Contest (SNF Residents and Staff)

Fri. Oct 30th, 3:00 - 4:45 pm: Trick-or-Treating (SNF Residents, Staff, Families, and Community)

Terrace Grove Halloween Activities

Wed. Oct 28th, 10:00 am: Halloween Carnival with Intergenerational Kids (TG Residents)

Fri. Oct 30th, 2:00 pm: Halloween Party (TG Residents and Staff)

Sat. Oct 31st, 6:30 pm: Trick-or-Treating (TG Residents, Staff, and Families)

For Rec. Therapy's Calendar please go to: <http://www.sunshineterrace.net/sunshine-skilled-nursing-rehab/>
For Terrace Grove's Calendar please go to: <http://www.sunshineterrace.net/terrace-grove-assisted-living/>



the **SUNSHINE GROUP**

<http://www.sunshineterrace.com>

Please Email Pictures, Announcements, and Ideas for Future Newsletters to julie.stockdale@sunshineterrace.com

Sunshine Terrace Skilled
Nursing and Rehab
248 West 300 North
Logan, Utah 84321
435-752-0411

Terrace Grove Assisted
Living
345 North 200 West
Logan, Utah 84321
435-787-2855

Sunshine Home Health &
Hospice
225 North 200 West
Logan, Utah 84321
435-716-8541

AquaWorx Physical
Therapy & Fitness
209 West 300 North
Logan, Utah 84321
435-716-8535