

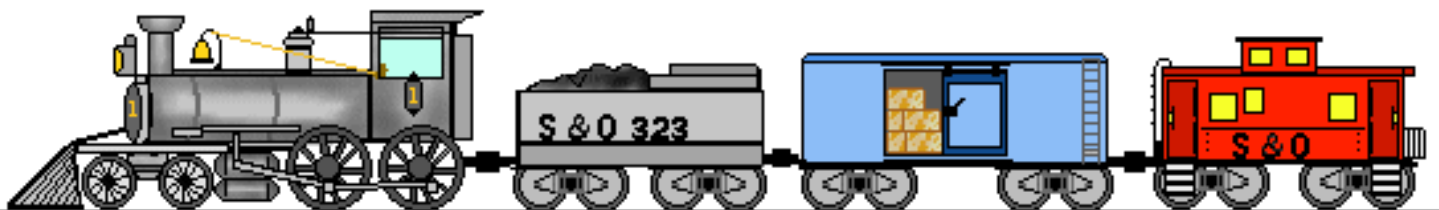


SUNSHINE LINE - THE INSIDE TRACK

The Sunshine Group Newsletter

Volume 34, 11/11/15

SUNSHINE TERRACE FOUNDATION FOUNDERS DAY, CELEBRATING 67 YEARS!



Bringing More to Life Employee Recognition



Edd Harris, Head Nurse on Wing 3



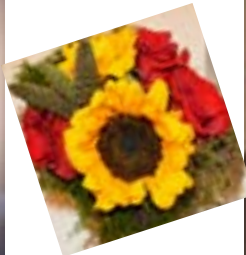
Alyce Bosch, MDS Assistant (Former Administrator)



President's Award Recipients



Dolores & Allen Wheeler, Gossner Foods



Randy & Kathie Watts

Dolores is the President, CEO, and Chairman of the Board for Gossner Foods. Allen keeps a watchful eye on the cow calf operation and high quality crops. Together Allen and Dolores enjoy supporting local 4-H and FFA programs, University and High School Athletics, and various local charities including the Sunshine Terrace Foundation.

Randy & Kathie Watts are lifelong residents of Logan and longtime supporters of the Sunshine Terrace Foundation. They are both heavily involved in the community and their church. Randy is serving on the Sunshine Terrace Foundation Board of Directors and voluntarily stepped into the role of interim CEO last fall. A position that he held for six months.

Lifetime Service Award Recipient



Ed Winger, Plant Peddler

Ed Winger began his floral career delivering for Fred's Flowers while attending Utah State University. He attended Cliff Mann School of Floral Design in Denver, Colorado. For the past 27 years, Ed has owned Plant Peddler Floral. Ed has been a sponsor of the arts through USU's Caine College of the Arts, Utah Festival Opera and Cache Valley Civic Ballet. He has contributed to many local charities including CAPSA and the Miss Cache Valley Pageant. He often donates his beautiful and cheerful floral arrangements to the Sunshine Terrace Foundation.





From Left: Kristine Vellinga, Mickey Fillerup, Rebecca Cecil

Wing 2 Nurses: Michelle McCain, Shanon Pearce, Sheena Petersen, Wes Castillo, Kelsi Dagley, Mickey Fillerup, Kortni Morriss

Wing 2 CNAs: Courtney Fisher, Tyler Cox, Brianna Dixon, Brecken Bearnson, Kristine Vellinga, Ashlee Mayers, Rachel Geddes, Catherine Bennett, Hailey Richards, Rebecca Cecil, Bob Whittaker, Carrie Stacey, Linzy Bingham, Brittney Westover, Stephanie Lenzini, Tianna Warby, Derek Ross, Travis Johnson

Skilled Nursing & Rehab Employee of the Month!

Congratulation to Wing two nursing staff for being nominated for employees of the month. They were nominated because of their great team work and enhancement of quality of life for our residents. We have had multiple compliments from family members and residents that the wing two staff are amazing and go out of their way daily to ensure that our residents are well cared for. We have had a couple of residents transfer to wing two for long term care and the staff went out of their way to make them and their families feel welcome. On any given day you can find the staff visiting one on one with the residents making them feel important and well cared about. The staff are very outgoing with the residents and they complement each other as a team. They have been a great example to other staff and have made a wonderful environment for our residents to live in. Thank you, Wing 2 for your great example of excellence. You are all a true asset to this company and to those you serve.



Joe Leishman

Terrace Grove Employee of the Month!

Joe Leishman is one of our amazing CNAs at Terrace Grove Assisted Living. The residents and staff voted him as employee of the month because he is really helpful with our new employees. He helps train them and shows them how to give the best care they can. He is patient and always willing to help with anything he can. He is very helpful and thoughtful with the residents and he is always smiling and appears to be happy. Thank you Joe for being such a great employee!



Laura Roberts

Home Health & Hospice Employee of the Month!

Home Health and Hospice would like to award October Employee of the Month to Laura Roberts. Laura is the Hospice Office Manager/Outreach/Volunteer Coordinator, and most of her co-workers fondly call her the office Cheerleader! Laura takes her responsibilities seriously, yet always finds a way to help everyone have an enjoyable and fun day in the office. Since taking on the added responsibilities of Outreach and Volunteer Coordinator, Laura hasn't let this interfere with her other office management duties. She has put a lot of effort and focus on the volunteer program and it shows through the increased number of volunteers as well as

the experience they bring with them. Laura is incredibly skilled, efficient, responsive, and an individual who goes above and beyond her duties to ensure that things go smoothly for the people she supports. Laura is an employee who is not afraid to get her hands dirty. She has been known to help out with patients and family's needs and concerns. She has an innate talent of connecting with people and making them feel at ease. This attribute has proven to be a real asset to both our staff and those we serve. Hospice can be very emotionally taxing and she has a way of putting others at ease in these most difficult times. Laura is a great asset to our team and we are blessed to work side by side with her.

SERVICE AND DONATION NEEDS



You Shop. Amazon Gives.

- Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to Sunshine Terrace Foundation, Inc. if you choose us as your charity at smile.amazon.com.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service, same login.
- Support us by starting your shopping at smile.amazon.com!

Possible Eagle Scout Project:

One of our Storage areas is in need of some new shelving. This would be a great basic building project for anyone looking to get their Eagle Scout.

Please contact Cindy Jones at cindyj3@sunshineterrace.com or 435-754-0244 if you are interested or have any questions.



Volunteering Opportunities

Terrace Grove Assisted Living is in need of some volunteers. Please contact Nancy Bennett at 435-716-0504 or email her at nancy.b@sunshineterrace.com if you are interesting in helping our residents with recreational activities or planning and implementing an activity for our residents.

Sunshine Terrace is in need of some Electric Recliner Lift Chairs for some of our rooms. Any clean chair in good working order would be greatly appreciated.



Volunteering Opportunities

Here at Sunshine Terrace we rely on our Volunteers year round to help with activities and day-to-day needs. Please contact Cory at cory.funk@sunshineterrace.com if you are interesting in participating in any other following:

- Adopt a Grandparent Program
- Assist with an Activity
- Plan and Implement Your Own Activity
- Practicum/Internships

Go to <http://www.sunshineterrace.net/volunteers/> for more information.

We would love to have a Flat Screen TV in every room. They not only help us look up-to-date, but they usually have better picture quality and are lighter than traditional TVs.





Steffany Willis	4-Nov
Morgan Walker	5-Nov
Kristie Griffiths	6-Nov
Teresa Daugherty	6-Nov
Melissa A Whyte	6-Nov
ShayAnn Brown	7-Nov
Heather Young	8-Nov
Robert Whittaker	9-Nov
Hope Francis	10-Nov
Laura Winslow	12-Nov
Margaret A Pavithran	12-Nov
Gillian Merkley	13-Nov
Annica Reid	13-Nov



Jaycie Rindlisbacher	14-Nov
Brad Sperry	16-Nov
Courtney Howe	18-Nov
Victoria Angelieri	18-Nov
Cierra Jensen	21-Nov
Allie Utley	22-Nov
Nathan Joseph Leishman	22-Nov
Allyson J Morrill	23-Nov
Jake T Jones	24-Nov
Tylar B Baer	25-Nov
Linzy Bingham	26-Nov
Mykel Hooley	26-Nov
McKenzie Norman	26-Nov
Ashley Amundsen	27-Nov

RECENT EVENTS

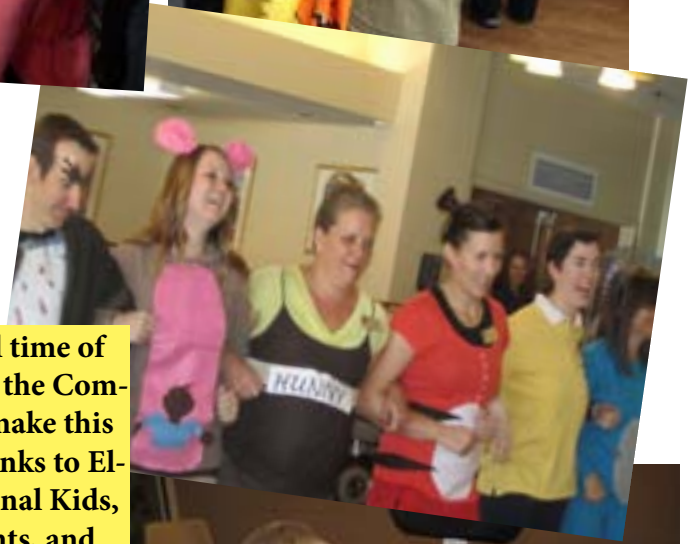
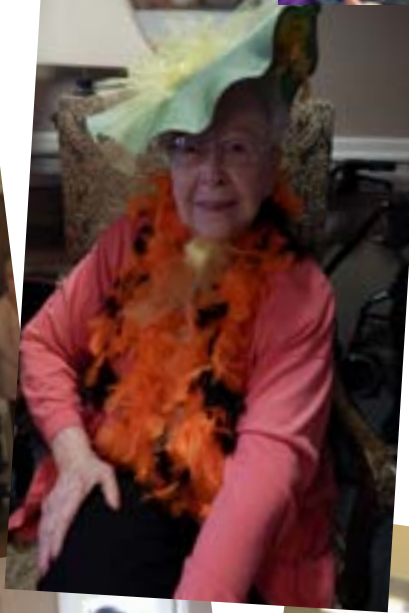


Intergenerational Kids:
Halloween Carnival, which included a fishing pond, games, prizes and treats. Everyone had a GREAT time—including the kids!!

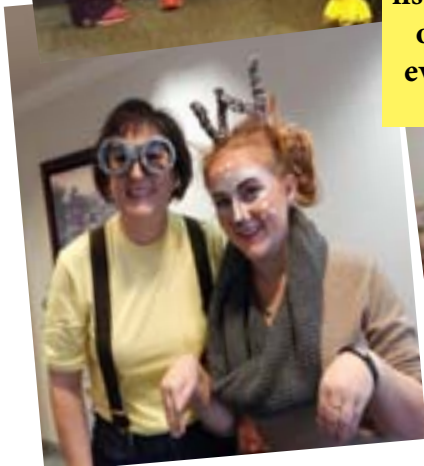


6 RECENT EVENTS (cont)

Halloween at Sunshine Terrace and Terrace Grove!



Halloween is always a special time of year. Our Staff, Residents, and the Community all come together to make this month a special one. Extra thanks to Ellis Elementary, Intergenerational Kids, our Rec. Therapy departments, and everyone that came trick-or-treating! We all had so much fun!



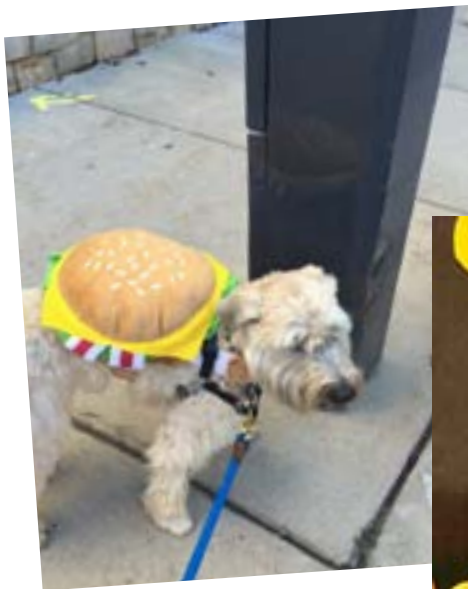
RECENT EVENTS (cont)



Sunshine Terrace Residents did an amazing job painting their Halloween Pumpkins!



Residents enjoyed the Pumpkin Walk again this year. Sunshine Terrace created the Flintstones display.



Baxter and some of his doggy friends got into the spirit, too!





Dolores Wheeler was kind enough to give our CEO, Administrators and Dietary Directors a tour of Gossner Foods. Everyone was amazed by the machinery and sheer amount of product they create!



Residents had a great time feeding and petting the goats that came to visit.

FUTURE EVENTS

Skilled Nursing & Rehab November Activities

Nov. 18th @ 2:00 Monthly Birthday Celebration

Nov. 19th @ 2:00 Thanksgiving Parade

Nov. 24th @ 10:00 Service Project:
Writing letters to men and women of the armed forces

Nov. 27th @ 10:00 Thanksgiving Auction

Visit the links below to look at the full activity calendar for Skilled Nursing and Rehab and Terrace Grove!



Flu Shots

Thursday, Nov. 12th

9:00 - 11:00 a.m.

Great Room Area

Please check your Sunshine Terrace Email for the immunization consent form and screening questionnaire that need to be filled out prior to getting a shot. Don't forget your insurance card!

For Rec. Therapy's Calendar please go to: <http://www.sunshineterrace.net/sunshine-skilled-nursing-rehab/>
For Terrace Grove's Calendar please go to: <http://www.sunshineterrace.net/terrace-grove-assisted-living/>



Please Email Pictures, Announcements, and Ideas for Future Newsletters to julie.stockdale@sunshineterrace.com

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Sunshine Home Health & Hospice
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Logan, Utah 84321
435-716-8541

AquaWorx Physical Therapy & Fitness
209 West 300 North
Logan, Utah 84321
435-716-8535