



*Merry Christmas &
Happy New Year*



One year ago, I was celebrating the Christmas season in a different city, living in a different house, and employed at a different job. I had no idea that my life would take the turns it did. Many of you may or may not know that I started my health care career at Sunshine Terrace over 22 years ago as a certified nursing assistant. Coming back to Sunshine Terrace has felt like coming home.



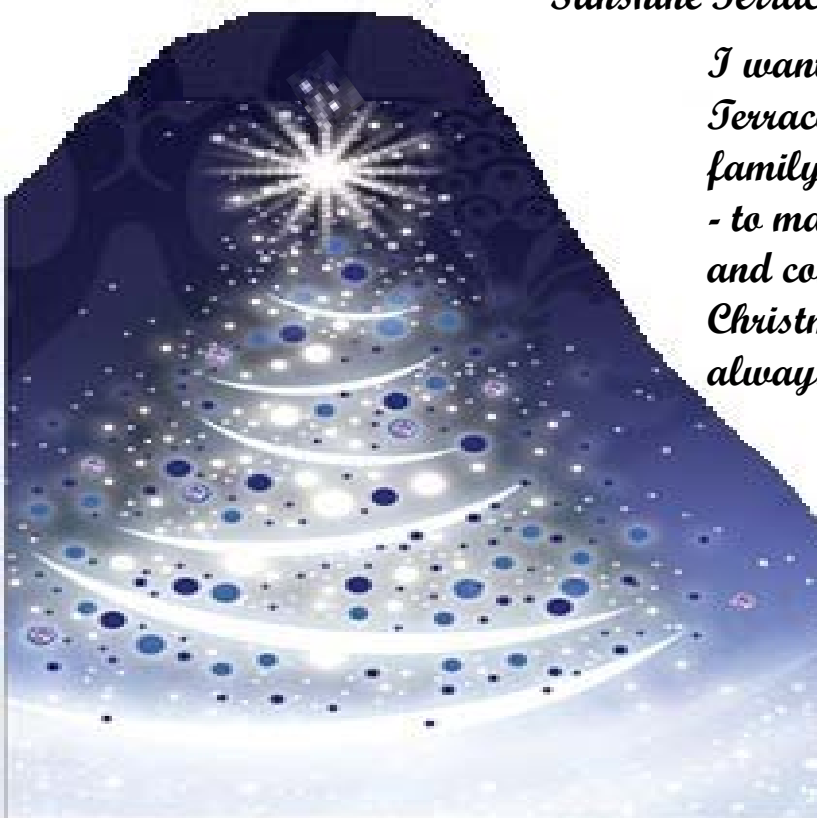
Bryan Erickson

I've thought about home and why I consider Sunshine Terrace home. Home is where there is heart. Home is the ideal of family and loved ones who care and cherish each other. There is a tremendous feeling of warmth and caring among the staff members at Sunshine Terrace. Home is seeing the residents enjoy singing and socializing with their new and old family members. Home is laughing and crying together as we struggle together through the challenges presented in life. Home is memories, traditions, and comfort. Sunshine Terrace is my home.

I want to thank all of you for making Sunshine Terrace home. It takes all of us - staff members, family members, residents, and the community - to make this home. Thank you for your love and commitment. I wish everyone a very Merry Christmas. May God bless you this season, and always.

Bryan Erickson

Bryan Erickson, CEO





Desiree Zollinger	1-Dec
Bobbie Funk	3-Dec
Jill M Davis	5-Dec
Karmon Reese	6-Dec
Tessa Hafslund	6-Dec
Dillon Ellis	6-Dec
Chelsea M Law	8-Dec
Cory Funk	8-Dec
Pam Collins	9-Dec
Mallory Manley	10-Dec
Robyn Earl	11-Dec
Bonnie Perry	14-Dec
Katherine Gifford	14-Dec
Samuel Force	15-Dec
Norton Thurgood	17-Dec
Karren Edwards	19-Dec
Susie Anderson	19-Dec
Joshua May	19-Dec
Mackenzie Butler	20-Dec
Lacy Cleland	20-Dec
Shawna Parkinson	21-Dec
Ronald Wilcox	21-Dec
Kris Friedli	23-Dec
Tasha Hobbs	26-Dec
Konie Murray	27-Dec
Dustin Randall	27-Dec
Marianne Olsen	30-Dec
Mary Ann Plantz	31-Dec
Lezlie Nelson	31-Dec

Skilled Nursing & Rehab Employee of the Month!

Suzette Rock, Dietary Manager has a very long history with this foundation and she has always been one to go above and beyond. Sue is a rock star. She visits all



Sue Rock

patients, has a fantastic attitude, is exceptionally friendly with staff and residents, and knows her stuff! We recently had a complaint about food; once Sue was made aware of it, she personally went in to speak with the patient and family. She was quick to respond and made some personal tweaks to the patient's diet, making everyone much happier. We want to thank Sue for everything she does to enhance the quality of life for our residents and staff. Sue truly has a positive impact on the lives of the people she serves.

Other Nominees were Mickey Fillerup, Troy Netzley, Gretchen Van Zanten, and Lillian Knudsen

Terrace Grove Employee of the Month!

Omina "Mimi" Ali, Dietary Aid, is our December Employee of the Month. Mimi has been a dedicated employee in our Dietary Department for 9 years.



Omina "Mimi" Ali

There isn't anything Mimi wouldn't do for our residents and staff, she goes out of her way to give every resident individual attention. Mimi is very detailed oriented and meticulous about how she approaches her job, she takes great pride in her work. Mimi can do anything required of her in Dietary and she always does it with a smile! Everyone here at Terrace Grove loves Mimi!

Other Nominees were Patsy Maughan, CNA; Katelyn Mangum, CNA; Tyler Fallentine, CNA; Keaton Papke, Housekeeping; Landon Hitchcock, LPN

Home Health & Hospice Employee of the Month!

Konner Karren started working for Sunshine Terrace in 2011. He worked for a year and then served a 2 year mission for the LDS church. After serving his



Konner Karren

mission, he returned to work for Sunshine Terrace in a hurry. He arrived on his motorcycle and entered the building still in his missionary suit and tie. He has been a crucial part of the staff as a CNA.

Konner enjoys many activities including climbing and running. He recently ran a marathon. His knack for endurance is displayed not only in his hobbies, but also his work ethic. Konner is in school full-time and works full-time. His schedule is demanding both physically and mentally, yet he is still always willing to help out. Fellow employees especially appreciate this trait as Konner has helped out many when in a bind at a moment's notice. His willingness to help along with his ability to provide quality care makes him an outstanding team member at Sunshine Home Health and Hospice.

SERVICE AND DONATION NEEDS

Volunteering Opportunities

Terrace Grove Assisted Living is in need of some volunteers. Please contact Nancy Bennett at 435-716-0504 or email her at nancy.b@sunshineterrace.com if you are interesting in helping our residents with recreational activities or planning and implementing an activity for our residents.

Possible Eagle Scout Project:

One of our Storage areas is in need of some new selving. This would be a great basic building project for anyone looking to get their Eagle Scout.

Please contact Cindy Jones at cindyj3@sunshineterrace.com or 435-754-0244 if you are interested or have any questions.



Sunshine Terrace is in need of some Electric Recliner Lift Chairs for some of our rooms. Any clean chair in good working order would be greatly appreciated.



We would love to have a Flat Screen TV in every room. They not only help us look up-to-date, but they usually have better picture quality and are lighter than traditional TVs.

Volunteering Opportunities

Here at Sunshine Terrace we rely on our Volunteers year round to help with activites and day-to-day needs. Please contact Cory at cory.funk@sunshineterrace.com if you are interesting in participating in any other following:

- Adopt a Grandparent Program
- Assist with an Activity
- Plan and Implement Your Own Activity
- Practicum/Internships

Go to <http://www.sunshineterrace.net/volunteers/> for more information.

ANOTHER WAY TO HELP



You Shop. Amazon Gives.

- Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to Sunshine Terrace Foundation, Inc. if you choose us as your charity at smile.amazon.com.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service, same login.
- Support us by starting your shopping at smile.amazon.com!



The Angel Tree is back again this year. People signed up to help in record time this year and every resident will be covered! For those that signed up, please wrap your gift and return it with its number to the Recreation Therapy Department by Dec. 18th @ noon.

For those looking for other ways to help our community, AquaWorx is hosting a Toys for Tots donation drop-off by their front desk. Please bring unwrapped toys or cash donations by December 23rd.



THANK YOU NOTES

*We appreciate so much
the kindness you showed Novene.
We always felt she was in good
hands.
Novene enjoyed your company
and was so grateful for your
help.*

*There will be a service for Novene
Thursday Nov. 17th at 6:30 pm
North Logan 9th Ward Relief Society room (Room # 3000 N)*

*Your thoughtfulness
will always
be remembered.*

*With gratitude,
The Novene Ward
Family*

RECENT EVENTS

FALL MEMORIAL EVENT

Our Memorial Events help to give loved ones and staff a safe place to morn their loss(es). We help normalize and validate what each individual is going through.



Val Kemp



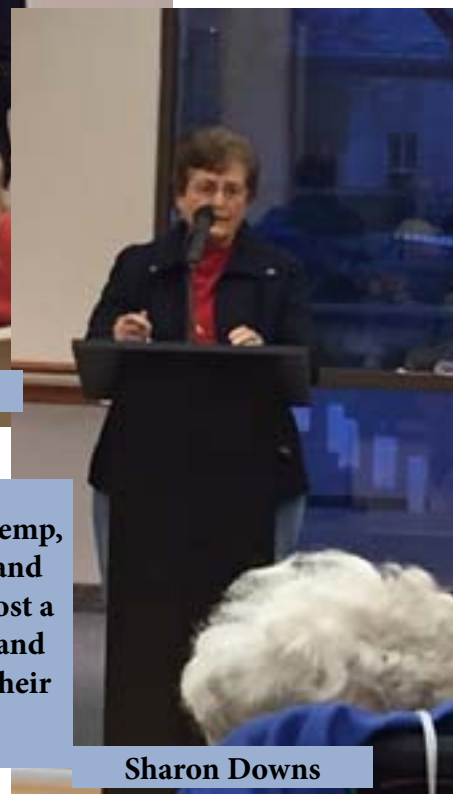
Joihn Flann



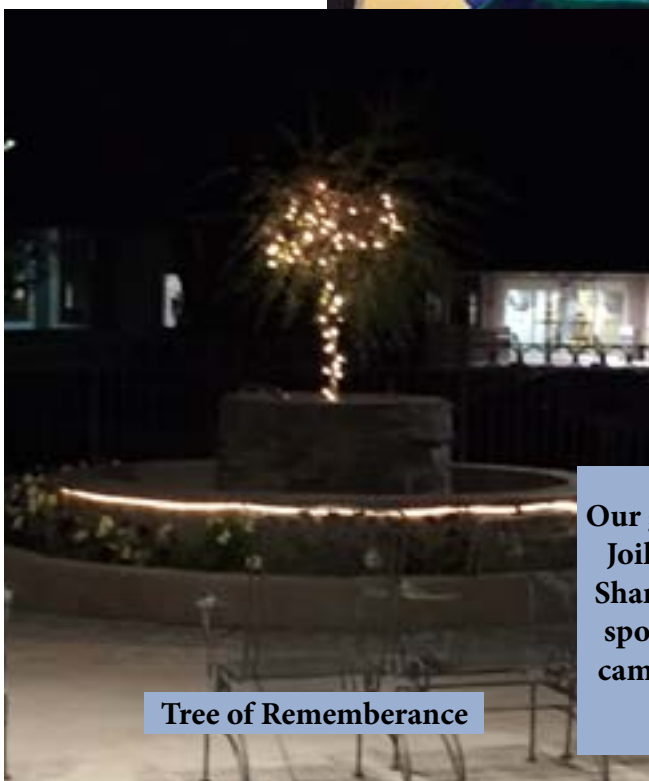
Dennis Wildman and Pauline walking down the memory grove.



Nancy Scheels



Sharon Downs



Tree of Remembrance

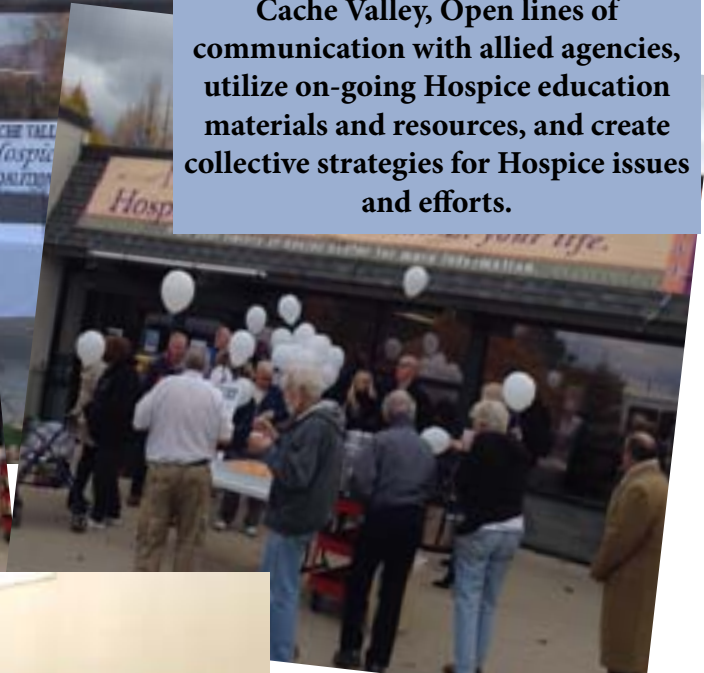
Our guest speakers were Val Kemp, Joihn Flann, Nancy Scheels, and Sharon Downs. All four had lost a spouse in the recent months and came to tell us about the life their loved ones had lived.

6 RECENT EVENTS (cont)



9th Annual Cache Valley Hospice Coalition Community Balloon Release

This event helps us promote and strengthen the Hospice industry in Cache Valley, Open lines of communication with allied agencies, utilize on-going Hospice education materials and resources, and create collective strategies for Hospice issues and efforts.



This is our Terrace Grove Resident Choir program they presented for us as a "Holiday Favorites" Program in November. Our choir was accompanied by Sara Duncan, Edna Maughan, and Sadie Richins, all three are residents here at Terrace Grove, under the direction of our Music Aid Robyn Earl. Family and friends were invited and it was a wonderful afternoon!



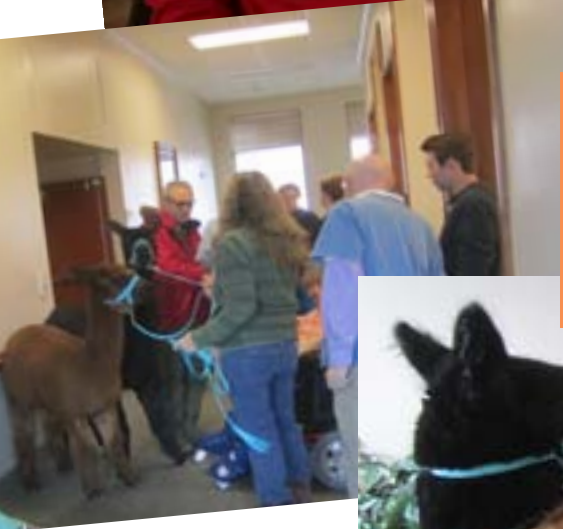
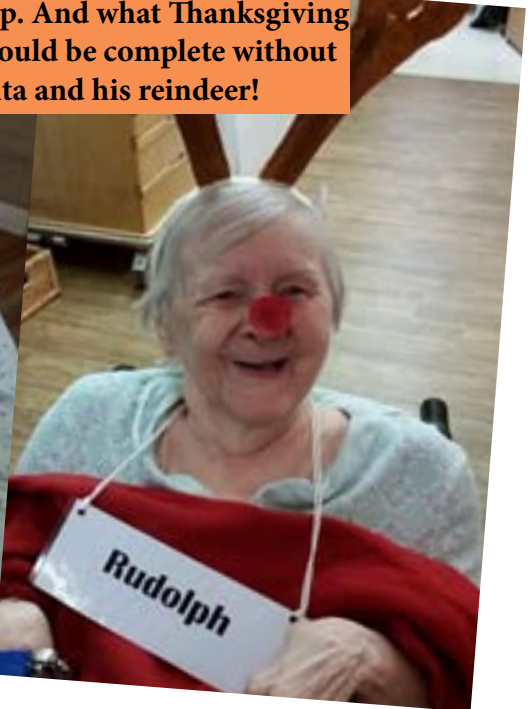
Susan Gibson brought in her "Love on a Leash" animals to visit..it's always fun to see the chickens and bunnies in diapers.



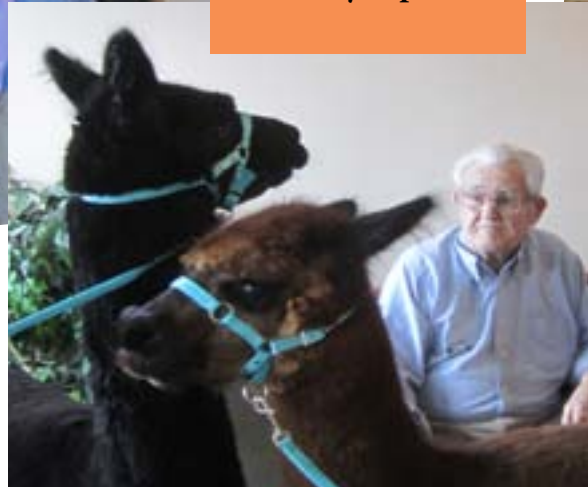
RECENT EVENTS (cont)



Our Thanksgiving Parade was a big hit. Everyone had a great time dressing up. And what Thanksgiving Parade would be complete without Santa and his reindeer!



The Residents and staff alike were excited to visit with some very friendly Alpacas.



We were so happy to have this amazing group of men perform for us...The Accafellas Barber Shop Music...they can really harmonize!

FUTURE EVENTS

Hardware Ranch

December 15th at 2:00 p.m., we are going on an outing to Hardware Ranch to see the elk!



Christmas Eve

Michael Ballam will perform with his family.

Thursday, Dec. 24, 2014
@ 10:00 a.m.
All are welcome!



Christmas Light Drive: On December 22nd at 3:00 p.m. we are taking our residents around to look at local Christmas Decorations.

For Rec. Therapy's Calendar please go to: <http://www.sunshineterrace.net/sunshine-skilled-nursing-rehab/>
For Terrace Grove's Calendar please go to: <http://www.sunshineterrace.net/terrace-grove-assisted-living/>



the **SUNSHINE GROUP**

<http://www.sunshineterrace.com>

Please Email Pictures, Announcements, and Ideas for Future Newsletters to julie.stockdale@sunshineterrace.com

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Logan, Utah 84321
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Sunshine Home Health &
Hospice
225 North 200 West
Logan, Utah 84321
435-716-8541

AquaWorx Physical
Therapy & Fitness
209 West 300 North
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