



UHPCO 2015 HOSPICE HERO AWARD



Irene Hendrix and Dennis Wildman

Every year the Utah Hospice and Palliative Care Organization takes time to recognize some of the great people Utah has working for Hospice and Palliative Care Agencies. Last month Irene Hendrix was honored with the Hospice Hero Award for Volunteering. The service you perform on a daily basis is remarkable and our appreciation for you and all that you do cannot be overstated.

Congratulations, Irene!

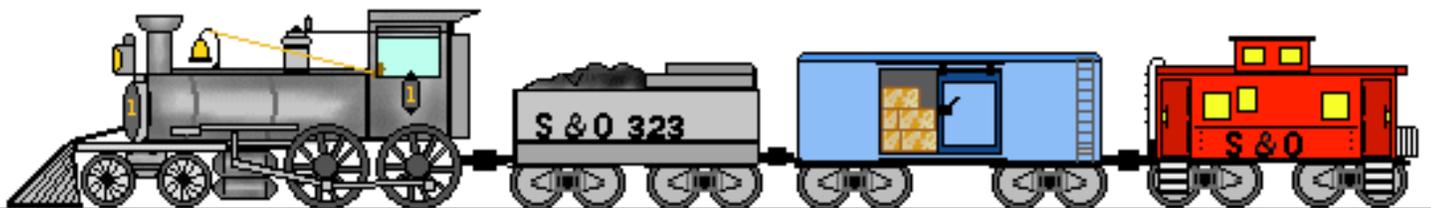
UTAH ASSOCIATION FOR HEALTH CARE AWARD

The Utah Association for Health Care awarded their Home Health Direct Care: Paraprofessional Service Award to Robin Downs. Robin is a CNA for Home Health and is an exemplary employee. She goes out of her way to help our clients and treats everyone with love, dignity and respect.

Congratulations, Robin!



Robin Downs and Dennis Wildman





| | |
|---------------------|--------|
| Jessica Manning | 1-Jan |
| Taylor Nielsen | 2-Jan |
| Rebecca Baucom | 3-Jan |
| Emma D Everhart | 4-Jan |
| Lucille Hadfield | 4-Jan |
| Dennis D Wildman | 5-Jan |
| Mary Sinnott | 5-Jan |
| Robin Downs | 9-Jan |
| Cami Bitner | 9-Jan |
| Hailey Richards | 10-Jan |
| Samantha Frank | 11-Jan |
| Gretchen Van Zanten | 12-Jan |
| Allison Richman | 12-Jan |
| Laura-Paige Wilkins | 13-Jan |
| Karina Arellano | 14-Jan |
| Hollie Williams | 15-Jan |
| Lisa Litster | 18-Jan |
| Jamie Zollinger | 18-Jan |
| Tiffany A Lundskog | 20-Jan |
| Shaycie Chase | 21-Jan |
| Patsy Maughan | 22-Jan |
| Claire Edwards | 22-Jan |
| Jennifer Birchell | 23-Jan |
| Ruth Adams | 24-Jan |
| Katelyn Mangum | 24-Jan |
| L Paul Grigg | 24-Jan |
| Heidi Farnworth | 25-Jan |
| Catherine Bennett | 25-Jan |
| Jesse Young | 26-Jan |
| Cynthia Weiss | 27-Jan |
| Jamie Weston | 28-Jan |
| Shaylie Carrico | 31-Jan |



Terrace Grove Employee of the Month!

Kim Oldroyd is one of the wonderful CNAs at Terrace Grove. She is always helpful and goes above and beyond her job duties. Some of the adjectives used to describe Kim

are: awesome, magical, happy, super helpful, cool, and kind. She is an amazing employee and is a great addition to our team, here at Terrace Grove!

Other Nominations included: Patsy Maughan, CNA; Rachel Bickmore, LPN; Kristie Wilkinson, LPN; Bonnie Perry, LPN; Landon Hitchcock, LPN; Keaton Papke, Housekeeping and Kelly Hubbard, CNA. There was also one anonymous that states " I think we are all Awesome"!



Troy Netzley

Skilled Nursing & Rehab Employee of the Month!

Troy Netsley is one of our amazing Transportation CNAs. He is a great asset to our team and is always professional and helpful. One great example of his helpfulness is when

he was coming in the main entrance pushing a female resident in a wheelchair. The resident was very upset about having to come here and not go home. He was so patient and kind to the new resident and reassuring the resident that she would get the kind of care here that would strengthen her and help her to heal so she could go home. Troy handled the situation so compassionately.



Tessa Hafslund

Home Health & Hospice Employee of the Month!

Tessa Hafslund is the Home Health Office Manager. Tessa has many wonderful traits that make her an effective employee but one of her most important traits is her

willingness and desire to learn and to grow. She is always asking how she can help with a project and how to improve our processes. She also does an amazing job helping people feel like they are at home in our work family environment by decorating the office to match the seasonal themes. Tessa takes her responsibilities seriously, yet always finds a way to help everyone have an enjoyable and pleasurable work environment. Tessa is incredibly skilled, efficient, responsive, and an individual who goes above and beyond her duties to ensure that things go smoothly for the people she supports. This attribute has proven to be a real asset to both our staff and those we serve.



Kristen Baugh

AquaWorx Employee of the Quarter!

Kristen Baugh is a PT Tech for AquaWorx. This is a relatively new position and she has taken it over and ran with it. She is always seeking information to better herself and the facility.

She is never sitting idle. She has really set herself apart by going above and beyond the call of duty. She is always willing to help at any given moment. She is very organized and is great with the patients. She is always seeking more knowledge to make herself a better employee and she will do well in whatever field she pursues. We are very glad to have Kristen as part of our team at AquaWorx!

SERVICE AND DONATION NEEDS

Volunteering Opportunities

Terrace Grove Assisted Living is in need of some volunteers. Please contact Nancy Bennett at 435-716-0504 or email her at nancy.b@sunshineterrace.com if you are interesting in helping our residents with recreational activities or planning and implementing an activity for our residents.

Terrace Grove is wondering if anyone has an extra piano lying around, or if you would like to buy us a new one. The piano would be put in our Rec. Therapy room and used for activities.



Terrace Grove is in immediate need of a large LED Flat Screen TV to replace the broken TV in the Rec. Therapy department. This TV will be used in one of our main gathering rooms.



We would love to have a Flat Screen TV in every room. They not only help us look up-to-date, but they usually have better picture quality and are lighter than traditional TVs.

Volunteering Opportunities

Here at Sunshine Terrace we rely on our Volunteers year round to help with activities and day-to-day needs. Please contact Cory at cory.funk@sunshineterrace.com if you are interesting in participating in any other following:

- Adopt a Grandparent Program
- Assist with an Activity
- Plan and Implement Your Own Activity
- Practicum/Internships

Go to <http://www.sunshineterrace.net/volunteers/> for more information.

Sunshine Terrace is in need of some Electric Recliner Lift Chairs for some of our rooms. Any clean chair in good working order would be greatly appreciated.



ANOTHER WAY TO HELP



You Shop. Amazon Gives.

- Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to Sunshine Terrace Foundation, Inc. if you choose us as your charity at smile.amazon.com.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service, same login.
- Support us by starting your shopping at smile.amazon.com!

THANK YOU NOTES

Dear Kaumon & staff,
 Thank you so much for the beautiful flowers for both of our fathers. But we are so grateful for all your care and concern for our parents as well as for us. We know that your job is not an easy one, but the personal care and attention you gave to our "Grumpy Old Men" made their lives a little bit better each day. We sincerely appreciate everything you did for them.
 Love, Jim & Charla Vandenberg

We as a family of the Robert Latner family want to thank you for the care given to him while at Terrace Grove.

Thanks -
 Glenn Baftev
 Jon, Mark & Barry Baftev

Thank you!

To all the Terrace Grove staff - thank you very much for the great care and compassion shown to Lamar & Thais Nelson these past few months.

We deeply appreciate all you've done for them and the family and pray you'll be blessed for your efforts.

Thanks

Gordon Nelson
 and the
 entire Nelson
 family

RECENT EVENTS

**Sunshine Home Health and Hospice
January 2015 Newsletter: Message from our Administrator
By: Dennis D. Wildman, MSW, CSW**

Christmas is a great time of the year to show our staff we care about them and greatly appreciate what they do for our patients and families. It has been my style to get people together each year as a work family to celebrate Christmas over a sit down Family Style Dinner.

Our work family here at Sunshine Home Health and Hospice has been blessed to share a number of successes in 2015, in part to the contribution of each of our team members. We are better people because we have the rich opportunity of caring for our beloved patient and families. Home Health, Hospice and Private Duty industries are some of the most humbling yet rewarding careers in our industry. We are blessed to provide care to our patient “when they are ready to receive care”, and “wherever they choose to reside as long as it is safe”. Furthermore, we understand caring for them here in Cache Valley and Box Elder brings with it added support and overall resources. I have experienced firsthand for over 2.5 decades how these two communities are willing, “to give back”. This senses of love and support is priceless. I have provided care for individual and families up and down the Wasatch Front in Utah for many years. Never before have I seen and felt a community that is more: ready, willing and capable of assisting us in providing a wide range of services to our patients and families. It has been said, “It take a village to raise a child”, I would add, “It takes a village to care for our less privilege, sick and otherwise afflicted”.

With that being said, I feel more compelled to take a minute each year and say: Thank You ,Thank you and Thank You to our collective work family. I try to model that we are “a TEAM united in Service”. As a work family and we celebrate our success and forever seek solutions to our problems.



Dennis handing out Christmas Gifts



Dennis Wildman



Pam and Jill at the HHH Christmas Party



Home Health and Hospice Christmas Party

6 RECENT EVENTS (cont)



All of the staff who attended our Terrace Grove Staff Christmas Party, which was a smashing success!

Christmas is always a fun time of year at the Sunshine Terrace Foundation! Here are a few of the activities and performances we had in December.

Shelly Felix came with her 3-4 year old pre schooler's and presented an absolutely delightful program with the children, singing, playing Christmas in a drum circle and providing homemade Christmas cards to our residents! This was a winning program.



Skilled Nursing & Rehab residents had a festive time making Gingerbread Houses!

The Mt. Logan Student Council came to perform their annual Christmas concert. These youth are great and so fun to interact with our residents; it's always a pleasure to have them return each year!



RECENT EVENTS (cont)



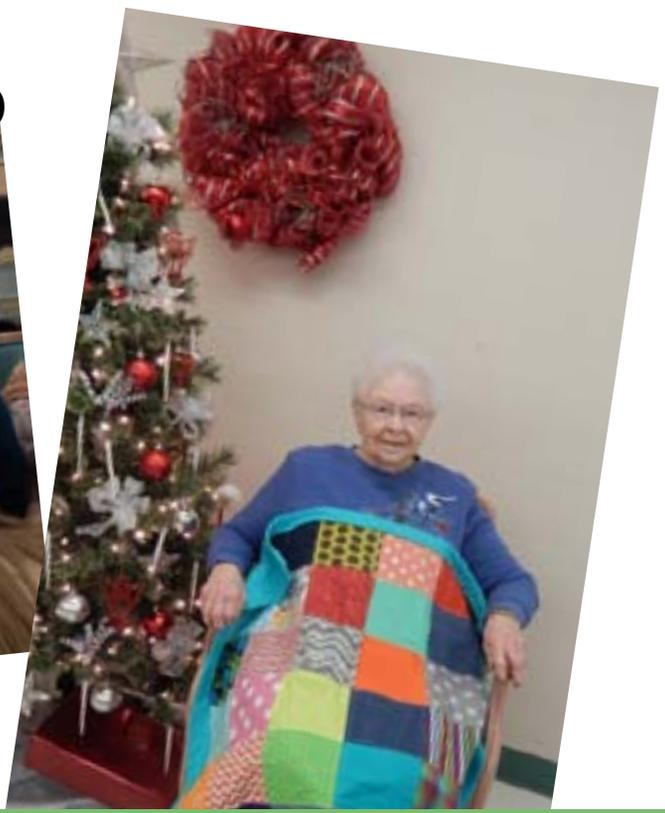
The Annual Sunshine Singers Choir Christmas Program is always a lot of fun for our residents, staff and families!



8
RECENT EVENTS (cont)



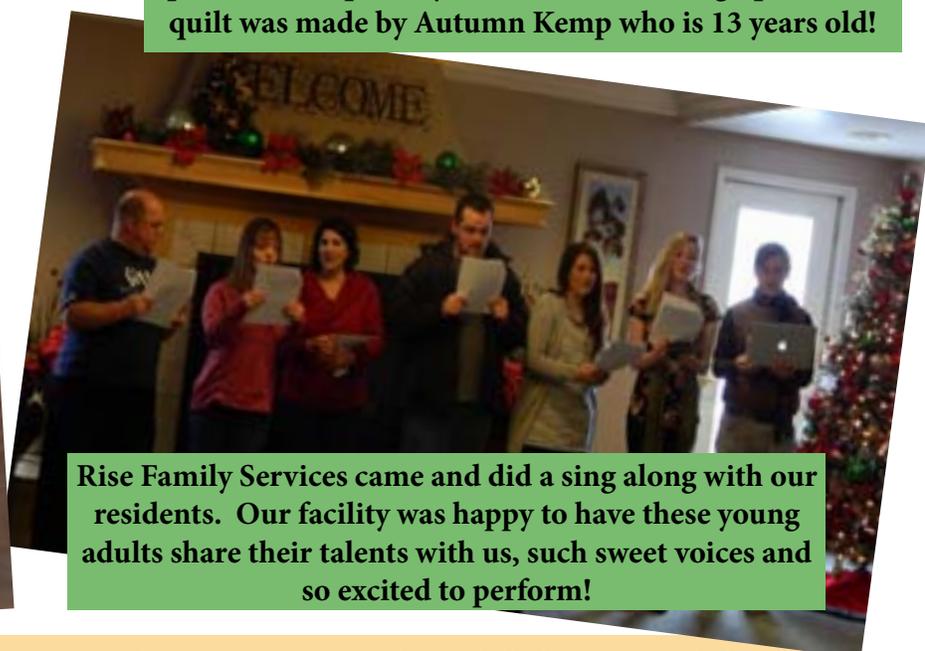
This is our yearly activity with the Uinta Girls Academy, the girls bring Christmas cookies to decorate with our residents, they then finished off with a Christmas “Sing Along”. It is always a great activity to share with these youth and our residents look forward to doing each year!



Shirley Spence was the lucky winner of a donated lap quilt, made especially for a Christmas Bingo prize! The quilt was made by Autumn Kemp who is 13 years old!



Wing 7's float for the Thanksgiving Parade helped all of us get into the Christmas spirit!



Rise Family Services came and did a sing along with our residents. Our facility was happy to have these young adults share their talents with us, such sweet voices and so excited to perform!

For Rec. Therapy's Calendar please go to: <http://www.sunshineterrace.net/sunshine-skilled-nursing-rehab/>
For Terrace Grove's Calendar please go to: <http://www.sunshineterrace.net/terrace-grove-assisted-living/>



Please Email Pictures, Announcements, and Ideas for Future Newsletters to julie.stockdale@sunshineterrace.com

Sunshine Terrace Skilled
Nursing and Rehab
248 West 300 North
Logan, Utah 84321
435-752-0411

Terrace Grove Assisted
Living
345 North 200 West
Logan, Utah 84321
435-787-2855

Sunshine Home Health &
Hospice
225 North 200 West
Logan, Utah 84321
435-716-8541

AquaWorx Physical
Therapy & Fitness
209 West 300 North
Logan, Utah 84321
435-716-8535