



Congratulations, Terrace Grove and Sunshine Terrace!



Over the course of the last twelve months, Pinnacle Quality Insight, a nationally recognized customer satisfaction firm, has interviewed the customers of Terrace Grove Assisted Living regarding their satisfaction levels.

Customers were asked to evaluate several aspects of their received services. From the results of these interviews, Pinnacle has determined that Terrace Grove Assisted Living has qualified for a Pinnacle Customer Experience Award in the following service areas:

- Personal Care**
- Activities**
- Transportation Needs**

The Customer Experience Award is awarded to care providers who have achieved best-in-class customer satisfaction standards within their peer group.

Congratulations to all Terrace Grove Employees!



Over the course of the last twelve months, Pinnacle Quality Insight also interviewed the residents of Sunshine Terrace Skilled Nursing & Rehab regarding their satisfaction levels.

From the results of these interviews, Pinnacle has determined that Sunshine Terrace has qualified for a Pinnacle Customer Experience Award in the following service area:

- Safety & Security**

The Customer Experience Award is awarded to care providers who have achieved best-in-class customer satisfaction standards within their peer group.

Congratulations to all Sunshine Terrace Employees!





Caroline Colton	2-Feb
Shaelyn McCarthy	3-Feb
Brock Christensen	6-Feb
Saje Birky	7-Feb
Kayla Gibby	7-Feb
McKenzie L Bruins	8-Feb
Kailee Kennington	8-Feb
Shannon Loveland	10-Feb
Troy Netzley	10-Feb
Heather Shumway	12-Feb
Kristie Miller	12-Feb
Abby Benson	15-Feb
Suzette Rock	17-Feb
Hayley M Williams	17-Feb
Nita Gopinath	18-Feb
Katie Austin	20-Feb
Rachel Johnston	22-Feb
Kathryn Smith	23-Feb
Kristine Curtis	27-Feb
Tasha Reese	27-Feb
Eric Hanyak	27-Feb
Shyanne Hunter	27-Feb
Edward Overson	28-Feb
Tyler Robinson	29-Feb

Terrace Grove Employee of the Month!



Lacy works the NOC shift here at TG and our residents absolutely love her! She has such a positive attitude and is always willing to help not only the residents but her team members as well! She is a resourceful and

Lacy Cleland, CNA

independent worker with tons of patience. Lacy shows so much compassion to our senior population; they know if they need help she will always be the first one to show up. She is a great asset to our CNA team here at Terrace Grove and is a terrific example to all of our CNAs. She is a true leader! Other Nominations included: Kelly Hubbard, CNA; McKenzie Womack, CNA; Patsy Maughan, CNA; Rachel Bickmore, CNA; Rachel Irish, CNA; Laura Kent, CNA; Andrew Bringhurst, CNA; Tyler Fallentine, CNA; Bonnie Perry, LPN; Landon Hitchcock, LPN; and Norton Thurgood, Maintenance.



Skilled Nursing & Rehab Employee of the Month!

Mauri is the Employee of the month for our Skilled Nursing & Rehab unit. She is a Housekeeper for Wing 6 & 7.

Maurilia Gonzalez

Mauri works very hard and thoroughly on the wing. She makes our wing look so good! I love her smile and how she takes time to interact with our residents. Many people might think that housekeepers may “not make much of a difference”, but Mauri does make a difference and we appreciate it! Thank you Mauri, for everything you do!



Home Health & Hospice Employee of the Month!

January Employee of the Month goes to Kristine Curtis RN. Kristine exhibits dedication to the patients and employees of Home Health and Hospice.

Kristine Curtis, RN

She is definitely a patient advocate, always putting her patient's needs above her own. She constantly maintains a positive attitude despite the many changes that occur within our line of business. Kristine is always up for the challenge of learning new things, and is always willing to help out her co-workers by trading on-call hours or covering shifts. Kristine has picked up Home Health and Hospice very quickly, she has great potential in our industry. No matter where or what type of Nursing services she is performing, she always assures that the patient needs are met and that our company is successful. Kristine has high expectations for herself and in return has high expectations for our patients to become more self-reliant and self-sufficient. Day in and day out Kristine comes to work with a smile on her face, positive caring attitude and a drive to care for others. We are proud to say, Kristine Curtis is our employee of the month and more over she is part of our Work family.

SERVICE AND DONATION NEEDS

Volunteering Opportunities

Terrace Grove Assisted Living is in need of some volunteers. Please contact Nancy Bennett at 435-716-0504 or email her at nancy.b@sunshineterrace.com if you are interesting in helping our residents with recreational activities or planning and implementing an activity for our residents.

Terrace Grove is wondering if anyone has an extra piano lying around, or if you would like to buy us a new one. The piano would be put in our Rec. Therapy room and used for activities.



Terrace Grove is in immediate need of a large LED Flat Screen TV to replace the broken TV in the Rec. Therapy department. This TV will be used in one of our main gathering rooms.



We would love to have a Flat Screen TV in every room. They not only help us look up-to-date, but they usually have better picture quality and are lighter than traditional TVs.

Volunteering Opportunities

Here at Sunshine Terrace we rely on our Volunteers year round to help with activities and day-to-day needs. Please contact Cory at cory.funk@sunshineterrace.com if you are interesting in participating in any other following:

- Adopt a Grandparent Program
- Assist with an Activity
- Plan and Implement Your Own Activity
- Practicum/Internships

Go to <http://www.sunshineterrace.net/volunteers/> for more information.

Sunshine Terrace is in need of some Electric Recliner Lift Chairs for some of our rooms. Any clean chair in good working order would be greatly appreciated.



ANOTHER WAY TO HELP



You Shop. Amazon Gives.

- Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to Sunshine Terrace Foundation, Inc. if you choose us as your charity at smile.amazon.com.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service, same login.
- Support us by starting your shopping at smile.amazon.com!

NEW EMPLOYEE



Patty Richardson,
Controller

Patty grew up in Providence working at Watkins Printing, since it was a family business. You name it, she did it. She continued to work as an accountant until she took a few years off to stay home with the kids in Smithfield, where she now lives. In 1999, she started her 17 year career at Cache Valley Electric as a billing manager.

She has been married to Bob Richardson, a sales rep for Square One Printing, for 34 years. They have 4 children, Heather (Bryce) Larsen, Brianna, Dustin (Stephanie) Richardson, and Tyler (Bailey) Richardson. They also have 7 grandchildren; Miley, Cohen, Macormick, Austin, Parker, James and Paisley. In her free time she loves to decorate and create great things. She had a fun shop called "The Rabbit Hutch" in Providence several years ago and currently she has a home accessory business called "Ruby Spence". She also loves to write fiction, spend time with her family and take an occasionally nap.

Welcome, Patty!

THANK YOU NOTE



To the entire staff at the
Terrace Grove.

Thank you for the kind
and loving care you
provided for Hatch over
the past three and a half
years.

We love you & are
forever grateful!

Hatch's entire
family 

Ten Fun Facts about Sunshine Terrace Foundation

1

4,000 pickle balls have been served in our Forty and Finer fitness center.



4

5 Teams of 20 seniors bowled their way to success in the AquaWorx Wii Bowling Tournament.

8

594 balls struck through challenging wickets raised over \$14,000 to support our elders and others in need.



2



Over 98% of our Rehab guests return home within 3 weeks. Less than 1% stay for longer term care.

5



We serve 450 meals plus snacks each day.

6

50,000+ Volunteer hours given.



9



Through support groups for Caregivers, Peaceful Healing and Stroke Thrivers, 1,180 people were helped with education and given assistance.

7

1,321 Physical Therapy hours provided in Cache Valley homes by Jake.

In August 65 folks used our complimentary wheelchair service so they could enjoy the Cache County Fair.

3



He wears Khakis and always brings a big smile.

10

15 books discussed weekly in the Terrace Grove Book Club.



SUNSHINE TERRACE FOUNDATION

*Bringing More to Life
That's the Sunshine Way*

For information about our programs and services contact Alta Markeson
435-754-0203
altam@sunshineterrace.com

www.sunshineterrace.com

6 RECENT EVENTS

Jennifer Zappitello



Jennifer is a strong woman that has made great changes in her life. With the support and assistance from Sunshine Home Health she has lost 122 lbs. during the last year. She started out dependent on oxygen, unable to stand for even short periods of time. She wore a wig to allow her to have beautiful hair, because she could not do her own hair related to her Shortness of breath and pain. She was a diabetic and dependent on multiple medications. She was sad and felt of little worth to anyone. Sunshine Home Health came into her home to assist her with showering, but in the process was able to support and encourage this patient by making her feel of worth and importance. She was able to lose the first 60# on her own with dietary changes, and encouraged increased activity. During that time, aides supported her successes and accomplishments no matter how small. With the help and support of her RN CM she was able to get her gastric sleeve surgery and with the assistance of aides following that surgery she was able to improve her independence with her-self cares. In the last year she has returned to her own hair which is cute and with her daughters help has been cut for easy maintenance. She is no longer wearing oxygen, and has had her diagnosis of Diabetic removed. She continues to get assistance and support from Sunshine Home Health aides for showering related to her fall risk. She is currently in the process of getting both her knees replaced. During this time Sunshine Home Health will continue to assist, support, and encourage her. Her goal is to be completely independent in all aspects of her self-cares by the end of this year. We at Sunshine Home Health are amazed and proud of the progress this woman has made and know that with support and caring she will accomplish her goal.

Jennifer, before her health journey

Congratulations, Jennifer!

RECENT EVENTS



Intergenerational Kids group came to celebrate a “Snow Day Winter” theme with Frosty the Snowman! Our residents loved making the snowflakes to hang on their windows and helping this young man put his coat on.



Terrace Groves Art Class under the direction Karen Suisse. Our art class is held every weekly every Wednesday. This is a favorite activity and one the residents look forward to each week! Look how intent they are with their painting.



Residents taking a break during an outing at the Cache Valley Mall.



This was our Valentine Craft day with some of the “Youth Connect Volunteers”, we made fancy, frilly, tulle heart wreaths for the residents door decorations. It’s always great to have the youth volunteers come to inter act with our senior population.



8
RECENT EVENTS (cont)

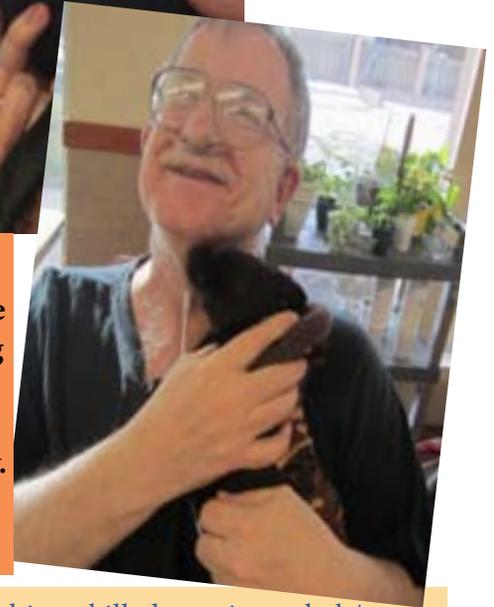


Terrace Grove would like to recognize Kent Dunkley, Manager, of Century 21 and his crew, who have been coming to decorate our building, trees and outdoor fencing every year before Christmas for the past 4 years.

We appreciate the time and effort Century 21 Real Estate take out of their busy schedules to make our building beautiful for the Christmas holidays! Thank you so much!



Marilyn & Cory are Two-of-a-Kind



It's always fun when animals come to visit! (from left) Helen showing off a beautiful cat, Mary sharing an Eskimo kiss with a puppy, and Shannon cuddling with the puppy. Too cute!

For Rec. Therapy's Calendar please go to: <http://www.sunshineterrace.net/sunshine-skilled-nursing-rehab/>
 For Terrace Grove's Calendar please go to: <http://www.sunshineterrace.net/terrace-grove-assisted-living/>



<http://www.sunshineterrace.com>

Please Email Pictures, Announcements, and Ideas for Future Newsletters to julie.stockdale@sunshineterrace.com

Sunshine Terrace Skilled Nursing and Rehab
 248 West 300 North
 Logan, Utah 84321
 435-752-0411

Terrace Grove Assisted Living
 345 North 200 West
 Logan, Utah 84321
 435-787-2855

Sunshine Home Health & Hospice
 225 North 200 West
 Logan, Utah 84321
 435-716-8541

AquaWorx Physical Therapy & Fitness
 209 West 300 North
 Logan, Utah 84321
 435-716-8535