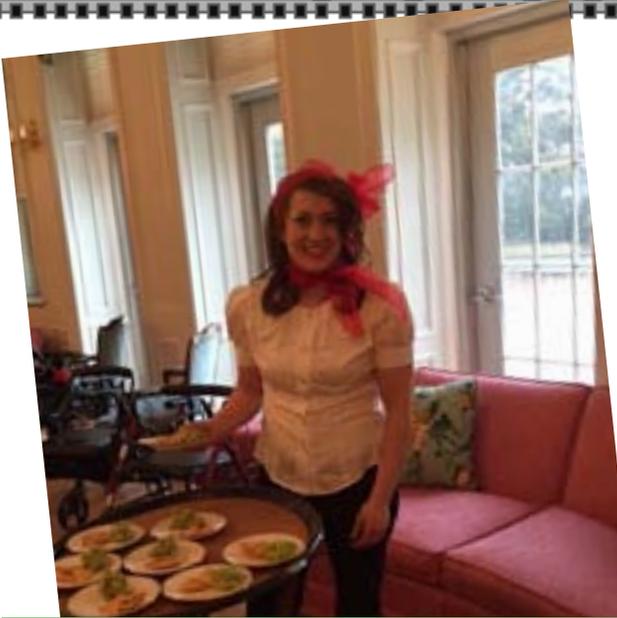




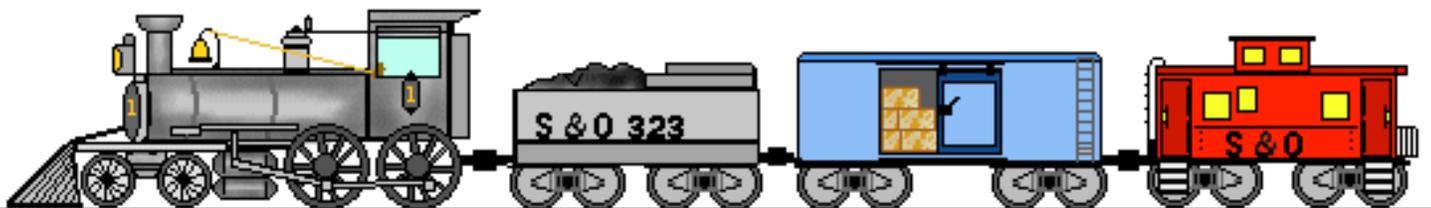
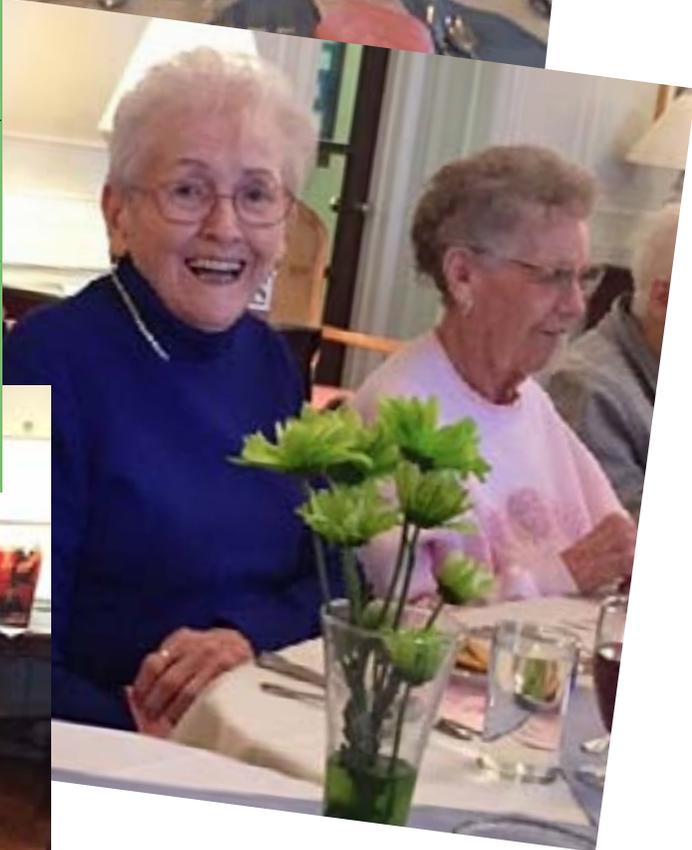
SUNSHINE LINE - THE INSIDE TRACK

The Sunshine Terrace Newsletter

Volume 38, 3/17/16



“Flashback to the Fifties” Wellness Luncheon
The USU Dietetic Department invited Terrace Grove Residents to a wonderful luncheon in the beautiful Caine Dining Room. In addition to the entertainment by a background pianist and Ballroom Dancing by two 9 year old children, our residents were also given information on the importance of eating a properly balanced diet with the right nutritional values needed to maintain good health. The nutritional program provided our senior group to participate in the discussion about their nutrition, which made it all the more fun as they were able to join in on the discussions concerning proteins, carbs and sugar and their feedback was acknowledged.. For a couple of our residents it actually was a “flashback” in time for them as they both attended USU in the early 1940’s and most of their classes were centered in the Family Life Building and surrounding buildings related to their studies.





Danny Reilly	2-Mar
Jemimah Todd	3-Mar
Alexa Murray	4-Mar
Breanna Reece	4-Mar
Carrie Albrecht	5-Mar
Alisa May	5-Mar
Joshua Bryan	7-Mar
Josh Worley	7-Mar
Nathan W DeSpain	10-Mar
Roxanne Gibbons	12-Mar
Cindy Jones	13-Mar
Shauna Hobbs	14-Mar
Eliza Cristina Motruna	17-Mar
Valerie T Herzog	20-Mar
Kim Nydegger	20-Mar
Haylie Harrison	21-Mar
Alta Markeson	24-Mar
Hailee Ainsworth	24-Mar
Shalisha Hosking	27-Mar
Shayle Wines	28-Mar
Jill Eubanks	31-Mar
Angela Smith	31-Mar



Robin Downs

Home Health & Hospice Employee of the Month!

Robin Downs was chosen as employee of the month for February because she takes the extra time to understand her clients. Robin treats every client based on their needs and is very understanding when situations

arise in client's lives that require extra care and attention. Robin is always willing to fill in and take on shifts when coverage is needed whether it's because a peer called in sick or due to a last minute admit. Robin has been called an Angel by a number of our families. We recently had a long term patient named Barta who lived in Northern Utah, her husband said, "I could have never done this without Robin, she was an Angel". We are fortunate to have Robin as a full time Aide. Since joining our Hospice Work Family at Sunshine Hospice, Robin has provided aide services and care that goes above and beyond her job description, but moreover she continually touches the patient's hearts for good. Robin is an Angel to our patients and families.



Stephanie Lenzini

Skilled Nursing & Rehab Employee of the Month!

Stephanie Lenzini always finds a way to get all of the residents involved, including the ones who spend most of their time in bed. She has started an individual book with several of the residents and

spends time each shift reading with them. She has even spent her time off the clock reading to the residents. All the residents love her because she gives them something to look forward to during the day. Also, starting the books has motivated other aides to read with the residents as well.

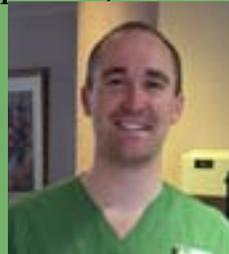
Also Nominated: Dan Ames, Maintenance; Bob Whittaker, CNA (W2 Evenings), Hope Francis, RN Float; Delilah Everhart, Transportation; and Brittney Cheney, NOC CNA.



Patsy Maughan

Terrace Grove Employee of the Month!

Patsy is our vetted CNA and "Mother Hen"! You will never find anyone as devoted and loving to our residents as Patsy! She comes to work prepared and works non-stop during her shift. She is here to please and make sure our residents are well cared for and they love her for all the attention she shows them. Patsy has worked here at Terrace Grove for many years and is a perfect example and role model for our new CNA's. She takes all of our CNA's under her wing and makes sure they understand what our goals are towards resident care, she is one of the best CNA's you would ever want caring for your loved ones. Patsy exhibits all the qualities you want for excellent patient care!



Andrew Bringhurst

Terrace Grove Employee of the Month!

Andrew, is the "Go To Guy" and we are happy to acknowledge his achievement as one of our "Employees of the Month" for March! He is always willing to help anywhere as needed with the residents

and staff. Andrew has a great outlook, never a negative attitude and spreads happiness to everyone around him as he works! You can count on him to be dependable and caring, always respectful and showing kindness to our residents. He is a favorite CNA to all of our residents, thanks for being top notch Andrew!

Also Nominated: Kylie Wolverton CNA, Tyler Fallentine CNA, Katelyn Mangum CNA, Rachel Irish CNA, Cassandra Monterrosa CNA, Kelly Hubbard CNA, and Landon Hitchcock, LPN

SERVICE AND DONATION NEEDS

Volunteering Opportunities

Terrace Grove Assisted Living is in need of some volunteers. Please contact Nancy Bennett at 435-716-0504 or email her at nancy.b@sunshineterrace.com if you are interesting in helping our residents with recreational activities or planning and implementing an activity for our residents.

Terrace Grove is wondering if anyone has an extra piano lying around, or if you would like to buy us a new one. The piano would be put in our Rec. Therapy room and used for activities.



We would love to have a Flat Screen TV in every room. They not only help us look up-to-date, but they usually have better picture quality and are lighter than traditional TVs.

Looking for a Service Project?

We are always open to volunteer service projects from any Community Groups, Schools or Churches.

Volunteering Opportunities

Here at Sunshine Terrace we rely on our Volunteers year round to help with activities and day-to-day needs. Please contact Cory at cory.funk@sunshineterrace.com if you are interesting in participating in any other following:

- Adopt a Grandparent Program
- Assist with an Activity
- Plan and Implement Your Own Activity
- Practicum/Internships

Go to <http://www.sunshineterrace.net/volunteers/> for more information.

Sunshine Terrace is in need of some Electric Recliner Lift Chairs for some of our rooms. Any clean chair in good working order would be greatly appreciated.



ANOTHER WAY TO HELP



You Shop. Amazon Gives.

- Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to Sunshine Terrace Foundation, Inc. if you choose us as your charity at smile.amazon.com.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service, same login.
- Support us by starting your shopping at smile.amazon.com!

THANK YOU!



A big thank you to everyone who participated and listened to “The Sunshine Way” radio program. It was a great success and we will be doing it again next season, starting in November!

Go to <http://www.sunshineterrace.net/the-sunshine-way/> to listen to the pod casts and review additional information.



Amy Anderson and Angela Smith, DPT: On The Air!

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435-716-8535

RECENT EVENTS



Residents building snowmen before all of the snow went away!

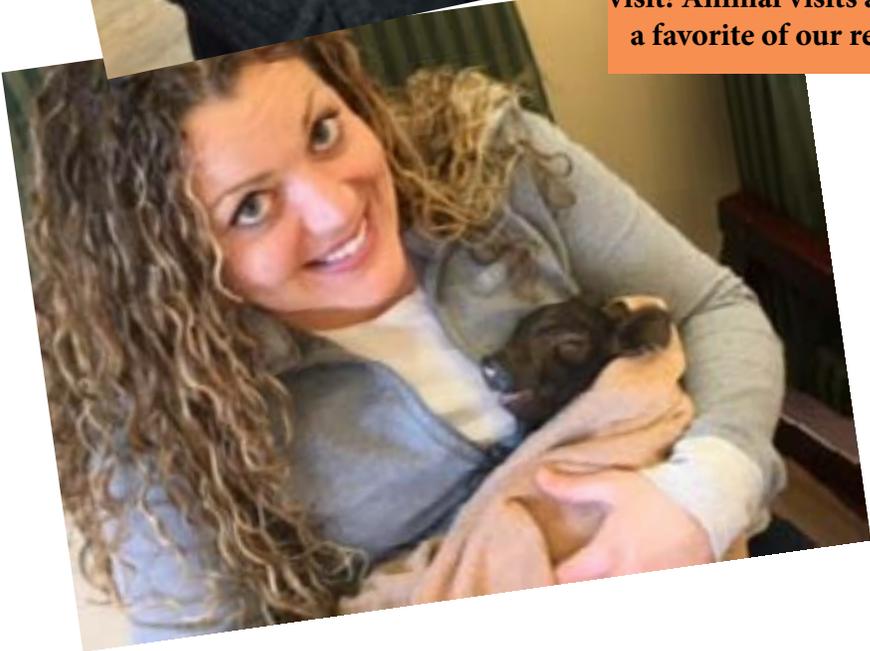
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RECENT EVENTS (cont)



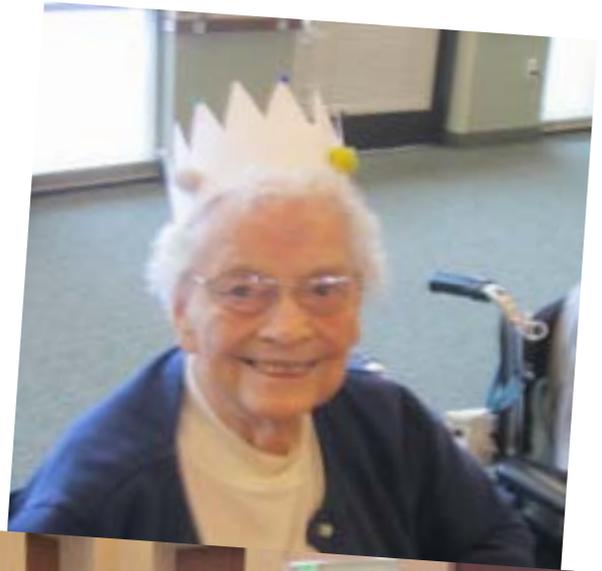
Who says you can't have an impromptu "Bridge Party" with friends anytime or anywhere??



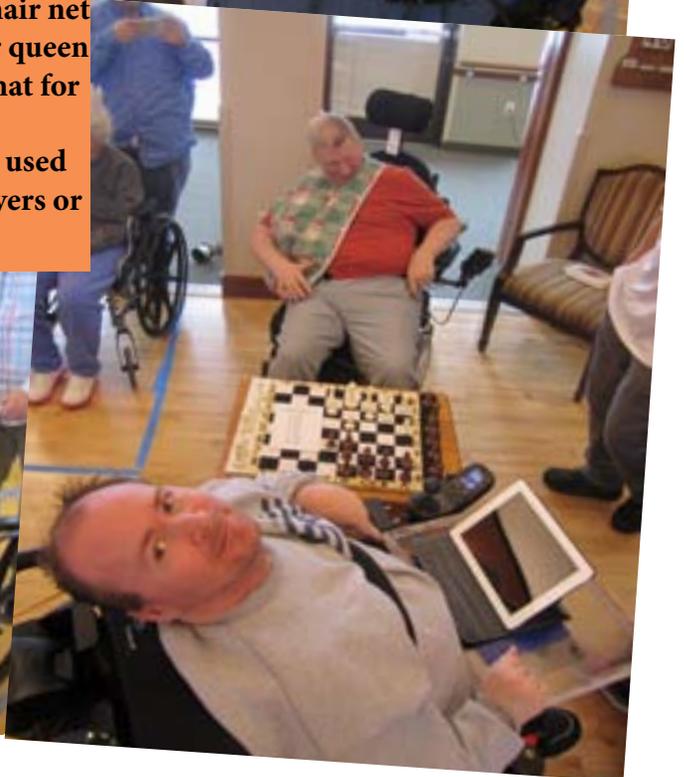
Everyone gets in on the fun when a baby pig comes to visit! Animal visits are always a favorite of our residents.



RECENT EVENTS (cont)



Human Chess: We used the residents as chess pieces and made the great room our chess board- the stick horses are knights, hair net is pawns, crowns for queen and king and cone hat for bishops. Foam swords were used to kill the other players or pieces.



8 RECENT EVENTS (cont)

A few of our residents showing off their St Patrick's Day "Rag Wreaths" they made during our Craft Corner activity for March! Everyone always looks forward to craft days and these wreaths turned out just perfect. Amazing what you can do with coat hangers and old cast off fabric!



Residents made some new friends at this popcorn ball activity!



FUTURE EVENTS



SAVE THE DATE!

Our 2nd Annual Croquet Tournament will be held Saturday, June 18, 2016 at the Old Crookston Homestead. Last year was a lot of fun and we learned a lot, so this year should be even better! Please help us get the word out. We will need many Volunteers, Sponsors, and Players! For more information please visit our website at <http://www.sunshineterrace.net/the-sunshine-swing-croquet/>

For Rec. Therapy's Calendar please go to: <http://www.sunshineterrace.net/sunshine-skilled-nursing-rehab/>
For Terrace Grove's Calendar please go to: <http://www.sunshineterrace.net/terrace-grove-assisted-living/>



<http://www.sunshineterrace.com>

Please Email Pictures, Announcements, and Ideas for Future Newsletters to julie.stockdale@sunshineterrace.com

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Terrace Grove Assisted Living
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Sunshine Home Health & Hospice
225 North 200 West
Logan, Utah 84321
435-716-8541

AquaWorx Physical Therapy & Fitness
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Logan, Utah 84321
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