



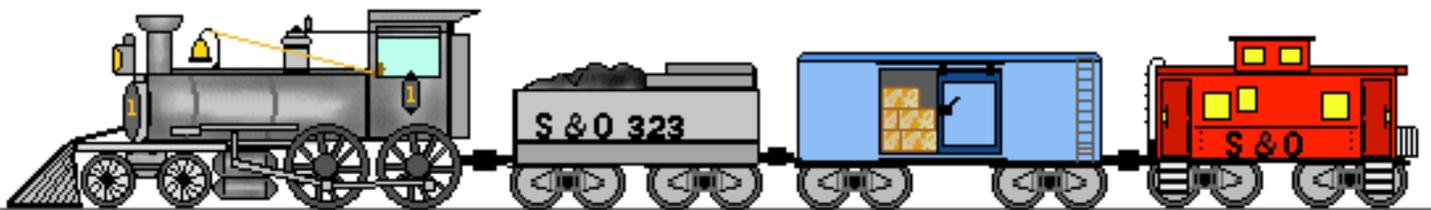
SUNSHINE LINE - THE INSIDE TRACK

The Sunshine Terrace Newsletter

Volume 39, 4/19/16



A Big Thanks to Common Ground Outdoor Adventures and Beaver Mountain for helping us “Bring More to Life” for a few of our more adventurous residents!





Taylor Rasmussen	2-Apr
Mackenzie Cardon	3-Apr
Else Engler	5-Apr
Jordan Brown	6-Apr
LaLoni Stott	6-Apr
Jean E Schenk	7-Apr
Shanon Pearce	8-Apr
Courtney Fisher	8-Apr
Patricia Richardson	10-Apr
Pam McDaniel	11-Apr
Karlee Larsen	12-Apr
Sheena Petersen	14-Apr
Virginia Willden	16-Apr
Joyce Somers	18-Apr
Jessica Keller	19-Apr
Austyn Markham	20-Apr
Kayley Tanner	21-Apr
Cristal Griffeth	21-Apr
Becky Holmquist	21-Apr
Kortni Morriss	22-Apr
Sierra England	22-Apr
Danielle Gehring	24-Apr
Irene Hendrix	24-Apr
Joyce Larson	25-Apr
Mackenzie Womack	25-Apr
Brooklyn Friedli	28-Apr
Charlotte Johnson	29-Apr
Bryan Erickson	29-Apr
Evelyn Sibbernsen	29-Apr



Pam McDaniel,
CNA

Home Health & Hospice Employee of the Month!

Pam has worked for the Sunshine Foundation for many years, and we are so fortunate to have her as one of our Aides here in Home Health and Hospice. Often times Aide work is a stepping stone for future careers in our healthcare

industry. However, we are excited that Pam has chosen to be an Aide for her entire career. She brings a beautiful smile, great enthusiasm and compassion to her role as a C.N.A. Any time we need a shift covered, Pam is always willing to fill in and help out to ensure our patient's needs are met. We have a saying here in our businesses that helps us with decision making; "Always treat the patients and families as if they were your own". This come very easy for Pam, she is always so caring and compassionate. Pam has made quite a positive impression on our patients; she is always in high demand! We are proud to say Pam McDaniel is part of our work family.



Katie Blanchard, RN

Skilled Nursing & Rehab Employee of the Month!

Katie is an evening nurse for Wings 6 & 7. She is wonderfully thorough. She is consistent with her care and is great with every resident. She's always willing to pause and answer questions of other staff members, as well as,

residents and family members. Katie is always doing what is best for the resident. I remember a time where I couldn't find a resident that was brought to our facility the day before and learned that Katie and sent them back to the Hospital due to a medical condition that the hospital had missed even though the resident had only been here for a little over an hour. She is personable and just overall awesome!

Also Nominated: Dillon Ellis, Andrea Carlsen, Rachel Johnston, Pattamon South, Karina Arellano-Carrillo, Debbie Gittins, Dani Gehring, Hallie Williams, and the Evening Staff on Wing1.



Landon Hitchcock,
LPN

Terrace Grove Employee of the Month!

Landon started out as a CNA at Terrace Grove, is now a LPN (on NOC shift), and he is working towards his RN. He is very gifted and is genuinely interested in giving his all to the care of our residents. Landon has the ability to uplift the spirits of all he comes in contact with and is a diligent hard worker! He shows compassion and empathy, is kind and caring, but most of all willing to step in and help whenever and wherever he is needed.

Also Nominated: Laura Spall, LPN; Kelly Hubbard, CNA; Tyler Fallentine, CNA; Juliane Cook, Dietary Department; Keaton Papke, Houskeeping and Megan Bagwell, Admin. Assistant



Angela Smith, DPT

AquaWorx Employee of the Quarter!

Angela is a Physical Therapist at AquaWorx. She genuinely cares about her patients and helps them enjoy coming in. She has helped so many patients improve their quality of life. She specializes in Vertigo

(Balance) and is always willing to stop into a treatment room to help assess clients that bring up this kind of concern with another therapist. She is a team player that will help answer and research questions for other employees. Angela is always very friendly and kind to the patients and is great at finding new and innovative ways to treat them.

Also Nominated: Mike Mumford, Brock Christiansen, and Eric Hanyak.

SERVICE AND DONATION NEEDS

Volunteering Opportunities

Terrace Grove Assisted Living is in need of some volunteers. Please contact Nancy Bennett at 435-716-0504 or email her at nancy.b@sunshineterrace.com if you are interesting in helping our residents with recreational activities or planning and implementing an activity for our residents.

Terrace Grove is wondering if anyone has an extra piano lying around, or if you would like to buy us a new one. The piano would be put in our Rec. Therapy room and used for activities.



We would love to have a Flat Screen TV in every room. They not only help us look up-to-date, but they usually have better picture quality and are lighter than traditional TVs.

Looking for a Service Project?

We are always open to volunteer service projects from any Community Groups, Schools or Churches.

Sunshine Terrace is in need of some Electric Recliner Lift Chairs for some of our rooms. Any clean chair in good working order would be greatly appreciated.



Volunteering Opportunities

Here at Sunshine Terrace we rely on our Volunteers year round to help with activities and day-to-day needs. Please contact Cory at cory.funk@sunshineterrace.com if you are interesting in participating in any other following:

- Adopt a Grandparent Program
- Assist with an Activity
- Plan and Implement Your Own Activity
- Practicum/Internships

Go to <http://www.sunshineterrace.net/volunteers/> for more information.

ANOTHER WAY TO HELP



You Shop. Amazon Gives.

- Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to Sunshine Terrace Foundation, Inc. if you choose us as your charity at smile.amazon.com.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service, same login.
- Support us by starting your shopping at smile.amazon.com!

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Wednesday or Friday*

MEGA DEAL at: \$40.00 for an Hour Massage

*Call now for your appointment
435-716-8535*

THANK YOU!

Dear Terrace Grove Family -
 Thank you for the beautiful
 flowers you gave for our mother's
 funeral. Thank you also for
 the care and compassion shown
 to our parents and our family
 during this difficult time.
 Sincerely, The Sherman Lindhardt Family

RECENT EVENTS



Trenton Chang, classical pianist from Logan High School came for a visit. Trenton got a perfect 36 on his SAT test and is the top student at Logan High School. He started playing piano when he was 3 years old. He is a prodigy.



Luck 'O the Irish Concert!
 Music Therapy gave us a
 wonderful performance full
 of Irish songs for St. Patrick's
 Day!



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RECENT EVENTS (cont)



Community Outings!
With the weather warming up, we are able to take a few trips into the community!



Volunteer reading to a resident. This activity helps the child's reading skills and our residents always enjoy it!



The Gee Sisters put on a wonderful performance for our Terrace Grove Residents.



Puppy Party!
This cute little guy had a great time visiting our residents and our residents completely fell in love!



For our "Cat People" we also brought in a couple of playful kittens.



RECENT EVENTS (cont)

Dying Easter Eggs!



Residents at Terrace Grove had a wonderful time decorating and eating these amazing Easter Cookies!



Terrace Grove got into the Easter Spirit by dying Easter Eggs and putting together some beautiful Easter Baskets.

8 FUTURE EVENTS



*Bringing More to Life
That's the Sunshine Way!*
**The Sunshine Terrace Foundation
Annual Meeting**
Thursday, April 21, 2016
3:00-4:30 PM
AquaWorx - 2nd Floor Gym
209 West 300 North, Logan
3:00-3:30pm Meet and Greet
3:30-4:30pm Annual Business Meeting
Serving Cache Valley for Over 67 Years!

SAVE THE DATE!

Our 2nd Annual Croquet Tournament will be held Saturday, June 18, 2016 at the Old Crookston Homestead. Last year was a lot of fun and we learned a lot, so this year should be even better! Please help us get the word out. We will need many Volunteers, Sponsors, and Players! For more information please visit our website at <http://www.sunshineterrace.net/the-sunshine-swing-croquet/>

It's Always Too Early Until It's Too Late

No care decisions are more profound than those made near the end of life. If you don't want to talk about dying—you are not alone. It's not easy.

Join us for a discussion on how to talk with your family to reach a simple goal: to have individual wishes for end-of-life care expressed and respected.

Learn how to think through your own values and wishes and start a conversation. We want you to be the expert on your wishes or those of your parents and loved ones. Leave with the tools and documents you need.

A CONVERSATION PROJECT EVENT

**Thursday
April 21st
2-3 pm
Free and
open to all**

**Logan Library
Bridger Room
255 N. Main Street
Logan, UT**

Sponsored by:
• Cache Valley Senior Consulting
• Sunshine Terrace Foundation
• Utah State University Department of Family, Consumer, and Human Development

Call 435-535-5296 for more information



For Rec. Therapy's Calendar please go to: <http://www.sunshineterrace.net/sunshine-skilled-nursing-rehab/>
For Terrace Grove's Calendar please go to: <http://www.sunshineterrace.net/terrace-grove-assisted-living/>



<http://www.sunshineterrace.com>

Please Email Pictures, Announcements, and Ideas for Future Newsletters to julie.stockdale@sunshineterrace.com

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Nursing and Rehab**
248 West 300 North
Logan, Utah 84321
435-752-0411

**Terrace Grove Assisted
Living**
345 North 200 West
Logan, Utah 84321
435-787-2855

**Sunshine Home Health &
Hospice**
225 North 200 West
Logan, Utah 84321
435-716-8541

**AquaWorx Physical
Therapy & Fitness**
209 West 300 North
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