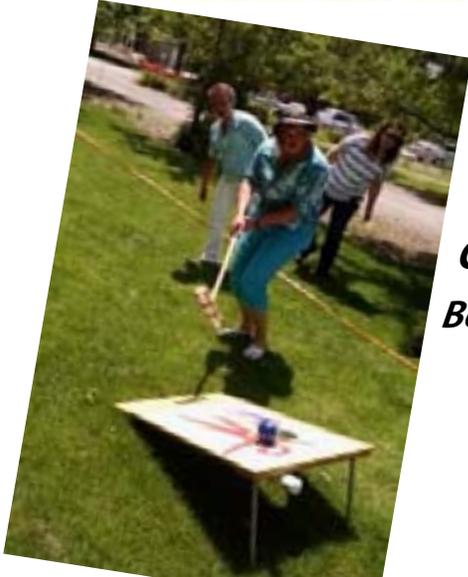




# SUNSHINE LINE - THE INSIDE TRACK

The Sunshine Terrace Newsletter

Volume 40, 5/16/16



## **The Sunshine Swing**

### ***Croquet Tournament and Lawn Party Benefiting the Sunshine Terrace Foundation***

*Celebrating 67 years of Caring*

***Saturday, June 18, 2016 1-4 pm***

***The Old Crookston Homestead  
1491 East 2300 North, Logan***



- Registration includes play, appetizers and 2 beverage tickets
- Lightning Round Competition Starts at 1:30 pm
- \$50 per person, 6-person teams
- Strolling musicians, entertainment
- Prizes for best team hats and costumes
- Spectator tickets available for \$20 includes food and 1 beverage ticket
- Adults 21+ only please.



To Register or for more information, go to  
<http://www.sunshineterrace.net/the-sunshine-swing-croquet/>  
 Or Contact Alta Markeson 435-754-0203  
[altam@sunshineterrace.com](mailto:altam@sunshineterrace.com)



Laura Roberts	5/1
Suzanne Balls	5/1
Thomas S Hoffman	5/2
Laura Clayton	5/3
Debra Gittins	5/6
Jacob Penrose	5/8
Jacob Rodriguez	5/8
Josselyn White	5/14
Mindy Anhder	5/15
Jessica Parkinson	5/16
Joshua Langford	5/16
Megan A Bagwell	5/19
Tianna Warby	5/19
Kellie Sheets	5/20
Dianne Hardy	5/20
Stephanie Bland	5/21
Haley Norman	5/22
Randy Sharp	5/25
Emmie Kemp	5/26
Kelsi D Dagley	5/26
Julie Stockdale	5/27
Lisa Hill	5/28
Kaylie Jerman	5/28
Britney Cutler	5/29

### Home Health & Hospice Employee of the Month!



Jill Davis, CNA

Jill Davis has been chosen for our April 2016 Employee of the month. Jill has work for us many years and she brings a great deal of knowledge and insight into our patients and families lives. We feel very fortunate to have her as one

of our Aides here at Sunshine Home Health and Hospice. Jill is a delightful person and a wonderful caregiver. We have a saying here in our businesses that helps us with decision making; "Always treat the patients and families as if they were your own". Jill is a great fit for this saying; she has an innate ability to make each patient and family feel like they are the most important person at that point and time. Not only do her patients love her, but the same can be said about everyone she comes in contact with. Jill is always willing to give up her own time to meet the needs of patients, and is flexible to be there when emergencies arise. Jill is dedicated to ensuring that her patients have everything they need and patients can hardly wait for her arrival. Jill takes the extra time to understand her patients. She treats every patient based on their needs and is very understanding when situations arise in patient's lives that require extra care and attention. Her kind nature and loving demeanor makes her the perfect candidate for our April employee of the month!



Lucille Hadfield

### Skilled Nursing & Rehab Employee of the Month!

Lucille is one of our Front Desk Receptionists. She is so willing and eager to step in and help families. She has taken it upon herself to make sure we always have the welcome bags ready in

the rooms. She will make up the bags on her weekends when she is here and it is slower at the front desk. She also is willing to take families on tours and answer questions if I am busy or not available. She has become a great asset to us. She anticipates possible needs like when we had students coming in to talk to residents about the great depression. She took it upon herself to gather a list and ask the residents permission so that if more students came in we would be able to help them. She is always doing little things like that behind the scenes that no one really ever even knows about.

Others nominations: Debbie Gittins, Kerry, Wes Castillo, Heidi Farnworth, the Rec. Therapy department, and Connor Berry

### Terrace Grove Employee of the Month!



Kelly Hubbard, CNA

We are honored to have Kelly Hubbard, CNA, as our "Employee of the Month for May"! Everyone here at Terrace Grove loves Kelly, she is just a perfect example of a true, caring and loving individual.

If anything needs to be done, you never have to ask her, she just does it and goes on with her job! A sampling of the comments made during the voting this month for Kelly from our staff, shows how she does her job and how her co-workers feel about this amazing lady! Kelly shows her love and appreciation for those residents she cares for and yes, she thanks them for that privilege. Kelly is compassionate about her job and makes sure that it is done in an extremely efficient manner, nothing is ever left undone or completed half way, she gives all her effort on her shift. Always cheerful and boosts her team mates energy levels, we love it when we get to work with Kelly. Besides being "super sweet," she is a "winner" in every way and a great team leader! On the days Kelly isn't working, she is enjoying her life with her husband and two almost grown children. She loves family outings, camping in their RV and making new friends wherever she goes. Terrace Grove benefits so much from Kelly as her cheery attitude rubs off on everyone around her, a shining example to all of us!

Others nominations: Rachel Bickmore, LPN; Kristi Wilkinson, LPN; Megan Bagwell, Admin Asst.; Emily Israelsen, Music Aid; Laura Spall, CNA; Kim Oldroyd, CNA; Taylor Rasmussen, CNA; and Tyler Fallentine, CNA.

# SERVICE AND DONATION NEEDS

## Volunteering Opportunities

Terrace Grove Assisted Living is in need of some volunteers. Please contact Nancy Bennett at 435-716-0504 or email her at [nancy.b@sunshineterrace.com](mailto:nancy.b@sunshineterrace.com) if you are interesting in helping our residents with recreational activities or planning and implementing an activity for our residents.

Terrace Grove is wondering if anyone has an extra piano lying around, or if you would like to buy us a new one. The piano would be put in our Rec. Therapy room and used for activities.



We would love to have a Flat Screen TV in every room. They not only help us look up-to-date, but they usually have better picture quality and are lighter than traditional TVs.

### Looking for a Service Project?

We are always open to volunteer service projects from any Community Groups, Schools or Churches.

## Volunteering Opportunities

Here at Sunshine Terrace we rely on our Volunteers year round to help with activities and day-to-day needs. Please contact Cory at [cory.funk@sunshineterrace.com](mailto:cory.funk@sunshineterrace.com) if you are interesting in participating in any other following:

- Adopt a Grandparent Program
- Assist with an Activity
- Plan and Implement Your Own Activity
- Practicum/Internships

Go to <http://www.sunshineterrace.net/volunteers/> for more information.

Sunshine Terrace is in need of some Electric Recliner Lift Chairs for some of our rooms. Any clean chair in good working order would be greatly appreciated.



# ANOTHER WAY TO HELP



**You Shop. Amazon Gives.**

- Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to Sunshine Terrace Foundation, Inc. if you choose us as your charity at [smile.amazon.com](https://smile.amazon.com).
- AmazonSmile is the same Amazon you know. Same products, same prices, same service, same login.
- Support us by starting your shopping at [smile.amazon.com](https://smile.amazon.com)!

# TREAT YOURSELF

*Get Your Massage At*



**Physical Therapy  
& Fitness**

209 W 300 N, Logan UT



*Pamper yourself on any Monday,  
Wednesday or Friday*

**MEGA DEAL at: \$40.00 for an Hour Massage**

*Call now for your appointment  
435-716-8535*

# ANNOUNCEMENTS



Utah State University's Aggies Elevated program graduated its first class this year, presenting the students with gifts following their participation in a panel discussion about their experiences. From left to right: Natalie Allen, Taylor Henrie, Troy Shumway, Jenna Mosher, Riley Cochran, Sarah Bullen.

## Aggies Elevated graduates first class of students

Nancy Bennett, Rec Therapy Director for Terrace Grove Assisted Living, had the opportunity to be a small part of the "Aggies Elevated program," by having Troy Shumway, from San Diego, as her student here at Terrace Grove. Troy is the tall fellow with the white shirt on. This is a brand new two year USU program for young adults with intellectual disabilities, which allows students an accelerated college degree within a two year period. Troy did an exceptional job while he was here to interact with our residents, they were all so accepting of him and treated him like their grandson. What is so unique about the Aggies Elevated program is it gives these young people and actual college degree, as opposed to training at a Vocational Tech School, especially for those individuals who function on a higher level than those with more severe learning disabilities. Congratulations on our graduation, Troy!

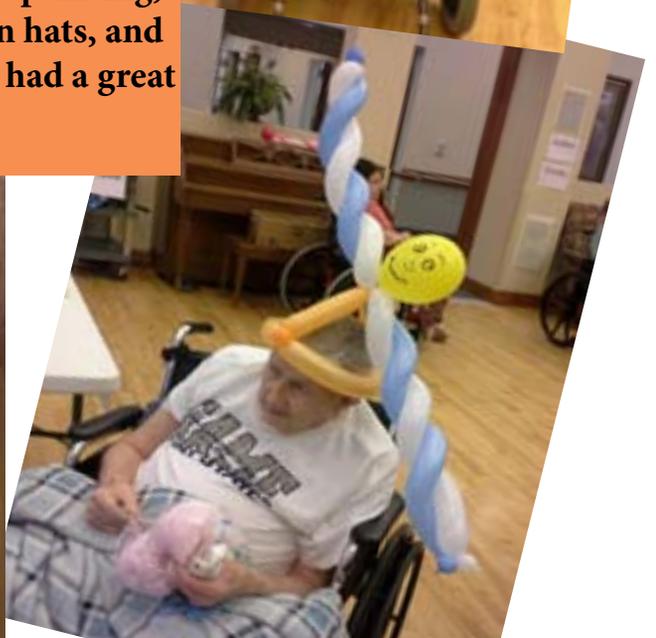


On Tuesday, May 10, 2016, Sunshine Terrace had a crew come in to replace a concrete bridge in the AquaWorx parking lot. The new bridge looks great! We will open that area of the parking lot up to traffic after May 19, 2016.

# 6 RECENT EVENTS



**Sunshine Terrace Skilled Nursing & Rehab had a wonderful carnival! The event included face painting, carnival games, balloon hats, and cotton candy! Everyone had a great time!**



**Terrace Grove recently had the honor of restoring a friendship. These sweet ladies raised their families in the same neighborhood and were very good friends. Now after all these years, they are both living at Terrace Grove and are renewing their close old friendship!**



# RECENT EVENTS (cont)



Terrace Grove strives to provide extra activities for those residents who want to do independent activities. Here are a couple of our residents doing their art work and working on a puzzle.



Music Week: For the first day of music week, our residents were entertained with a Disney Dreams Concert. Our Music Therapy Staff and Volunteers played music and sang many popular Disney songs! (We will have more pictures from Music Week in next month's Newsletter.)



# 8 FUTURE EVENTS



**SUNSHINE TERRACE FOUNDATION**  
*Bringing More to Life  
That's the Sunshine Way*

Please join us as we gather for our annual **Spring Memorial Event**. Together, we honor the memory of our loved ones with the community and our Sunshine family.

The night will be highlighted by music, reflection and refreshments.



**May 23, 2016 at 5 pm**  **SUNSHINE MEMORY GROVE**

248 West 300 North in Logan 435-752-0411 A memorial for the ones we love

## SAVE THE DATE!

**Our 2nd Annual Croquet Tournament will be held Saturday, June 18, 2016 at the Old Crookston Homestead.**

**Last year was a lot of fun and we learned a lot, so this year should be even better!**

**Please help us get the word out. We will need many Volunteers, Sponsors, and Players!**

**For more information please visit our website at <http://www.sunshineterrace.net/the-sunshine-swing-croquet/>**



For Rec. Therapy's Calendar please go to: <http://www.sunshineterrace.net/sunshine-skilled-nursing-rehab/>  
For Terrace Grove's Calendar please go to: <http://www.sunshineterrace.net/terrace-grove-assisted-living/>



Please Email Pictures, Announcements, and Ideas for Future Newsletters to [julie.stockdale@sunshineterrace.com](mailto:julie.stockdale@sunshineterrace.com)

**Sunshine Terrace Skilled  
Nursing and Rehab**  
248 West 300 North  
Logan, Utah 84321  
435-752-0411

**Terrace Grove Assisted  
Living**  
345 North 200 West  
Logan, Utah 84321  
435-787-2855

**Sunshine Home Health &  
Hospice**  
225 North 200 West  
Logan, Utah 84321  
435-716-8541

**AquaWorx Physical  
Therapy & Fitness**  
209 West 300 North  
Logan, Utah 84321  
435-716-8535