



SUNSHINE TERRACE FOUNDATION FOUNDERS DAY, CELEBRATING 68 YEARS!



President's Award Recipients

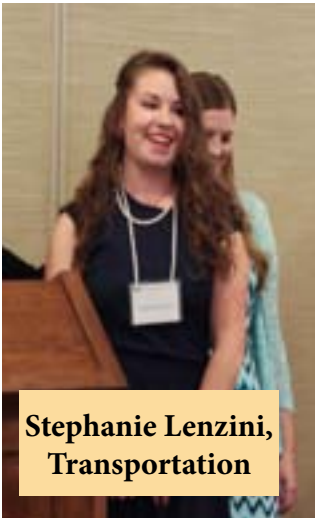


Intermountain Logan Regional Hospital

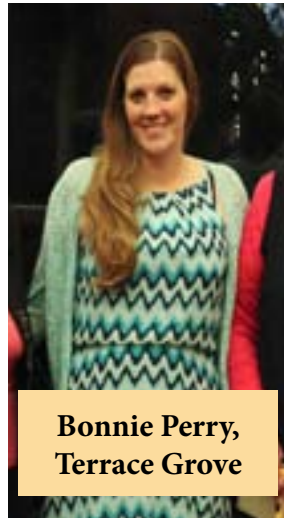
Intermountain Logan Regional Hospital began serving Cache Valley in 1914 as the Utah Idaho Hospital. It became the William Budge Memorial Hospital, then the Logan LDS Hospital. In 1975 the hospital became part of Intermountain Healthcare.

Today Intermountain Logan Regional Hospital is dedicated to helping people live the healthiest lives possible. The modern hospital campus offers several new state-of-the-art centers for care including the Women and Newborn Center, the Heart Services Center and the Cancer Center. It also houses the new Intermountain Budge Clinic.

Bringing More to Life Employee Recognition



Stephanie Lenzini,
Transportation



Bonnie Perry,
Terrace Grove



Jill Davis,
Sunshine HHH

Pam McDaniel,
Sunshine HHH



Guest Speaker

Team Brenchley

Brian Brenchley and Tyler Sorensen are Team Brenchley, friends who met in college and became running partners. This remarkable duo just completed their 10th St. George Marathon. Tyler pushes Brian in a specially modified wheelchair. Together they have also participated in the Utah Grand Slam, including the Top of Utah Marathon. Although Brian lives at Sunshine Terrace and Tyler lives in Salt Lake City, they just keep on running.

ANOTHER WAY TO HELP



You Shop. Amazon Gives.

- Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to Sunshine Terrace Foundation, Inc. if you choose us as your charity at smile.amazon.com.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service, same login.
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Rhett Jorgensen	1-Nov
Alex Perkins	1-Nov
Steffany Willis	4-Nov
Kylie Jones	4-Nov
Cassidee Nelson	4-Nov
Morgan Penrose	4-Nov
Morgan Walker	5-Nov
Tawni Baird	5-Nov
ShayAnn Brown	7-Nov
Trudy Haws	7-Nov
Heather Young	8-Nov
Robert Whittaker	9-Nov
Natasha Cox	9-Nov
Hope Francis	10-Nov
Laura Winslow	12-Nov
Margaret A Pavithran	12-Nov
Rebecca Larsen	12-Nov
Marianne Miller	14-Nov
Kelsi Cannon	15-Nov
Victoria Angelieri	18-Nov
Madison Cutler	18-Nov
Hailey Hall	18-Nov
Cierra Jensen	21-Nov
Allie Utley	22-Nov
Aaron Wyatt	23-Nov
Tylar B Baer	25-Nov
Hannah Anderson	25-Nov
Mykel Hooley	26-Nov
Ashley Amundsen	27-Nov
Sarah Gee	27-Nov
TyLee Bagley Boswell	27-Nov
Kara Armstrong	27-Nov



Lacie Norman,
CNA

**Home Health & Hospice
Employee of the Month!**
Lacy may be quiet but she is definitely noticed due to her excellent skills and high demand. Lacie is one of our most requested aides. Current patients love her due to her high work standards, dependability, and gentleness. They have also spread the word about her loving care giving for we often receive new referrals that instantly request to have Lacie as their aide. Lacie is always willing to rearrange her schedule to accommodate emergency visits, and fills in for her peers when they are ill. Every time Lacie comes into the office or into a patient home, the room lights up due to her infectious smile and radiant personality. Lacie was one of three aides who were recently mention in a memorial program for one of our hospice patients who had passed away. The family wanted to ensure that she was recognized for the care and companionship she brought to their loved one during the final months of her life.



Randy Sharp, RN

**Skilled Nursing & Rehab
Employee of the Month!**

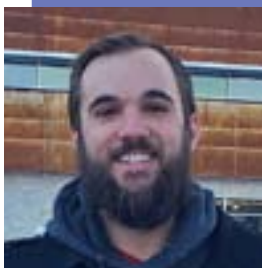
Randy is our head nurse on Wing 3. He cares greatly for all of the residents under his care and works hard to make sure their needs are met. He has done a wonderful job healing the chronic skin ulcers of several residents. He only recently became head nurse of Wing 3 and he has done a wonderful job making improvements with the care of each resident. Thank you, Randy!



Cristina Motruna,
Dietary Aide

**Terrace Grove Employee of the
Month!**

Cristina is a Dietary Worker, and cheers everyone up on a daily basis with her positive, upbeat personality! Our residents adore her and she in turn always makes sure they are well taken care of with their dietary needs. Cristina goes out of her way to make or provide the extra little treats for them they request. Her team workers in Dietary, love working their shifts with her as she makes the day go faster and she is always smiling and happy. Cristina and her family moved to the United States just two years ago from Romania, she is already fluent in speaking English and to top that off, she scored a 35 on her ACT score and got a full ride scholarship to several schools including Stanford University, but is planning on attending USU to stay near her family. She has acclimated herself into an excellent student and quick learner! We love having her here at Terrace Grove and Cristina is a ray of "sunshine" for everyone she comes in contact with.



**AquaWorx Employee of
the Quarter!**

James was recently hired on as a PRN Exercise Specialist, but not too long ago, we needed a new housekeeper for the AquaWorx building and he rose to the task. James has been very proactive with his job and is

James Neeley,
Exercise Specialist

always there to help others. He will see a problem and fix it without needing to be asked. He has a wonderful demeanor with our clients and stays very focused on what would be best for each individual. He does such a great job cleaning the building. His amazing attitude and willingness to help is what makes James our employee of the quarter. Thanks James, for all you do!

SERVICE AND DONATION NEEDS

Volunteering Opportunities

Terrace Grove Assisted Living is in need of volunteers. Please contact Nancy Bennett at 435-716-0504 or email her at nancy.b@sunshineterrace.com for more information.

We have summer picnics, bus rides, and other summer adventures that we need your help with!



Possible Eagle Scout Project:

One of our Storage areas is in need of some new shelving. This would be a great basic building project for anyone looking to get their Eagle Scout.

Please contact Cindy Jones at cindyj3@sunshineterrace.com or 435-754-0244 if you are interested or have any questions.

Terrace Grove is wondering if anyone has an extra piano lying around, or if you would like to buy us a new one. The piano would be put in our Rec. Therapy room and used for activities.



We would love to have a Flat Screen TV in every room. They not only help us look up-to-date, but they usually have better picture quality and are lighter than traditional TVs.



Volunteering Opportunities

Here at Sunshine Terrace we rely on our Volunteers year round to help with activities and day-to-day needs. Please contact Cory at cory.funk@sunshineterrace.com if you are interesting in participating in any other following:

- Adopt a Grandparent Program
- Assist with an Activity
- Plan and Implement Your Own Activity
- Practicum/Internships



Sunshine Terrace is in need of some Electric Recliner Lift Chairs for some of our rooms. Any clean chair in good working order would be greatly appreciated.

Looking for a Service Project?

We are always open to volunteer service projects from any Community Groups, Schools or Churches.

Go to <http://www.sunshineterrace.net/volunteers/> for more information.

RECENT EVENTS



Our residents had a great time decorating pumpkins for the pumpkin walk!



It was a beautiful day for our annual outing to the Pumpkin Walk!



Our residents loved this little volunteer!



A Big Thank You to the USU Aviation Department for taking time out of their day for this amazing aviation presentation! Our residents loved it!



RECENT EVENTS (c



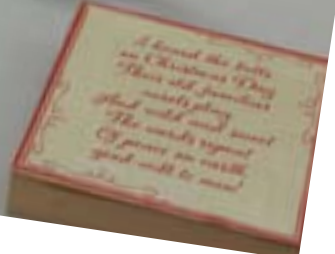
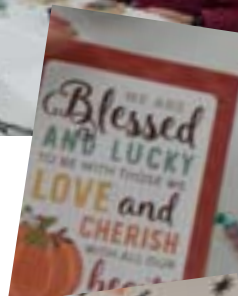
Ellis Elementary School comes every year at Halloween to do a costume parade for our residents. Our residents love having the children and it's a highlight of Terrace Groves Halloween Week!

Our annual "Halloween Trick or Treat" with our resident's passing out candy. This year we had close to 300 Trick or Treaters....that's a lot of candy!!



For Terrace Groves Craft day in October, we combined November and December crafts and it made a fun afternoon of crafting.

Our residents love to dress up!



Our cute little Ghosts & Goblins in our Intergenerational Children's group. Our residents hosted a Halloween Carnival for the kids for Halloween Week!



FUTURE EVENTS



We will be having a bake sale all day Friday, Nov. 18th in the great room all day. We need you to donate your delicious creations for us to sell and buy to help support our foundation! All the proceeds go to our staff fund for Christmas!



INSURANCE OPEN ENROLLMENT

When: December 1, 2016
10:30 am or 3:30 pm

Where: Skilled Nursing and Rehab Great Room

Who should attend?: All Full-time Employee (30+ hours/week) need to attend one of the sessions.



Also on Friday, Nov. 18th we will be holding a wrapping paper exchange. Bring us your Christmas Wrapping Paper and we will switch it out for Birthday Wrapping Paper. Donations of Christmas Wrapping Paper are Welcome!

For Rec. Therapy's Calendar please go to: <http://www.sunshineterrace.net/sunshine-skilled-nursing-rehab/>
For Terrace Grove's Calendar please go to: <http://www.sunshineterrace.net/terrace-grove-assisted-living/>



the **SUNSHINE GROUP**

<http://www.sunshineterrace.com>

Please Email Pictures, Announcements, and Ideas for Future Newsletters to julie.stockdale@sunshineterrace.com

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Terrace Grove Assisted
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Logan, Utah 84321
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Sunshine Home Health &
Hospice
225 North 200 West
Logan, Utah 84321
435-716-8541

AquaWorx Physical
Therapy & Fitness
209 West 300 North
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