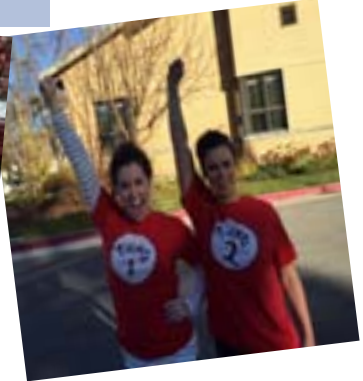
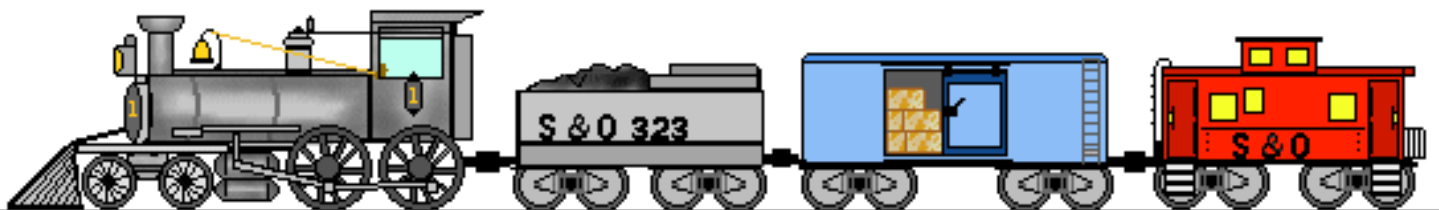


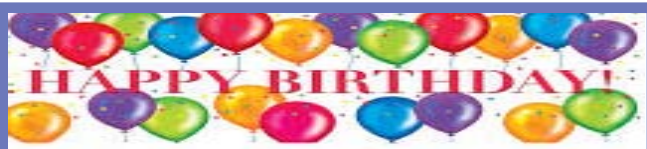
Kim Nydegger
HHH Administrator

Congratulations Sunshine Home Health!

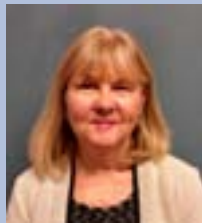


While Logan and Cache County schools were out for Spring Break, Sunshine Home Health welcomed the State Surveyors into our building. After spending a couple of days going through reports, patient charts, employee records, and talking with Home Health clients, the surveyors recommended **ZERO** citations! As anyone who has been through a survey knows, this is quite a feat. Thank you to every member of the Home Health team; your hard work is much appreciated!





Makel Durham	1-Apr
Taylor Rasmussen	2-Apr
Aubrey Strong	2-Apr
Else Engler	5-Apr
Abbey Wilde	6-Apr
Jean E Schenk	7-Apr
Shanon Pearce	8-Apr
Courtney Blakeslee	8-Apr
Jordyn Drake	8-Apr
Patricia Richardson	10-Apr
Kristina Stock	10-Apr
Pam McDaniel	11-Apr
Dominick Johnson	11-Apr
Karlee Larsen	12-Apr
RaQuel Humphreys	13-Apr
Sheena Petersen	14-Apr
Tyler Cox	15-Apr
Raven Spackman	15-Apr
Virginia Willden	16-Apr
Cosette Morgan	16-Apr
Jessica Keller	19-Apr
Cristal Griffeth	21-Apr
Becky Holmquist	21-Apr
Kortni Morriss	22-Apr
Irene Hendrix	24-Apr
Samantha Walker	24-Apr
Mackenzie Womack	25-Apr
Brooklyn Friedli	28-Apr
Bryan Erickson	29-Apr
Kaden Lindley	29-Apr
Evelyn Sibbernsen	29-Apr



Paula Penn

**Home Health & Hospice
New Employee Spotlight**

HHH would like to recognize our new Hospice Office Manager, Paula Penn. Paula brings with her 15 years of hospice office experience. She is very familiar with federal rules and regulations, and is very detail oriented.

Paula is also our new Volunteer Coordinator and Outreach Representative. Much of Paula's hospice experience took place while residing in Oregon for 15 years. Paula moved back to Logan over two years ago and enjoys the beauty of Cache Valley and the City of Logan. She has a new granddaughter, and is very excited for this new addition to her family. Paula has several hobbies which include; travel, reading, cooking, and playing scrabble. One night a week Paula also volunteers at the English Language Center. Paula has expressed her excitement of joining the Sunshine team, and we are just as excited to welcome her into the H3 team.



Kellie Harris, RN

**Skilled Nursing & Rehab
Employee of the Month!**

Kellie Harris is a nurse on Wing 4. She has things running so smooth. She has such a calm domineer and families and residents love her.

The residents feel confident in the care they are receiving. She is always going above and beyond for her residents, but does so quietly.

Kellie is a hard worker who pays attention to detail and makes sure each of residents have everything they need. Her fellow employees enjoy working with her and know that she will be willing to help with anything they need.

Congratulations, Kellie!



Bonnie Perry, LPN

**Terrace Grove Employee of
the Month!**

Terrace Grove Employee of the month is Bonnie Perry. Bonnie is our Nurse Supervisor and has been with Terrace Grove for 10 years. Bonnie started out as a CNA and then completed the LPN Program; she knows all the "ins and outs" of our Assisted Living Level II Facility. Our residents and their families absolutely adore Bonnie. She is in tune with their needs and wants, and is able to show them love, compassion and to reassure them when they need it! Bonnie, is always on top of what needs to be done and is always a help to our new nurses in training.

Bonnie is the mother of four children and is very involved in their lives. As a family they enjoy camping, fishing, hiking, school sports and pulling pranks on each other. Bonnie also is a runner and participates in races and marathons. She and Cory, in their spare time enjoy date nights to USANA concerts and music festivals. In Bonnie's own words "I love Terrace Grove, I love our resident's and staff and why else would I drive daily from Corrine to Logan, if I didn't feel I could make a difference!" Great attitude
Bonnie, you are loved!

Others nominated for Employee of the Month were: Karmon Reese, TG Administrator, Kristie Wilkinson, RN DON, Patsy Maughan, CNA, and Beau Durrant, Dietary Cook

SERVICE AND DONATION NEEDS

Volunteering Opportunities

Terrace Grove Assisted Living is in need of volunteers. Please contact Nancy Bennett at 435-716-0504 or email her at nancy.b@sunshineterrace.com for more information.

We have summer picnics, bus rides, and other summer adventures that we need your help with!



Possible Eagle Scout Project:

One of our Storage areas is in need of some new shelving. This would be a great basic building project for anyone looking to get their Eagle Scout.

Please contact Cindy Jones at cindyj3@sunshineterrace.com or 435-754-0244 if you are interested or have any questions.

Terrace Grove is wondering if anyone has an extra piano lying around, or if you would like to buy us a new one. The piano would be put in our Rec. Therapy room and used for activities.



We would love to have a Flat Screen TV in every room. They not only help us look up-to-date, but they usually have better picture quality and are lighter than traditional TVs.



Volunteering Opportunities

Here at Sunshine Terrace we rely on our Volunteers year round to help with activities and day-to-day needs. Please contact Cory at cory.funk@sunshineterrace.com if you are interesting in participating in any other following:

- Adopt a Grandparent Program
- Assist with an Activity
- Plan and Implement Your Own Activity
- Practicum/Internships



Sunshine Terrace is in need of some Electric Recliner Lift Chairs for some of our rooms. Any clean chair in good working order would be greatly appreciated.

Looking for a Service Project?

We are always open to volunteer service projects from any Community Groups, Schools or Churches.

Go to <http://www.sunshineterrace.net/volunteers/> for more information.

OTHER WAYS TO SUPPORT



You Shop. Amazon Gives.

- Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to Sunshine Terrace Foundation, Inc. if you choose us as your charity at smile.amazon.com.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service, same login.
- Support us by starting your shopping at smile.amazon.com!

TREAT YOURSELF

MASSAGE SPECIAL



Excellent Reviews!

Mary: Wednesdays and Fridays

All Day

\$40 for 1 Hour Massage!

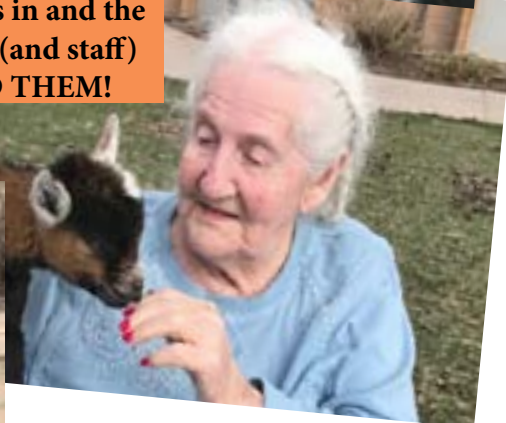
Make Appointments at the AquaWorx Front

Desk or Call 435-716-8535

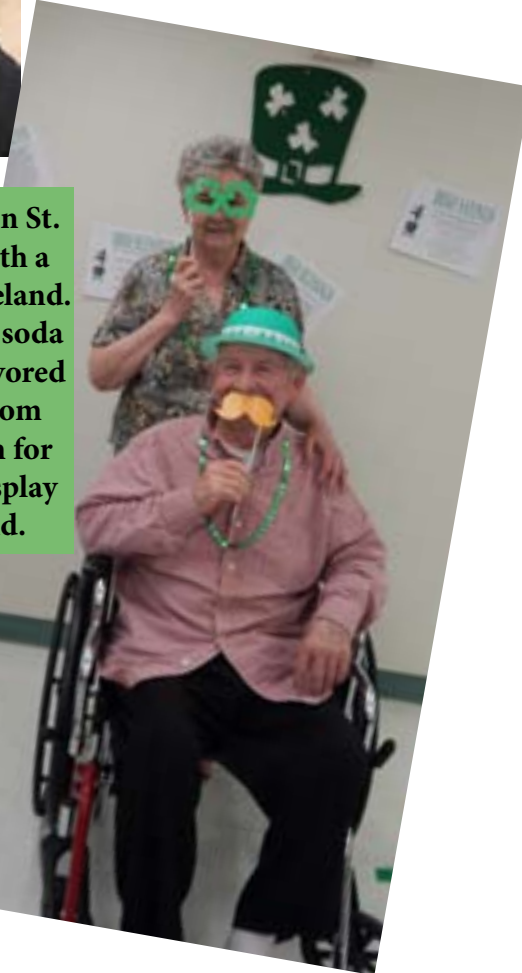
RECENT EVENTS



Ann Marie's Sister, Jennifer, brought her baby goats in and the residents (and staff) LOVED THEM!



Terrace Grove had a fun St. Patrick's Day party with a slide presentation of Ireland. Fresh lime floats, Irish soda bread with whiskey flavored orange marmalade from Ireland, a photo booth for our residents and a display of items from Ireland.



RECENT EVENTS (cont)



Sierra Reese, came and performed some dance routines for our residents for an evening activity in March. The residents love to have Sierra come and dance for them.



Shenay Wiscombe, Rec. Therapy USU Practicum student, did a slide presentation of her Hong Kong Mission. It was such an informative presentation of life in Hong Kong and their culture.



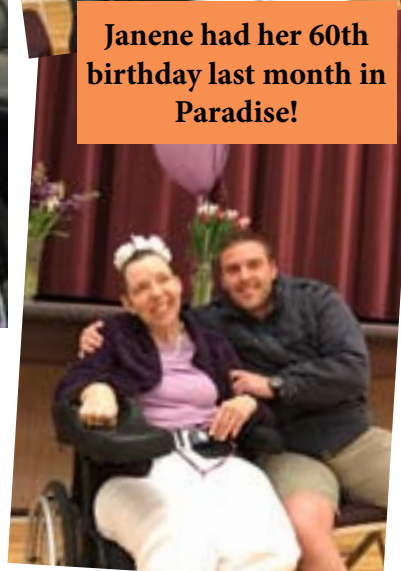
On good weather days the residents have enjoyed going for walks around the block. They are loving the warm weather!



Thau playing Uke during music therapy



Janene had her 60th birthday last month in Paradise!



7
FUTURE EVENTS

*Bringing More to Life
 That's the Sunshine Way!*
**The Sunshine Terrace Foundation
 Annual Meeting**
 Thursday, April 20, 2017
 3:00-4:30 PM
 AquaWorx - 2nd Floor Gym
 209 West 300 North, Logan
 3:00-3:30pm Meet and Greet
 3:30-4:30pm Annual Business Meeting
 Serving Cache Valley for Over 68 Years!

SCHOLARSHIP APPLICATION Employees Only

Scholarship Applications will be available in May. More information to follow.



 **SUNSHINE TERRACE FOUNDATION**
*Bringing More to Life
 That's the Sunshine Way*

Please join us as we gather for our annual Spring Memorial Event. Together, we honor the memory of our loved ones with the community and our Sunshine family. Highlighted by music and reflection at the fountain with refreshments to follow inside.

May 22, 2017 at 5 pm
 248 West 300 North in Logan 435-716-8541


SUNSHINE MEMORY GROVE
 A memorial for the ones we love



Competition is all in fun- the goofier the better!
 Sign up with Rec. Therapy before May 5th.
 Competition is May 10th at 2:00pm in the Great Room
 Come have fun with the Residents!

 **the SUNSHINE GROUP**
<http://www.sunshineterrace.com>

Please Email Pictures, Anouncements, and Ideas for Future Newsletters to julie.stockdale@sunshineterrace.com

Sunshine Terrace Skilled Nursing and Rehab
 248 West 300 North Logan, Utah 84321
 435-752-0411

Terrace Grove Assisted Living
 345 North 200 West Logan, Utah 84321
 435-787-2855

Sunshine Home Health & Hospice
 225 North 200 West Logan, Utah 84321
 435-716-8541

AquaWorx Physical Therapy & Fitness
 209 West 300 North Logan, Utah 84321
 435-716-8535