Orchids for Easter

We would like to give a big thanks to Julian Calderon for having the idea to bring Orchids to the residents at Sunshine Terrace. With the help of a Go Fund Me campaign and Smith's Marketplace, he was able to purchase an Orchid for each of our residents in our Skilled Nursing & Rehab and Terrace Grove Assisted Living businesses. He then brought family and friends to help deliver them to each resident. It truly brought joy and beauty to our residents for Easter!
Valerie Herzog,
Housekeeping
Employee of the Month!
Valerie has worked for the Sunshine Terrace Foundation for almost 30 years! In that time she has proved to be a reliable employee that creates a good rapport with our residents and staff. Valerie is a hard worker who takes pride in her work. She goes out of her way to make our residents happy. She is always willing to do extra things when asked. Her team really enjoys working with her and feels she is always willing to help them.

Laura Spall,
RN
Home Health & Hospice
Employee of the Month!
Laura joined our team in Dec. 2016 as our new Clinical Care Coordinator. She previously worked at Terrace Grove as an LPN and in Jan. 2017 she acquired her RN license. This Dec. Laura will be graduating from WSU with her BSN in Nursing. She plans to continue her education to become a Nurse Practitioner.

Laura was born in Alabama, and moved to Providence Utah with her family when just a toddler. She graduated from Mountain Crest with a 3.9 GPA, and currently holds a college GPA of 4.0. She challenges herself to do the very best she can, and enjoys challenging those around her to put their best foot forward while showing support and encouragement through the process.

In her spare time Laura enjoys spending time with her boyfriend Jonah, dog Lola, and kitty Lyla. She likes to hike, learn about vehicle operations, and read books about forensics. In her younger years she trained as a figure skater, which taught her to be dedicated and never give up.

Laura has been a great addition to HHH. She is very knowledgeable and has gone the extra mile to ensure her patients receive the best care. Laura has created a wonderful rapport with the IHC Logan Wound Clinic, local physician offices, and her co-workers and she is always willing to lend a helping hand to her coworkers. She is known to cover visits for her peers, even on extremely short notice. Welcome Laura, we are fortunate to have you on our team.
Volunteering Opportunities

Terrace Grove Assisted Living is in need of volunteers. Please contact Nancy Bennett at 435-716-0504 or email her at nancy.b@sunshineterrace.com for more information.

We have summer picnics, bus rides, and other summer adventures that we need your help with!

We would love to have a Flat Screen TV in every room. They not only help us look up-to-date, but they usually have better picture quality and are lighter than traditional TVs.

Sunshine Terrace is in need of some Electric Recliner Lift Chairs for some of our rooms. Any clean chair in good working order would be greatly appreciated.

Looking for a Service Project?
We are always open to volunteer service projects from any Community Groups, Schools or Churches.

Possible Eagle Scout Project:
One of our Storage areas is in need of some new shelving. This would be a great basic building project for anyone looking to get their Eagle Scout.

Please contact Cindy Jones at cindyj3@sunshineterrace.com or 435-754-0244 if you are interested or have any questions.

Terrace Grove is wondering if anyone has an extra piano lying around, or if you would like to buy us a new one. The piano would be put in our Rec. Therapy room and used for activities.

Volunteering Opportunities

Here at Sunshine Terrace we rely on our Volunteers year round to help with activities and day-to-day needs. Please contact Cory at cory.funk@sunshineterrace.com if you are interested in participating in any other following:

• Adopt a Grandparent Program
• Assist with an Activity
• Plan and Implement Your Own Activity
• Practicum/Internships

Go to http://www.sunshineterrace.net/volunteers/ for more information.
OTHER WAYS TO SUPPORT

You Shop. Amazon Gives.

- Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to Sunshine Terrace Foundation, Inc. if you choose us as your charity at smile.amazon.com.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service, same login.
- Support us by starting your shopping at smile.amazon.com!

TREAT YOURSELF

MASSAGE SPECIAL

Mary: Wednesdays and Fridays
All Day

$40 for 1 Hour Massage!

Make Appointments at the AquaWorx Front Desk or Call 435-716-8535
Recent Events

Camden worked hard on his Eagle Scout Project that he donated to Sunshine Terrace. It is a carpet ball game that the residents can play, and is also meant to help residents stand and exercise.

Our residents were treated to a morning of learning the technique of decorating Russian and Ukrainian eggs. This activity was taught by Mary Judy, who is an accomplished artist and also has learned this intricate egg decorating technique. It was fun to learn this decorating style! The eggs are beautiful and they are decorated uncooked and raw, then the shells lacquered to preserve them.

Terrace Grove Residents made sugar and string Easter Baskets and then colored Easter Eggs to put in the baskets. Our Terrace Grove Residents love coloring eggs for Easter time every year!

“Fun Food Friday”: Every couple of months, Recreation Therapy does a “Fun Food Friday” where we introduce residents to some foods they have never experienced. This “Fun Food Friday” we served Gourmet cheeses and cheese curd, crackers, and the one exotic item many of our residents had never eaten were smoked oysters! They were all good sports and several had said they had never tried them and others said they loved them!

Several of the residents attended the LDS Logan Temple this month, and the staff helped each of the residents that wanted to find their own family names on Family Search. It was a great experience for the residents to do their own family names.
Recent Events

We had a visit from some baby goats and puppies. We had our very own “Baby Animal Days” and we all loved it!
Recent Events (cont)

Katie and Janene ran the Nibley Eater 5k! It was a first for both of them, and they had a great time. Janene even won a prize basket!

Residents had a fun day learning about Polynesian Culture, and even learned a few new words!

Residents had a visit from some baby goats and puppies. We had our very own “Baby Animal Days” and we all loved it!

For Rec. Therapy’s Calendar please go to: http://www.sunshineterrace.net/sunshine-skilled-nursing-rehab/
For Terrace Grove’s Calendar please go to: http://www.sunshineterrace.net/terrace-grove-assisted-living/
FUTURE EVENTS

SAVE THE DATE!

Our 3rd Annual Croquet Tournament will be held Saturday, June 17, 2017 at the Old Crookston Homestead. Last year was a lot of fun and we learned a lot, so this year should be even better! Please help us get the word out. We will need many Volunteers, Sponsors, and Players! For more information please visit our website at http://www.sunshineterrace.net/the-sunshine-swing-croquet/

SCHOLARSHIP APPLICATION

Employees Only

Scholarship Applications are available at all front desks. They are due on June 2nd!

Sunshine Terrace Foundation

Please join us as we gather for our annual Spring Memorial Event. Together, we honor the memory of our loved ones with the community and our Sunshine family. Highlighted by music and reflection at the fountain with refreshments to follow inside.

May 22, 2017 at 5 pm
248 West 300 North in Logan 435-716-8541

Please Email Pictures, Announcements, and Ideas for Future Newsletters to julie.stockdale@sunshineterrace.com