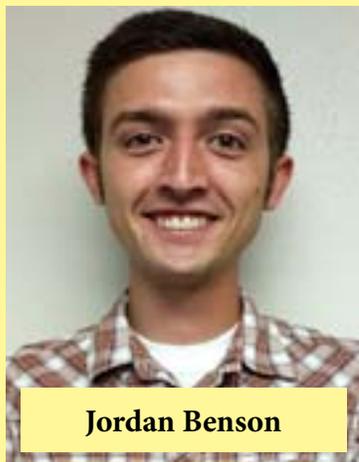


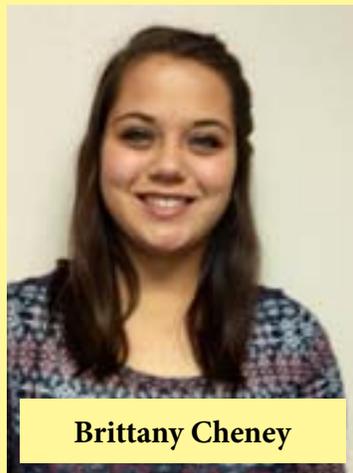


Congratulations to our Scholarship Recipients!



Jordan Benson

Jordan is an OT at AquaWorx. This scholarship is going towards education in either Lymphedema or soft-tissue mobilization techniques.



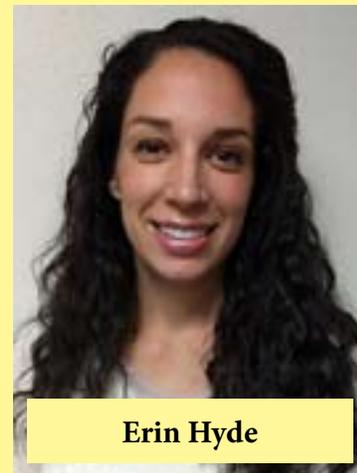
Brittany Cheney

Brittany is a CNA for our SNF. This scholarship will go towards her prerequisites at Weber State so she may apply for the LPN program.



Jordan Eickbush

Jordan is a CNA at our SNF. She is currently a student in the Practical Nursing program at BTC and will use this money to go towards tuition and books.



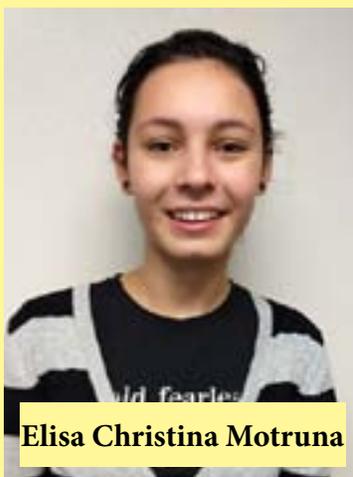
Erin Hyde

Erin is an LPN for HHH. This scholarship will pay for her last prerequisite that she needs before applying for the RN program at Weber State.



Rhett Jorgensen

Rhett is an LPN at Terrace Grove. This money will go towards is Bachelors of Science in Nursing at Weber State.



Elisa Christina Motruna

Elisa is a dietary aide at Terrace Grove. She will be using this money to go towards a degree in Accounting.



Mike Mumford

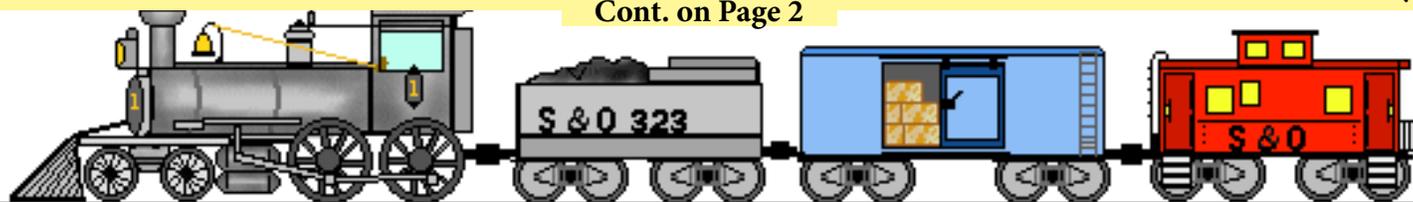
Mike is a DPT at AquaWorx. This money will be used towards education in the treatment of acute to chronic pain.



Kim Nydegger

Kim is the Administrator of HHH. Her scholarship is going towards her paying for her final semester at Western Governor's University.

Cont. on Page 2



Congratulations to our Scholarship Recipients!



Laura Oppermann

Laura is a Social Worker with the foundation. This scholarship will go towards clinicals and coursework of the LPN/RN/BSN program at Bridgerland Technical College.



Edward Overson

Edward is a CNA at our SNF. He will use this money to go towards prerequisite classes he is taking. Once he is done with these classes he will apply to start a nursing program.



Jake Penrose

Jake is a PT for HHH. This money will go towards a Geriatric Training Certification from the Geriatric Rehabilitation Education and Training Institute.



Carly Richins

Carly is a CNA at our SNF. She will use this scholarship to help pay for her last year at USU before she applies to the Nursing program.



Laura Roberts

Laura is the Business Office Manager for our SNF. She will use this money towards prerequisite classes she is taking with BYU Independent Study.



Pattamon South

Pattamon is a CNA on Wing 1, however she was a Head Nurse in Bangkok and a licensed RN in NY. This scholarship will help pay for the required tests to gain the Utah RN endorsement.



Paige Wagner

Paige is a LPN at our SNF. She is applying this money towards her tuition and fees for the RN program at Weber State. She plans to graduate in April of 2018!

A special thanks to everyone that donated to our Scholarship Fund. Because of your generosity, we were able to award over \$16,000 in scholarships this year! Applications for the 2018 scholarships will be available in May!

EMPLOYEE RECOGNITION



Terrace Grove

Employee of the Month!

Nathan is such fun to work with and be around. He is always upbeat, happy and so very kind and accommodating to all of our residents! His Dietary teammates love it when they are scheduled to work with Nathan. He cooks, he preps, he cleans, he does dishes and helps serve in the dining room and also takes the cart with the meals to those in their apartments, he is a “can do” guy! Nathan always takes the time to speak with the residents on a daily basis and often will fix them something special if they request it. Nathan is a graduate of Mountain Crest High School and has one older brother. Nathan just received his LDS Mission call to Scottsdale Arizona, so will be leaving our facility soon to enter the MTC. All of Terrace Groves staff, wish Nathan a great LDS Mission experience! Everyone here will really be missing him when he leaves, but know this mission is one he has been looking forward to.

Congratulations on a job well done Nathan!



Lilly Knudsen

Skilled Nursing & Rehab

Employee of the Month!

Our employee of the month this month is Lillian Knudsen. Lilly is our Transition Coordinator where she focuses on helping our residents and their families find the best solution for where to go and what services to utilize after a rehab stay in our skilled nursing facility. She is always willing to take on additional job duties and is so great at working with families and gaining their trust. She is really wonderful to work with and has such a great rapport with our staff. Lilly is such a ball of energy and has an infectious personality which makes her a lot of fun to work with. She really loves working with the residents and shows them how much she truly cares about them frequently. Lilly has become such an important part of our team and we feel that she really deserves to be our February employee of the month.

Congratulations, Lilly!



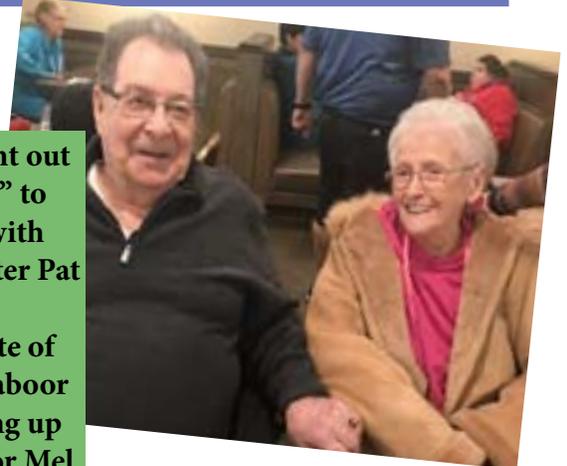
Melissa Gustafson	1-Feb
Orlinda Kidd	2-Feb
Maighan Wagstaff	4-Feb
Saje Birky	7-Feb
Kayla Gibby	7-Feb
Shannon Loveland	10-Feb
Heather Shumway	12-Feb
Amanda Coombs	12-Feb
Suzette Rock	17-Feb
Allyson Pope	19-Feb
Kathryn Smith	23-Feb
Kelsey Brandley	23-Feb
Lindsay Huber	25-Feb
Makaylie Thompson	26-Feb
Lucinda John	27-Feb
Heather Seegmiller	27-Feb
Edward Overson	28-Feb
Matt Coffin	28-Feb
Brittany Smith	28-Feb

RESIDENT BIRTHDAY



Mel Smith and Belva Snyder went out for Mel’s “HAPPY BIRTHDAY” to Angie’s’ Restaurant for lunch with Karmon Reese and Belva’s daughter Pat Bennett.

Mel has been a long time favorite of everyone at Angies! Thanks to Saboor Sahely, Angie’s owner, for picking up the table tab. It was a great day for Mel and friends!



SERVICE AND DONATION NEEDS

Volunteering Opportunities

Terrace Grove Assisted Living is in need of volunteers. Please contact Nancy Bennett at 435-716-0504 or email her at nancy.b@sunshineterrace.com for more information.

We have summer picnics, bus rides, and other summer adventures that we need your help with!

Looking for a Service Project?

We are always open to volunteer service projects from any Community Groups, Schools or Churches.



Possible Eagle Scout Project:

One of our Storage areas is in need of some new shelving. This would be a great basic building project for anyone looking to get their Eagle Scout.

Please contact Cindy Jones at cindyj3@sunshineterrace.com or 435-754-0244 if you are interested or have any questions.



Terrace Grove is wondering if anyone has an extra piano lying around, or if you would like to buy us a new one. The piano would be put in our Rec. Therapy room and used for activities.

Volunteering Opportunities

Here at Sunshine Terrace we rely on our Volunteers year round to help with activities and day-to-day needs. Please contact Katie at katie.stauffer@sunshineterrace.com if you are interesting in participating in any other following:

- Adopt a Grandparent Program
- Assist with an Activity
- Plan and Implement Your Own Activity
- Practicum/Internships

Go to <http://www.sunshineterrace.net/volunteers/> for more information.

Sunshine Terrace is in need of some Electric Recliner Lift Chairs for some of our rooms. Any clean chair in good working order would be greatly appreciated.



We would love to have a Flat Screen TV in every room. They not only help us look up-to-date, but they usually have better picture quality and are lighter than traditional TVs.

OTHER WAYS TO SUPPORT



You Shop. Amazon Gives.

- Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to Sunshine Terrace Foundation, Inc. if you choose us as your charity at smile.amazon.com.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service, same login.
- Support us by starting your shopping at smile.amazon.com!

TREAT YOURSELF

MASSAGE SPECIAL



Excellent Reviews!

Mary: Wednesdays and Fridays
All Day

\$40 for 1 Hour Massage!

Make Appointments at the AquaWorx Front
Desk or Call 435-716-8535

6 RECENT EVENTS



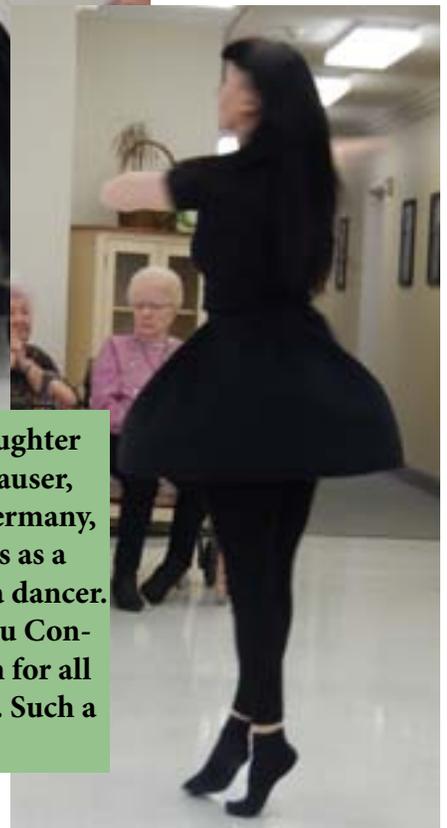
We'll miss our "Bingo Betty" and had so much fun throwing her a little party for moving to Terrace Grove!



We had a carpetball tournament!



We are so grateful for Sherid, who comes and plays the guitar for us every month!



Marissa Niederhauser, daughter of Gary & Gerry Niederhauser, was visiting from Berlin Germany, where she lives and works as a Dance Choreographer and a dancer. Marissa gave an impromptu Contemporary Dance Program for all of us here at Terrace Grove. Such a beautiful dancer!



The Price is Right!

RECENT EVENTS (cont)

Janene and Brian had a fun ski trip at Beaver Mountain! Thanks to Common Ground for helping us make this happen!



We did some "winter science" and made some homemade ice cream!



Mike Hatch our "ROCK STAR"! Mike has volunteered endless hours of piano music for our residents both here and at Terrace Grove and our Skilled Facility. The amount of joy she brings to everyone with his piano music style is immeasurable! Mike we love you!



We have some talented bowlers among us!

Making Valentine Memories! Terrace Grove's Valentine Craft, our residents had so much fun making and decorating Valentine Wreaths for their apartment doors!



For Rec. Therapy's Calendar please go to: <http://www.sunshineterrace.net/sunshine-skilled-nursing-rehab/>
For Terrace Grove's Calendar please go to: <http://www.sunshineterrace.net/terrace-grove-assisted-living/>

FUTURE EVENTS

Do you care for someone with memory loss?

Dementia Dialogues: a 5-session class designed to educate and support individuals caring for persons with Alzheimer's disease or related dementias. Open to family caregivers at no cost.

**5 Wednesdays from 3:30 – 5 pm
February 7 through March 7, 2018**

Sunshine Terrace Skilled Nursing and Rehab Center
248 W 300 North, Logan

Call 435-752-0411 for more information
or email: Amy.Anderson@sunshineterrace.com

Session 1 - The Basic Facts: An Introduction to Dementia

Session 2 - Keeping the Dialogue Going: Communication Skills

Session 3 - Preparing the Environment: Safety, Activities of Daily Living, and Quality of Life

Session 4 - It's Nothing Personal: Addressing Challenging Behavior

Session 5 - Now What Do I Do?: Creative Problem Solving



SUNSHINE TERRACE FOUNDATION

BRINGING MORE TO LIFE

...in ways you never knew

Facilitated by Dennis Wildman and Amy Anderson, certified Dementia Dialogue trainers

Dementia Dialogues is a five session class developed by the University of South Carolina designed to educate and support individuals caring for persons with dementia. Sunshine Terrace has invested in training Amy Anderson, Director of Outreach, and Dennis Wildman, Alliance Director, as certified trainers. Since December, we have trained over 60 staff members in dementia informed care. With this information, our team will be even better prepared to help our residents and clients with tools to better communicate, address challenging behavior and problem solve. In cooperation with the Alzheimer's and Related Dementias program in the Utah Department of Health, our goal is to ensure no caregiver feels unprepared to care. We continue to bring more to the lives of those we serve in ways you never knew!

Sunshine Terrace Skilled
Nursing and Rehab
248 West 300 North
Logan, Utah 84321
435-752-0411

Terrace Grove Assisted
Living
345 North 200 West
Logan, Utah 84321
435-787-2855

Sunshine Home Health &
Hospice
225 North 200 West
Logan, Utah 84321
435-716-8541

AquaWorx Physical
Therapy & Fitness
209 West 300 North
Logan, Utah 84321
435-716-8535