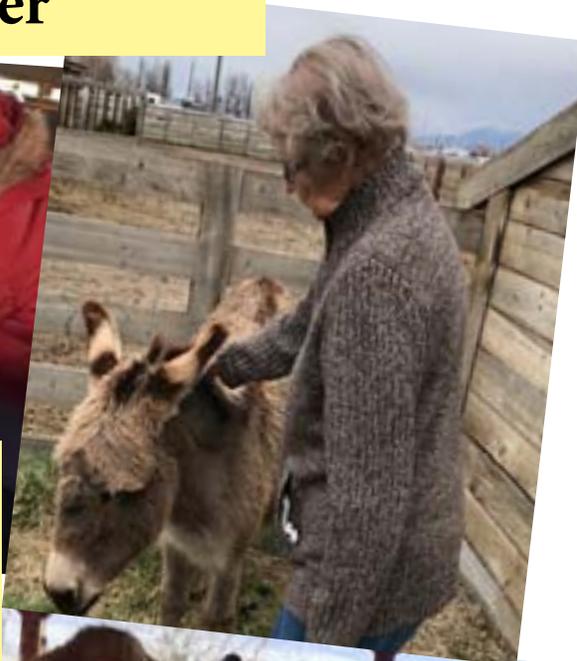
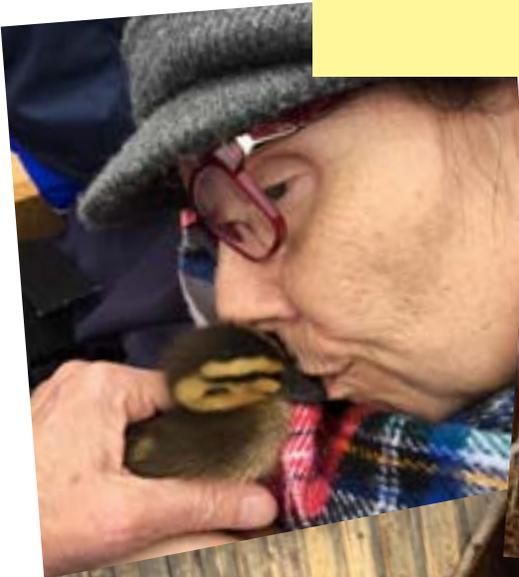




Baby Animal Days at the American West Heritage Center



The American West Heritage Center let our residents come early and see the wide variety of baby animals that they have in their farm. They have a little bit of everything including chicks, goats, zebras, ponies, bears, frogs, and camels. This is always on of our resident's favorite outings.



2 EMPLOYEE RECOGNITION

Terrace Grove

Employee of the Month!



Josiah Mecham

Josiah, is a cook for Terrace Grove's Dietary Department. He enjoys cooking and using his culinary skills to please our residents. Josiah, is kind and responsive to our resident's food requests, and is always willing to go the extra mile in making sure everyone is happy with the meals he has fixed. His coworkers in dietary love to work with Josiah, as he is fun and has a great sense of humor!

Josiah graduated from Morgan High School in Morgan Utah, and is now attending Utah State University. He is majoring in Mechanical Engineering, with a focus on Automobile Engineering. While at Morgan High School, Josiah was honored to receive a scholarship in ceramics, which has enabled him to continue his education at USU. In addition to working and attending USU, in his spare time he is a "ski bum," he enjoys being in the great outdoors in our beautiful

valley! He is also very creative and enjoys ceramics and wood working, for which he has a special talent. He also loves to check out custom street rods and fast cars. Anything Josiah pursues is done with perfection and we are glad to have him here at Terrace Grove. Congratulations Josiah!

AquaWorx Employee of the Quarter!

Jordan is our Employee of the Quarter. He can do it all; from being an incredible OT who provides great quality care to fixing wheelchairs and telling off sales reps. He reaches out to community resources to better assist his patients. He is always putting his clients needs first and helping them in any way possible. He wrote up legal



Jordan Benson, PT

documentation to help a patient win her custody case, He crochets with Laura, plays chess with Marlowe, did sculpting with Richard,

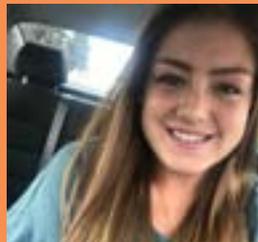
plays flute with Ginny, plays banjo for Mattie, and on and on. He is always open to learning new skills or trying something new. When a patient couldn't find a visual occupational therapist (OT specializing in vision), Jordan rose to the task and learned all he could about the patient's condition. Jordan is a great team player and is always stepping in to help out. He always puts the patient first by making sure they get the care they need, whether he gets them an assistive device or he makes sure we do PT with them. Thanks for everything you do Jordan!

Congratulations!



Cortney Cheney	6-Apr
Megan Price	6-Apr
Jean E Schenk	7-Apr
Shanon Pearce	8-Apr
Logan Durham	8-Apr
Patricia Richardson	10-Apr
Cassandra Webster	10-Apr
Krislyn Hodges	10-Apr
Pam McDaniel	11-Apr
Quinton LaMunyon	11-Apr
Karlee Larsen	12-Apr
Shayna Porter	12-Apr
Sheena Petersen	14-Apr
Megan Raschke	17-Apr
Shelby Thompson	17-Apr
Jessica Keller	19-Apr
April Stanger	19-Apr
Hanna Gleue	20-Apr
Becky Holmquist	21-Apr
Samantha Walker	24-Apr
Melissa Salinas	27-Apr
Bryan Erickson	29-Apr
Evelyn Sibbernsen	29-Apr

Skilled Nursing & Rehab Employee of the Month!



Akaila Rasmussen, CNA

Akaila Rasmussen who is a CNA on wing three is our selection for employee of the month. Akaila is a great worker who is always putting the residents needs first. She is always willing to help pick up shifts when she is able and always comes to work with a smile.

Akaila has a very caring personality and is really great to work with. She is always willing to do more and goes above and beyond her normal job requirements. We are very fortunate to have her as part of our team and are please to congratulate her for being and exemplary employee. Congratulations!

SERVICE AND DONATION NEEDS

Volunteering Opportunities

Terrace Grove Assisted Living is in need of volunteers. Please contact Nancy Bennett at 435-716-0504 or email her at nancy.b@sunshineterrace.com for more information.

We have summer picnics, bus rides, and other summer adventures that we need your help with!

Looking for a Service Project?
We are always open to volunteer service projects from any Community Groups, Schools or Churches.



Possible Eagle Scout Project:

One of our Storage areas is in need of some new shelving. This would be a great basic building project for anyone looking to get their Eagle Scout.

Please contact Cindy Jones at cindyj3@sunshineterrace.com or 435-754-0244 if you are interested or have any questions.



Terrace Grove is wondering if anyone has an extra piano lying around, or if you would like to buy us a new one. The piano would be put in our Rec. Therapy room and used for activities.

Volunteering Opportunities

Here at Sunshine Terrace we rely on our Volunteers year round to help with activities and day-to-day needs. Please contact Katie at katie.stauffer@sunshineterrace.com if you are interesting in participating in any other following:

- Adopt a Grandparent Program
- Assist with an Activity
- Plan and Implement Your Own Activity
- Practicum/Internships

Go to <http://www.sunshineterrace.net/volunteers/> for more information.

Sunshine Terrace is in need of some Electric Recliner Lift Chairs for some of our rooms. Any clean chair in good working order would be greatly appreciated.



We would love to have a Flat Screen TV in every room. They not only help us look up-to-date, but they usually have better picture quality and are lighter than traditional TVs.

OTHER WAYS TO SUPPORT



You Shop. Amazon Gives.

- Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to Sunshine Terrace Foundation, Inc. if you choose us as your charity at smile.amazon.com.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service, same login.
- Support us by starting your shopping at smile.amazon.com!

TREAT YOURSELF

**Treat Yourself to a
Massage!**



\$45 for a 1 Hour Massage!

(effective 1-15-2018)

Appointments available Fridays

10:00 am—5:00 pm

Make appointments at the front desk or call

435-716-8535

RECENT EVENTS



“Irish Jig” Music with Anna Anawalt, Danet Larson & Paul Mueller had our residents “kicking up” their feet.



St. Patrick’s Day fun at Terrace Grove, with our staff finding the “Lucky Shamrocks,” from left to right staff is; Natalie, Kasidie, Melanie, Polly, Hanna & Nora, prizes for their smiling faces!



Alta and Amy helping out at the UPR spring pledge drive.



Our Easter party was so much fun!



We had a blast dying Easter Eggs!



A couple of our residents had an amazing time at Beaver Mountain with the help of Common Ground!



6 RECENT EVENTS



Jean's retirement party was a huge success! Thank you, Jean, for over 40 years of service to the Sunshine Terrace Foundation!



We had a fun visit to the Cache Humane Society and visited their free roaming cat room!



Thanks to everyone that made our Dog Show such a success!



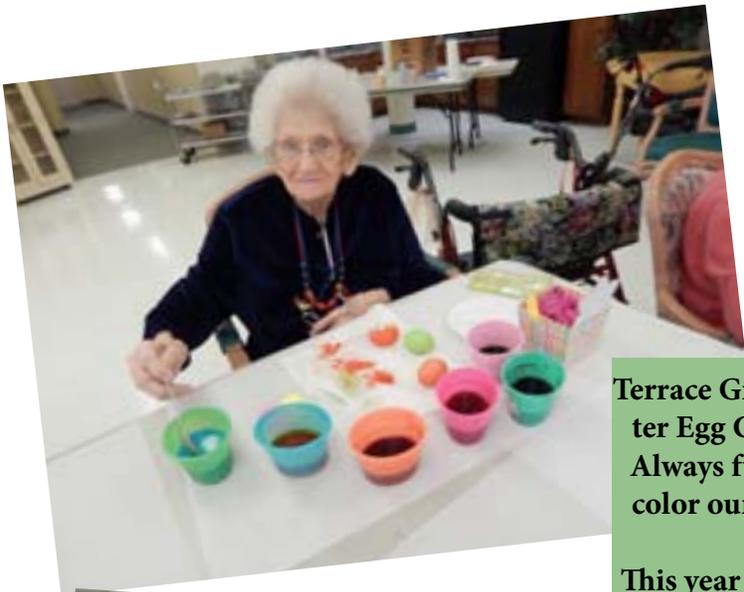
RECENT EVENTS (



We had a snow day and built snowmen inside the rec room!



Pleasy Winborg, Terrace Grove resident, getting her nails done by Paul Mitchell Beauty School. Terrace Grove would like to thank Paul Mitchell's students for coming each month to provide manicures for our residents as a community volunteer service, free of charge.



Terrace Grove's Annual Easter Egg Coloring activity: Always fun and safe as we color our eggs with Kool-Aid! This year our residents colored 7 dozen eggs....that's a lot of deviled eggs!



FUTURE EVENTS



SUNSHINE TERRACE FOUNDATION

Please join us as we gather for our annual **Spring Memorial Event**. Together, we honor the memory of our loved ones with the community and our Sunshine family.

The night will be highlighted by music, reflection and refreshments.

May 14, 2018 at 5 pm



SUNSHINE MEMORY GROVE

248 West 300 North in Logan 435-752-0411 A memorial for the ones we love

Music Week

May 7-11: All concerts will begin at 2:pm

We are looking for volunteers to come and perform with us during the week of concerts which will include:

- Monday- Disney
- Tuesday- The Ed Sullivan TV show
- Wednesday - Sunshine Idol
- Thursday- Broadway
- Friday- Classical

We would love to have staff or family members or friends/neighbors/countrymen, etc. come and volunteer their talents to share with our residents who do not get a chance to go out to the theater or concert hall to see performances. Please pass the word around and come and sign up with Jennifer or anyone in Music Therapy or Recreation.

Dementia Dialogues : tm

A 5-session basic practical training course designed to educate individuals who care for persons with Alzheimer's disease or related dementias

5 Wednesdays from 4:00- 5:30pm
April 25th through May 23rd



SUNSHINE TERRACE FOUNDATION

Skilled Nursing Center Great Room
248 West 300 North, Logan

Free and open to the public
 Call Amy at 435-754-0233 for information or registration

- TOPIC 1** The Basic Facts: An Introduction to Dementia
- TOPIC 2** Keeping the Dialogue Going: Communication Skills
- TOPIC 3** Preparing the Environment: Safety, ADLs, and QOL
- TOPIC 4** It's Nothing Personal: Addressing Challenging Behavior
- TOPIC 5** Now What Do I Do? Creative Problem Solving

Developed by:



UNIVERSITY OF SOUTH CAROLINA
 Arnold School of Public Health

Led by Amy Anderson and Dennis Willman, Certified Dementia Dialogue™ instructors through the Utah Department of Health's State Plan on Alzheimer's

<p>Sunshine Terrace Skilled Nursing and Rehab 248 West 300 North Logan, Utah 84321 435-752-0411</p>	<p>Terrace Grove Assisted Living 345 North 200 West Logan, Utah 84321 435-787-2855</p>	<p>Sunshine Home Health & Hospice 225 North 200 West Logan, Utah 84321 435-716-8541</p>	<p>AquaWorx Physical Therapy & Fitness 209 West 300 North Logan, Utah 84321 435-716-8535</p>
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