Sunshine Terrace Music Week!

Music Week is always so much fun! We started the week out with Disney themed performances and the Ed Sullivan TV Show! We continued the week with our version of American Idol, and Broadway and Classical performances!
**Employer Recognition**

**Terrace Grove**

**Employee of the Month!**

Lacy is a home grown Cache Valley Girl! She is a graduate of Sky View High School in Smithfield Ut. and is planning on attending Weber State in the near future to major in one of the medical fields. Lacy has been employed as a CNA here at Terrace Grove for the past 2 years. She enjoys working with our residents and learning about their lives. Lacy, also enjoys working with her shift team mates, as they always have a good time sharing their workloads together to make it fun! Her number one concern however, is giving the best care possible to the residents she is responsible for. In her spare time away from work she loves to play softball, go camping hiking (spring & summer) and being in the outdoors with her dog Lilly and her “significant other” Max! Two hobbies she pursues are drawing and ceramics, but best of all is watching baseball games either on TV or in person...the best game ever according to Lacy!

Congratulations, Lucy!

**Home Health & Hospice**

**Employee Spotlight!**

Jordyn is one of our amazing CNAs with home health and hospice. She has been working with us for about a year, and we are so lucky to have her! She is extremely compassionate towards everyone she works with, both patients and coworkers.

On top of being an excellent CNA, Jordyn is also an amazing student, graduating with her Bachelor’s in FCHD this month. She will now be applying to PA school, and we know that she will excel in this career path. Jordyn has done a great job balancing work, school, and extracurricular activities. She was a cheerleader for USU and she teaches tumbling classes. On top of all of this she is also an anatomy TA! We are so grateful to have Jordyn on our team!

Congratulations!

**Skilled Nursing & Rehab**

**Employee of the Month!**

Samantha Thayn is one of our incredible nurses that works the NOC shift. She has worked for us for over 8 months and we are so glad she chose us. She is always going above and beyond. Her focus on our residents needs us amazing and she always takes time with each person. She is great to work with and is always willing to help with whatever is needed. She is a huge asset to the NOC shift. We appreciate her attitude and her dedication to our residents.

Congratulations!
Volunteering Opportunities

Sunshine Terrace is in need of some Electric Recliner Lift Chairs for some of our rooms. Any clean chair in good working order would be greatly appreciated.

We would love to have a Flat Screen TV in every room. They not only help us look up-to-date, but they usually have better picture quality and are lighter than traditional TVs.

Possible Eagle Scout Project:

One of our Storage areas is in need of some new selving. This would be a great basic building project for anyone looking to get their Eagle Scout.

Please contact Cindy Jones at cindyj3@sunshineterrace.com or 435-754-0244 if you are interested or have any questions.

Terrace Grove is wondering if anyone has an extra piano lying around, or if you would like to buy us a new one. The piano would be put in our Rec. Therapy room and used for activities.

Volunteering Opportunities

Terrace Grove Assisted Living is in need of volunteers. Please contact Nancy Bennett at 435-716-0504 or email her at nancy.b@sunshineterrace.com for more information.

We have summer picnics, bus rides, and other summer adventures that we need your help with!

Looking for a Service Project?

We are always open to volunteer service projects from any Community Groups, Schools or Churches.

Volunteering Opportunities

Here at Sunshine Terrace we rely on our Volunteers year round to help with activities and day-to-day needs. Please contact Katie at katie.stauffer@sunshineterrace.com if you are interested in participating in any other following:

• Adopt a Grandparent Program
• Assist with an Activity
• Plan and Implement Your Own Activity
• Practicum/Internships

Go to http://www.sunshineterrace.net/volunteers/ for more information.

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OTHER WAYS TO SUPPORT

You Shop. Amazon Gives.

- Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to Sunshine Terrace Foundation, Inc. if you choose us as your charity at smile.amazon.com.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service, same login.
- Support us by starting your shopping at smile.amazon.com!

TREAT YOURSELF

Treat Yourself to a Massage!

$45 for a 1 Hour Massage!
(effective 1-15-2018)

Appointments available Fridays
10:00 am—5:00 pm

Make appointments at the front desk or call
435-716-8535
Recent Events

We had some wonderful visitors. Farm chicks, bunnies and kittens! Too Cute!!! Our residents enjoyed them and the amazing spring weather!

Shirley Spence, zoned into her art project during our art classes at Terrace Grove.

Our residents giving back! We took the opportunity to help pick up trash at the River Walk Trail. It was a great way for our residents to volunteer!

Kenita Thatcher on cello and Michelle Weaver playing the piano at Terrace Grove. This duo always brings beautiful classical chamber music to share with all of us!

We had some wonderful visitors. Farm chicks, bunnies and kittens! Too Cute!!! Our residents enjoyed them and the amazing spring weather!
Recent Events (cont)

Our residents had a great time bowling at the Fun Park!

Who would believe our beautiful Carmen Boss crafting at 103 years old!

LaVona and Betty making colorful bud vases during Terrace Grove’s April Craft Day!

Balloon Volleyball is always a resident favorite!

For Rec. Therapy’s Calendar please go to: http://www.sunshineterrace.net/sunshine-skilled-nursing-rehab/
For Terrace Grove’s Calendar please go to: http://www.sunshineterrace.net/terrace-grove-assisted-living/
FUTURE EVENTS

We had a lot of laughs playing Family Feud!

Our Wing 1 residents had a fun time with a quilting craft!

Dementia Dialogues™
A 5-session basic practical training course designed to educate individuals who care for persons with Alzheimer’s disease or related dementias

5 Wednesdays from 4:00 - 5:30pm
April 25th through May 23rd

SUNSHINE TERRACE FOUNDATION
Skilled Nursing Center Great Room
248 West 300 North, Logan

Free and open to the public
Call Amy at 435-754-0233 for information or registration

TOPIC 1 The Basic Facts: An Introduction to Dementia
TOPIC 2 Keeping the Dialogue Going: Communication Skills
TOPIC 3 Preparing the Environment: Safety, ADLs, and QOL
TOPIC 4 It’s Nothing Personal: Addressing Challenging Behavior
TOPIC 5 Now What Do I Do? Creative Problem Solving

Developed by:
UNIVERSITY OF SOUTH CAROLINA
Arnold School of Public Health

Led by Amy Anderson and Dennis Wildman, Certified Dementia Dialogue™ Instructors through the Utah Department of Health’s State Plan on Alzheimer’s

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