



SUNSHINE LINE - THE INSIDE TRACK

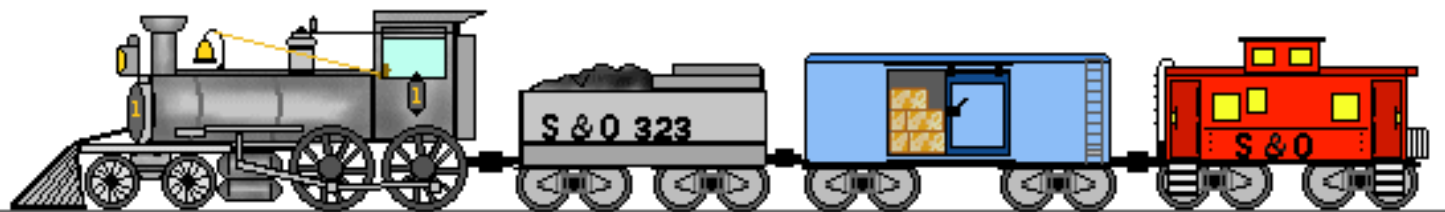
The Sunshine Terrace Newsletter

Volume 72, 1/15/19

Devoted Humble
Vibrant Selfless
Charitable
Loving Friendly
Involved Generous
WONDERFUL
Thanks
UNSELFISH HELPFUL PROSPEROUS
Amazing THOUGHTFUL GREAT
Respectable



We would like to give a huge **THANK YOU** to all of our volunteers. Whether you are a member of our Adopt-a-Grandparent program, assist regularly with our Recreational Activities, Intern in one of our departments, share your talents and knowledge with our residents, or assist with day-to-day tasks, your help is greatly needed and appreciated. We could not do this without you!!!



EMPLOYEE RECOGNITION



**Lindsay
Anderson, CNA**

Terrace Grove

Employee of the Month!

Lindsay has worked at Terrace Grove as a CNA for 9 months. She enjoys her job and it shows. Lindsay has many attributes that make her a great CAN. She is always very kind and helpful towards our residents and staff members. Her positive attitude is

contagious and makes her a joy to work with. Lindsay is currently enrolled at Weber State University and working on becoming a registered nurse. Her dream is to work in labor and delivery or pediatrics, but she is reconsidering that, since loves working at Terrace Grove! Getting to know all the residents on a real level has been one of her favorite things about working here and she says that the residents have become just like family. In Lindsay's spare time she enjoys skiing and softball, she also enjoys watching baseball and football. Lindsay enjoys reading a good book however she will be busy reading textbooks for a while. Lindsay's all-time favorite is anything Elvis Presley!!

Congratulations Lindsay!

Others nominated- Kristie Wilkerson, Director Of Nursing; Shari Parson, Receptionist; Kylee Wolverton, CNA; Kasidie Wallis, CNA- great job to all of nominees- thanks for all that you do!



Lucille Hadfield	4-Jan
Dennis D Wildman	5-Jan
Jacob Thompson	6-Jan
Robin Downs	9-Jan
Kaitlin Campbell	9-Jan
Macaela Tolle	10-Jan
Layna Essman	11-Jan
Elsie Etchegaray	13-Jan
Penny Rodgers	14-Jan
Cody Parkinson	14-Jan
Tylee Gunnell	15-Jan
Sharlyn Thurston	16-Jan
Parker Webber	17-Jan
Kristin Allen	21-Jan
Ronald Breinholt	21-Jan
Patsy Maughan	22-Jan
Claire Edwards	22-Jan
Jennifer Birchell	23-Jan
Ruth Adams	24-Jan
Cynthia Weiss	27-Jan
Arie Johnson	27-Jan
Jennie Taylor	29-Jan



Sunshine Terrace Employee of the Month!



**Bailey Hepworth
CNA Coordinator**

Bailey accepted her position as CNA Coordinator last June and has been doing an incredible job! One of her most time consuming duties is creating the CNA schedule for the Skilled Nursing facility. She does an amazing job filling open shifts and she proved this during the holidays. Bailey is also always coming up with new ways to show appreciation to the staff that are stepping up to assist our residents with all of their needs. The CNA job is a difficult one, but can also be very rewarding and she makes sure that our employees know that their hard work is being noticed. Bailey is an asset to this foundation and we really appreciate her dedication to not only the staff she works with by also to our residents in assuring that they all have good quality care.

Congratulations, Bailey!

SERVICE AND DONATION NEEDS

Volunteering Opportunities

Terrace Grove Assisted Living is in need of volunteers. Please contact Nancy Bennett at 435-716-0504 or email her at nancy.b@sunshineterrace.com for more information.

We have summer picnics, bus rides, and other summer adventures that we need your help with!

Looking for a Service Project?

We are always open to volunteer service projects from any Community Groups, Schools or Churches.

Volunteering Opportunities

Here at Sunshine Terrace we rely on our Volunteers year round to help with activities and day-to-day needs.

Please contact Katie at tess.kelson@sunshineterrace.com if you are interesting in participating in any other following:

- Adopt a Grandparent Program
- Assist with an Activity
- Plan and Implement Your Own Activity
- Practicum/Internships

Go to <http://www.sunshineterrace.net/volunteers/> for more information.

Possible Eagle Scout Project:

Please contact Cindy Jones at cindyj3@sunshineterrace.com or 435-754-0244 if you are interested in looking for possible projects that would help the Sunshine Terrace Foundation.



Sunshine Terrace is in need of some Electric Recliner Lift Chairs for some of our rooms. Any clean chair in good working order would be greatly appreciated.



Terrace Grove is wondering if anyone has an extra piano lying around, or if you would like to buy us a new one. The piano would be put in our Rec. Therapy room and used for activities.



We would love to have a Flat Screen TV in every room. They not only help us look up-to-date, but they usually have better picture quality and are lighter than traditional TVs.

OTHER WAYS TO SUPPORT



You Shop. Amazon Gives.

- Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to Sunshine Terrace Foundation, Inc. if you choose us as your charity at smile.amazon.com.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service, same login.
- Support us by starting your shopping at smile.amazon.com!

TREAT YOURSELF

**Treat Yourself to a
Massage!**



\$45 for a 1 Hour Massage!

(effective 1-15-2018)

Appointments available Fridays

10:00 am—5:00 pm

Make appointments at the front desk or call

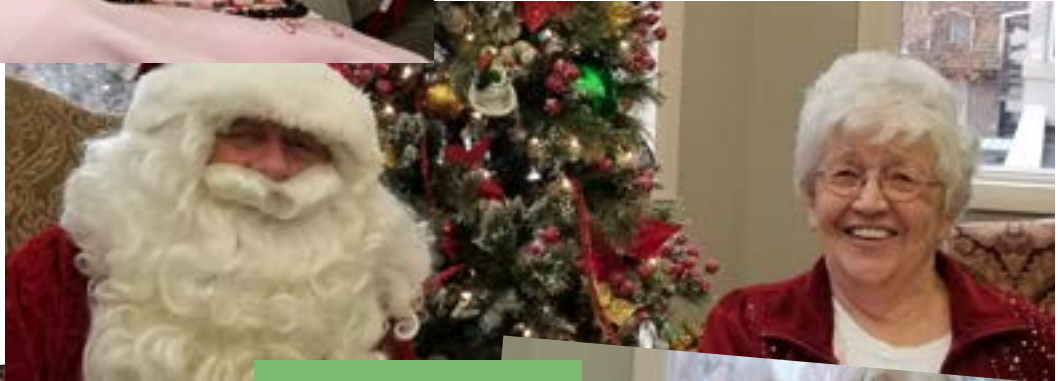
435-716-8535

RECENT EVENTS

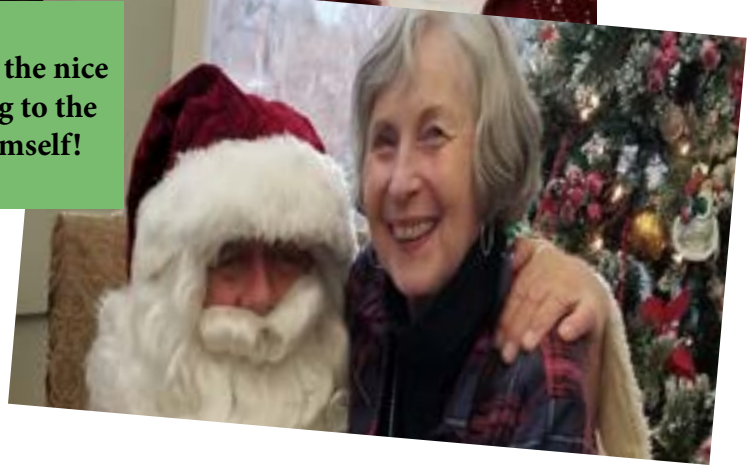
A big thanks to Wilson after school club- spreading holiday cheer!



A packed house for holiday fun with Imperial Glee Club and Thomas Edison School



They all made the nice list- according to the jolly man himself!



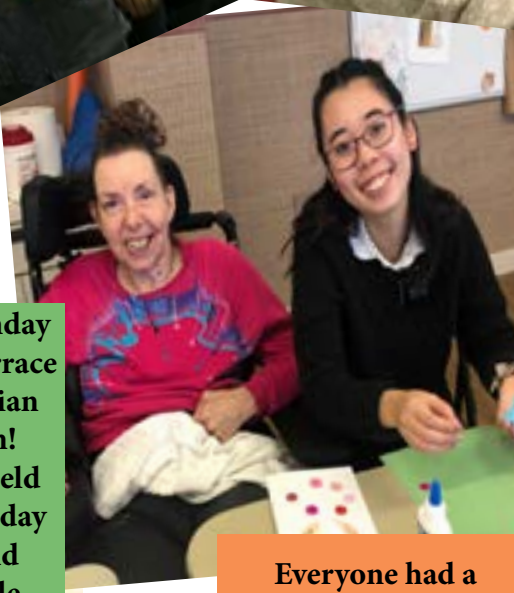
6 RECENT EVENTS (con



Terrace Grove Christmas bash, fun was had by all!



A wonderful birthday celebration for Terrace Groves Centenarian Celeste Herman! Celeste's family held a wonderful birthday party for her and invited the whole building!



Everyone had a wonderful time creating and decorating Christmas cards!



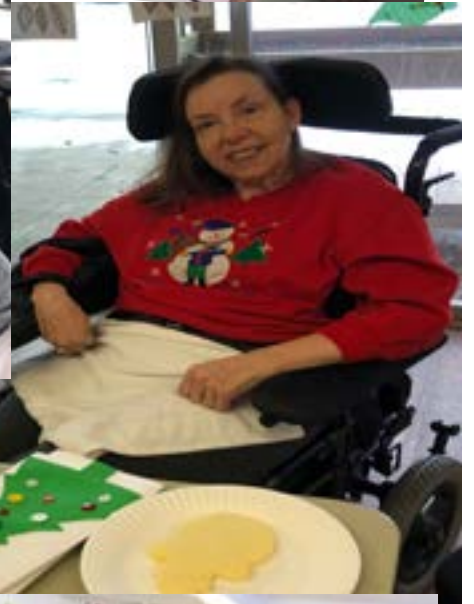
RECENT EVENTS (cont)



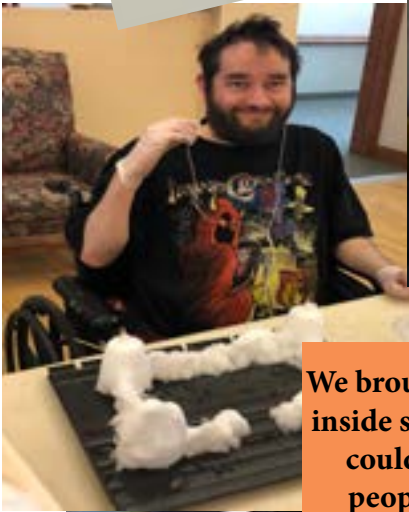
Happy New Year's Eve, from Terrace Grove!



Many residents were excited to go Christmas caroling and see some of the Christmas lights around the city!



Everyone had a wonderful time decorating and eating Christmas cookies!



We brought some snow inside so our residents could make snow people and forts!



For Rec. Therapy's Calendar please go to: <http://www.sunshineterrace.net/sunshine-skilled-nursing-rehab/>
For Terrace Grove's Calendar please go to: <http://www.sunshineterrace.net/terrace-grove-assisted-living/>

Sunshine Terrace Skilled Nursing & Rehab
248 West 300 North
Logan, Utah 84321
435-752-0411

Terrace Grove Assisted Living
345 North 200 West
Logan, Utah 84321
435-787-2855

Sunshine Home Health & Hospice
225 North 200 West
Logan, Utah 84321
435-716-8541

AquaWorx Physical Therapy & Fitness
209 West 300 North
Logan, Utah 84321
435-716-8535