



Congratulations, Terrace Grove and Sunshine Terrace!

Over the course of the last twelve months, Pinnacle Quality Insight, a nationally recognized customer satisfaction firm, has interviewed the customers of Terrace Grove Assisted Living and Skilled Nursing & Rehab regarding their satisfaction levels. Customers were asked to evaluate several aspects of their received services.

From the results of these interviews, Pinnacle has determined that Terrace Grove Assisted Living has qualified for a Pinnacle Customer Experience Award in the following service areas:

- Overall Satisfaction**
- Personal Care**
- Quality of Food**
- Dining Service**
- Cleanliness**
- Response to Problems**
- Dignity and Respect**
- Communication**
- Activities**
- Move-in Process**
- Transportation Needs**
- Recommend to Others**
- Overall Customer Experience**



And Sunshine Terrace Skilled Nursing & Rehab has qualified for a Pinnacle Customer Experience Award in the following service areas:

- Individual Needs**
- Dignity and Respect**
- Admission Process**
- Safety and Security**

The Customer Experience Award is awarded to care providers who have achieved best-in-class customer satisfaction standards within their peer group.

Congratulations to all of our Employees!



EMPLOYEE RECOGNITION



Cassidy Veile,
LPN

Terrace Grove Employee of the Month!

Cassidy was raised in the small town of Soda Springs, Idaho by two amazing parents. She is the oldest sister to two sisters and one brother. She moved to Logan to attend

school. Cassidy is currently a Licensed Practical Nurse and will graduate in April as a registered nurse. She really enjoys being outside. During the summer Cassidy loves to camp, fish, hike, and go on walks. She likes reading books, going to concerts, cooking, and singing. Cassidy loves the residents here at Terrace Grove and enjoys working with all of the aids. Everyone here works really hard to make Terrace Grove a happy place and that makes her happy.

Congratulations, Cassidy!



Dylan Weeks,
CNA

Sunshine Terrace Employee of the Month!

Dylan is such a great aide, He is constantly going above and beyond to give great care to our residents. He is always willing to help out in transportation or any other area of need. Dylan

will fill in on CNA shifts when needed and he does a great job getting residents where they need to go for appointment. He is so kind to everyone he comes in contact with. Dylan goes the extra mile on a daily basis and his duties help take the strain off of other staff members, helping everyone's shift go a little smoother. Dylan is an asset to this foundation and is a great example to our staff.

Congratulations, Dylan!



Danny Reilly	2-Mar
Polly Windley	2-Mar
Carrie Albrecht	5-Mar
Shari Parson	5-Mar
Giovanni Perez Lemus	9-Mar
Nathan W DeSpain	10-Mar
Lindsay Anderson	11-Mar
Roxanne Gibbons	12-Mar
Jordan Mold	12-Mar
Cindy Jones	13-Mar
Megan Swanson	14-Mar
Nicole Jacobson	15-Mar
Elijah Moore	15-Mar
Sydnee Merrill	15-Mar
Remington Ames	16-Mar
Sterling Rose	18-Mar
Taylor Didericksen	19-Mar
Kim Nydegger	20-Mar
Camille Earnshaw	22-Mar
Shalisha Hosking	27-Mar
Rachelle Vanden Boomen	27-Mar
Tasia Leng	28-Mar
Hayleigh Myers	30-Mar
Jill Eubanks	31-Mar
Angela Smith	31-Mar
Aung Moe	31-Mar



SERVICE AND DONATION NEEDS

Volunteering Opportunities

Terrace Grove Assisted Living is in need of volunteers. Please contact Nancy Bennett at 435-716-0504 or email her at nancyb@sunshineterrace.com for more information. We have summer picnics, bus rides, and other summer adventures that we need your help with!



Looking for a Service Project?

We are always open to volunteer service projects from any Community Group, School, Church, or for an Eagle Scout project.

We have received help with washing windows, building shelves, planting flowers and other yard work, and so much more. Please contact us if you want to help or have any ideas on how to make Sunshine Terrace even better!



Sunshine Terrace is often in need of new or slightly used medical equipment. Please contact Cindy Jones at cindyj3@sunshineterrace.com for our current needs.



Volunteering Opportunities

Here at Sunshine Terrace we rely on our Volunteers year round to help with activities and day-to-day needs. Please contact Tess at tess.kelson@sunshineterrace.com if you are interesting in participating in any other following:

- Adopt a Grandparent Program
- Assist with an Activity
- Plan and Implement Your Own Activity
- Practicum/Internships

Go to <http://www.sunshineterrace.net/volunteers/> for more information.



We have several wonderful outdoor spaces for our residents to go to get outside or visit with friends and family. Our current patio furniture is in poor condition and we would love to get some slightly used or new patio furniture to spruce the areas up!



OTHER WAYS TO SUPPORT



You Shop. Amazon Gives.

- Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to Sunshine Terrace Foundation, Inc. if you choose us as your charity at smile.amazon.com.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service, same login.
- Support us by starting your shopping at smile.amazon.com!

TREAT YOURSELF

**Treat Yourself to a
Massage!**



\$45 for a 1 Hour Massage!

(effective 1-15-2018)

Appointments available Fridays

10:00 am—5:00 pm

Make appointments at the front desk or call

435-716-8535

RECENT EVENTS



A nice night for a "POW WOW" at USU for Karmon, Jean and Saddie!



Every month we have a birthday party for our residents. This month we played balloon volleyball and some other indoor games.



A big thanks to Pleasy and her family for donating the new favorite game- cornhole Jazz style!



Proving that it is never too late to learn a new language, Maria and Hailey are conducting a Spanish Class!

6
RECENT EVENTS (cont)



Summit Elementary came and performed for our residents and they everyone took turns reading.



Terrace Grove residents has a fun and informative day with show and share



This outing to the DI helped are residents find some great deals!



Wii bowling and other Wii games have become a favorite activity for many of our residents.



A big thanks to these young volunteers that put on a great program to bring in Chinese New Years



Wing 1 had an amazing time creating Valentine's Day Cards!



ANNOUNCEMENT



We are excited to announce a new Retired Senior Volunteer Project in Utah! The Sunshine Terrace Foundation has been awarded an federal RSVP project grant that will serve Cache and Rich counties. The focus area of the project is Healthy Futures and will largely focus on serving older adults through respite and companionship programs. Steps are underway to hire a Program Director to begin recruitment of both volunteers and seniors desiring support in their homes or assisted living setting.

We are thrilled to join the national service family in Utah. In the interim, contact Amy Anderson, Director of Outreach, at 435-754-0233 to learn how you can participate.

FUTURE EVENTS

Family Caregiver Class:

A 4-session class developed to teach family caregivers ways to physically care for a loved one safely and effectively. Designed to help empower family caregivers, avoid re-hospitalizations, reduce injuries and isolation *and* improve quality of life and care for the entire family.

Four Wednesdays from 3:30-5:00 pm

April 3rd to April 24th

Held in Sunshine Terrace Skilled Nursing Center's Great Room

Free and open to the public—Pre-registration requested as class size is limited

Call Konner at 435-716-8541 for more details or to register Course developed by Utah CNA Training Centers

- Session 1** Basic Human Needs
- Session 2** Activities of Daily Living Essentials I
- Session 3** Activities of Daily Living Essentials II
- Session 4** Health Care Systems and Care at Home

Future 4 week sessions begin June 1 and September 4



SUNSHINE TERRACE FOUNDATION

Bringing more to life in ways you never knew...

Sunshine Terrace Skilled
Nursing & Rehab
248 West 300 North
Logan, Utah 84321
435-752-0411

Terrace Grove Assisted
Living
345 North 200 West
Logan, Utah 84321
435-787-2855

Sunshine Home Health &
Hospice
225 North 200 West
Logan, Utah 84321
435-716-8541

AquaWorx Physical
Therapy & Fitness
209 West 300 North
Logan, Utah 84321
435-716-8535